ANURAG UNIVERSITY

SDG-3 GOOD HEALTH AND WELL-BEING 2025



TABLE OF CONTENTS

Content	Page Numbers
Executive summary 2025	3 - 6
Collaborations	7 - 42
Outreach programs	43 - 107
Shared sports facilities	108 - 117
Reproductive and Sexual Health-care services	118 - 122
Support for mental health to students and staff	123 - 157
Research contributions	158 - 180

ANURAG UNIVERSITY

Executive Summary 2025

1. Current collaborations with local, national or global health institutions to improve health & wellbeing outcomes?

Anurag University has established MoUs with several organisations in the healthcare, pharmaceutical, life sciences, biotechnology and agricultural sectors. These collaborations support different aspects of SDG 3 (Good Health and Well-being) through clinical exposure, healthcare-related activities, pharmaceutical training, research and capacity building.

The collaborations with Yashoda Hospitals and Gandhi Hospital provide opportunities for clinical exposure, healthcare learning, health camps and community health activities. These associations help students gain practical understanding of healthcare delivery, patient care and public health requirements. The MoU with MSN Blood Centre specifically supports blood donation and blood supply activities, contributing to the availability of blood for patients requiring transfusion and medical attention.

The University has also entered into MoUs with Hetero Labs, Avenida Innovations, DelExcel Pharma Private Limited, Remedium Laboratories, YMC India, Chemveda Life Sciences, Glukem Pharmaceuticals and Aurobindo Pharma Limited. These collaborations facilitate pharmaceutical training, industry interaction, laboratory exposure and research engagement. They provide students with opportunities to understand pharmaceutical technologies, manufacturing practices, quality standards and developments in life sciences. Such engagement contributes to developing trained human resources for the pharmaceutical and healthcare sectors.

The association with Vaishnavi Biotech Limited supports exposure to biotechnology, laboratory techniques and research activities, which have applications in healthcare and related scientific fields.

Further, MoUs with Kapil Agro-Farms India, Varsha Bioscience Technology India, Aerial Technologies, Shashra Crop Sciences and Sowbhagya Biotech focus on agricultural research and capacity building. These collaborations have relevance to SDG 3 through their potential contribution to improved agricultural practices, food quality and nutritional well-being.

Collectively, these partnerships strengthen the University's engagement with healthcare institutions and industry, while providing students and

faculty opportunities for practical learning, research and activities that contribute to improved health and well-being.

2. Outreach programmes and projects in the local community to improve or promote health & wellbeing including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and wellbeing related topics

The outreach programs were held for:

- Health Services: Health screening, blood group detection and related health initiatives
- Mental Well-being: International Yoga Day, Yoga and Meditation Club, and activities supporting mental and physical well-being
- Health Awareness: Programmes on personal hygiene, cancer, HIV/AIDS, rabies and vaccination
- Blood Services: Blood donation camp, blood group detection camp and blood bank inauguration
- Emergency Preparedness: First Aid and CPR training and Nationwide CPR Awareness Week
- Community Health Outreach: Health awareness and preventive health programmes conducted in local communities

3. Sharing sports facilities with the local community- local schools or the general public

Anurag University provides its campus sports facilities to neighbouring schools and the local community entirely free of cost. This welfare measure supports grassroots athletics, youth empowerment, and holistic student development across the surrounding region. In addition, it also accommodates local teams to utilise

Anurag Balotsav 2025 was an inter-school festival hosted by Anurag University on 15 November 2025 for school children. The event invited schools from the surrounding region to showcase their students' talents across literary events (essay writing, elocution, spell bee), talent shows (drawing and painting, singing, dance), sports (relay race, tug of war) and memory games. It gave young learners a platform to compete, collaborate and experience a university campus, while strengthening the University's engagement with the school community.

4. Reproductive and Sexual health care services

Neelima Hospital offers NEELIMA 9, a dedicated program designed to support expecting mothers with safe, affordable, and compassionate maternity care.

Every Month on the 9th, Pregnant women who register between 8:00 AM and 1:00 PM can avail exclusive benefits:

Normal Delivery – FREE

Cesarean Section – ₹10,000 only including pharmacy and procedures. Any emergency situation, 5000 will be charged extra.

50% Discount on Investigations, Pharmacy, and Radiology – valid for OPD

With NEELIMA 9, we aim to make quality maternal care accessible and stress-free for every mother. At Neelima Hospital, your comfort, health, and birthing experience are our top priorities.

5. Mental health support for students & staff

In keeping with this commitment, Anurag University established the Manorag Wellness Centre in 2025 to promote and support the mental health and psychological well-being of both students and staff. Complementing the broader healthcare services available through Neelima Hospitals, under the Neelima Institute of Medical Sciences, the Centre focuses specifically on addressing the psychological and emotional well-being of the university community. It provides regular counselling, individual mentoring and other forms of psychological support to help students address emotional distress, personal difficulties, academic pressure and other challenges that may affect their mental well-being. Through these interventions, the Centre seeks to create an environment in which individuals feel comfortable discussing their concerns and accessing appropriate support without hesitation.

In addition to the professional counselling services provided by the Centre, the University encourages faculty members to play an active role in identifying and addressing students' mental health concerns. Faculty members are sensitised and trained to incorporate a mentoring approach that takes into consideration the emotional and psychological well-being of students. They are encouraged to maintain regular interaction with their mentees, observe changes in their behaviour, academic engagement and general disposition, and identify any indications of emotional distress or other concerns that may warrant professional intervention. Wherever necessary, faculty mentors are

advised to guide such students to the counsellors at Manorag Wellness Centre for appropriate assistance. This coordinated approach, involving faculty mentors and professional counsellors, helps facilitate early identification of concerns, timely intervention and sustained support, thereby strengthening the University's commitment to fostering a safe, caring and mentally healthy campus.

6. Smoke-free policy

Anurag University is committed to providing a healthy, clean and safe environment for its students, faculty, staff and visitors. Accordingly, the University has adopted a Smoke-Free, Drug-Free and Tobacco-Free Campus Policy to keep the campus free from substances that pose health risks or disturb the academic environment.

The policy applies to all students, employees, contractors, vendors and visitors across University buildings, grounds, facilities and vehicles. It prohibits smoking in any form, including cigarettes, e-cigarettes and vapes, the use of smokeless tobacco such as gutka and khaini, and the possession or consumption of illegal drugs.

Smoking, tobacco use and substance consumption are prohibited in all campus areas, including classrooms, laboratories, hostels, auditoriums, parking zones and open spaces. The sale, distribution or promotion of tobacco and drug-related products within or near the campus is also banned. Violations may attract counselling, penalties, suspension, expulsion or other disciplinary action, depending on the nature and frequency of the offence.

Collaborations to Improve Health & Well-being Outcomes

Anurag University has established Memoranda of Understanding (MoUs) with several organisations working in the areas of healthcare, pharmaceuticals, life sciences, biotechnology and related sectors. These collaborations contribute to the objectives of Sustainable Development Goal 3 (SDG 3), which aims to ensure healthy lives and promote well-being for all at all ages. The partnerships provide opportunities for academic engagement, practical training, research, clinical exposure and community-oriented health activities. They also help students and faculty members understand the practical requirements of the healthcare and pharmaceutical sectors and the importance of accessible, safe and quality healthcare services.

1. Collaborations with Pharmaceutical and Life Sciences Organisations

The University has MoUs with leading pharmaceutical and life sciences organisations, including Hetero Labs, Avenida Innovations, DelExcel Pharma Private Limited, Remedium Laboratories Private Limited, YMC India Private Limited, Chemveda Life Sciences, Glukem Pharmaceuticals Pvt. Ltd. and Aurobindo Pharma Limited. These organisations provide opportunities for pharmaceutical training, industry exposure, laboratory experience, research engagement and interaction with professionals working in the healthcare and life sciences sectors.

The pharmaceutical industry plays an important role in achieving SDG 3, particularly in ensuring access to safe, effective and affordable medicines, supporting the development of new drugs and strengthening healthcare systems. Through these collaborations, students get an opportunity to understand different stages of pharmaceutical development, manufacturing processes, quality assurance, laboratory practices and the importance of maintaining appropriate standards in the production of medicines. Such exposure is particularly relevant for students pursuing pharmaceutical and related programmes, as it connects their classroom learning with the actual requirements of the industry.

The association with Chemveda Life Sciences and other research-oriented organisations also provides scope for understanding the role of life sciences

research and innovation in addressing healthcare requirements. Similarly, collaborations involving pharmaceutical technologies and laboratory techniques help students gain familiarity with modern practices and emerging developments in the sector. These interactions contribute to developing a trained workforce capable of supporting pharmaceutical research, medicine development and quality healthcare delivery.

The collaboration with Vaishnavi Biotech Limited further extends the University's engagement into biotechnology, laboratory techniques and research. Biotechnology has considerable potential in the development of diagnostic methods, therapeutic products and other healthcare applications. Exposure to this field helps students appreciate the role of scientific research and technological developments in improving disease prevention, diagnosis and treatment.

2. Collaborations with Hospitals and Healthcare Institutions

The University's MoUs with Yashoda Hospitals and Gandhi Hospital are particularly relevant to the direct objectives of SDG 3. These collaborations provide opportunities for clinical exposure, healthcare learning, health camps and community health activities. Interaction with hospitals enables students to understand the functioning of healthcare institutions, patient care practices, clinical procedures and the importance of professional standards in healthcare delivery.

The association with Yashoda Hospitals also provides a platform for students to gain practical exposure to different aspects of healthcare services and understand the importance of preventive and curative healthcare. Similarly, the collaboration with Gandhi Hospital creates opportunities for learning in a public healthcare environment, where students can gain an understanding of the healthcare needs of different sections of society.

Health camps and other community-oriented activities undertaken through these institutional associations are also aligned with the preventive healthcare approach promoted under SDG 3. They help create awareness about health-related issues and encourage people to seek appropriate healthcare services. These activities are important in promoting early identification of health concerns and improving awareness about disease prevention and general well-being.

3. Collaboration for Blood Donation and Blood Supply

The MoU with MSN Blood Centre is another important collaboration that directly supports the objectives of SDG 3. The partnership is aimed at facilitating blood donation and blood supply. Availability of safe blood is an essential requirement for hospitals and healthcare institutions, particularly in cases involving accidents, surgeries, childbirth complications, anaemia and other medical emergencies.

Blood donation initiatives help create awareness about the importance of voluntary blood donation and encourage participation in activities that support the healthcare needs of the wider community. The association with MSN Blood Centre provides an institutional mechanism for supporting blood donation and the availability of blood for patients requiring transfusion. This is closely related to the SDG 3 objective of reducing preventable maternal and child mortality and improving access to essential healthcare services.

4. Agricultural and Biotechnology Collaborations Supporting Health and Well-being

The University has also entered into MoUs with Kapil Agro-Farms India Pvt. Ltd., Varsha Bioscience Technology India Pvt. Ltd., Aerial Technologies Pvt. Ltd., Shashra Crop Sciences (P) Ltd. and Sowbhagya Biotech (P) Ltd. These collaborations focus on agricultural research and capacity building.

Though these partnerships are primarily related to agriculture, they also have an indirect connection with SDG 3. Agricultural productivity, crop quality, safe food production and nutritional security are important determinants of public health and well-being. Research and capacity-building activities in agriculture and biotechnology can contribute to better agricultural practices, improved crop management and the development of sustainable approaches to food production. Such initiatives are relevant to reducing health risks associated with unsafe food and supporting the availability of nutritious food.

These collaborations also help students and researchers understand the relationship between agriculture, environmental conditions, food quality and human health. The development of knowledge and technical capabilities in these areas can support wider efforts towards improving community health and nutritional well-being.

The MoUs that were valid for 2025 and under implementation are listed below:

Organization	Area of Collaboration
Hetero Labs	Pharmaceutical training, industry exposure and academic engagement
Avenida Innovations	Pharmaceutical/health-related innovation and industry engagement
DelExcel Pharma Private Limited	Pharmaceutical training and industry interaction
Remedium Laboratories Private Limited	Laboratory and pharmaceutical exposure
YMC India Private Limited	Pharmaceutical technologies and industry training
Chemveda Life Sciences	Life sciences, research and industry exposure
Glukem Pharmaceuticals Pvt Ltd	Pharmaceutical industry exposure and training
Yashoda Hospitals	Clinical exposure, health camps and public health activities
Aurobindo Pharma Limited	Pharmaceutical industry exposure, training and research engagement
Gandhi Hospital	Clinical exposure, healthcare learning and community health activities
Vaishnavi Biotech Limited	Biotechnology, laboratory techniques and research exposure
MSN Blood Centre	For blood donation and supply
Kapil Agro-Farms India Pvt. Ltd.	Agricultural research & capacity building
Varsha Bioscience Technology India Pvt Ltd	Agricultural research & capacity building
Aerial Technologies Pvt Ltd.	Agricultural research & capacity building
Shashra Crop Sciences (P) Ltd	Agricultural research & capacity building
Sowbhagya Biotech (P) Ltd	Agricultural research & capacity building

MEMORANDUM OF UNDERSTANDING (MOU)

This MoU is made on this 19th of July, 2024 at ANURAG UNIVERSITY BY and BETWEEN

HETERO LABS LIMITED
HYDERABAD

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**the Institute**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to carry out research and to execute other agreements as may be necessary for the Research Project, Skill Development, Training Programmes and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

1. OBJECTIVES OF THE MOU

The objective of this Memorandum of Understanding is:

a) To promote Industry-Institution interaction between Anurag University and

Hetero in mutually beneficial areas.

b) To provides a formal basis for initiating interaction between Anurag University and Hetero.

2. PROPOSED MODES OF COLLABORATION

Anurag University and Hetero propose to collaborate through

a) Internships to UG and PG student projects i.e., B.Pharm, M.Pharm and other degree programs at Anurag University.

b) Facilitating Anurag University students to use the infrastructure of Hetero Company for collaborative research and development in a prescribed manner.

c) Basic and advance training programmes to fresh recruits of Hetero in terms of analytical and formulation development. Encouraging the employees of Hetero for doing Ph.D. degrees in Anurag University. The eligibility criteria for selection of the candidates will be under the sole discretion of Anurag University.

d) Developing Certification programmes in various technical and advanced areas in association with Hetero by providing complete hands on as a part of Skill development programme.

e) Training of Hetero personnel through Continuing Education Programmes and Skill Development conducted by Anurag University in areas of interest to Hetero.

f) Any other appropriate mode of interaction agreed upon between Anurag University and Hetero. Each of the above modes of interaction will be initiated by entering into a separate agreement between the two parties

3. FORMS OF RESEARCH AND DEVELOPMENT PROGRAMS

The form of any of the said Research and Development Program (hereinafter referred to as "Research Program") will be subject to a separate Research Agreement entered into by the Parties but may also include the following:

a) **In their own existing facilities** - The performance of research individually by each Party or concurrently by both Parties in mixed groups at their own facilities with regular

Hetero Labs Ltd.
7-2-A2, Industrial Estates, Sanath Nagar, Hyderabad-500018. Telangana, India.
T: +91 40 23704923 / 25, CIN: U24110TG1989PLC009723
www.hetero.com

HETERO

Parties - Authorised Signatory

For and on behalf of M/s **HETERO LABS LIMITED**

Name: VENKATA JAYAPAL REDDY SINGAREDDY
ASSOCIAE VICE PRESIDENT - HR
Date: 19.07.2024

For and on behalf of **ANURAG UNIVERSITY**

Name: **Dr.Vasudha Bakshi**
Dean, Pharmacy, Anurag University
Date: 19.07.2024

DEAN
SCHOOL OF PHARMACY
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal Dist.-500088, Telangana.

ANURAG UNIVERSITY

Avenida
your path to success

ANURAG UNIVERSITY

(Established under the Act No. 13 of 2020 as per the Telangana State Private Universities Act, 2018. Sponsored by Gayathri Educational & Cultural Trust)

MEMORANDUM OF UNDERSTANDING

This MEMORANDUM OF UNDERSTANDING (hereinafter referred to as the "MOU") is made and entered into as of **26 / 11 /2022 by AVENIDA INNOVATIONS** and between **ANURAG UNIVERSITY**.

"AVENIDA INNOVATIONS", SPS Vamsi Nivas, Plot no 4, KPHB colony Phase V, Hyderabad, Dr. Karthik Rakam (7569692853), Email: karthik@avenidapro.com henceforth referred to as the **"Party A"**;

AND

"SCHOOL OF PHARMACY, ANURAG UNIVERSITY, Venkatapur, Ghatkesar Rd, Hyderabad, Telangana 500088" Dr.Vasudha Bakshi, (7702683048) Email: vasudhapharmacy@cvsr.ac.in henceforth referred to as the **"Party "B"**.

The parties shall individually have referred to as a "Party" and collectively as "Parties".

WHEREAS, in consideration of the mutual understandings contained therein and for other good and valuable consideration, the receipt and sufficiency of which hereby are acknowledged, it is mutually agreed between the Parties to this MOU, as follows:

BACKGROUND

Avenida Innovations is a global organization focused on establishing benchmarks of excellence in training and handling innovative projects for the pharmacy, healthcare and life sciences industries. With offices in the United States and India, Avenida offers excellent support to the individuals and companies who it serves. Avenida has highly experienced experts from health sector in its network and also a base of approximately 10000 pharma graduates, 100s of college and universities in direct contact as on date. There is always a need for quality, job ready pharmacy/ health care graduates and professionals for industry. There is a huge skill gap in pharmacy/healthcare graduates in the country which Avenida is working to fill.

All Parties hereby form themselves into this MOU for the benefits of each other in future and ultimately the wider population (hereinafter jointly referred to as the "Purpose") or for upcoming projects as both have a synergy in their space of work and engagements. The objective of this MOU is to bridge this skill gap through collaboration and partnership between both parties. Under this MOU all the parties shall complete tasks on agreed conditions of this MOU which shall be followed during the course of this MOU.

ENGAGEMENT & SCOPE

This MOU contemplates the proposed engagement of the Parties. All Parties accept such engagement and agree that they shall during the term of their engagement hereunder conscientiously provide their resources and perform the required services to full limit of their ability, and further agree that they shall promptly and faithfully comply with all requirements, directions, requests, rules, and regulations.

ANURAG UNIVERSITY

Avenida
your path to success

ANURAG UNIVERSITY
(Established under the Act No. 13 of 2020 as per the Telangana State Private Universities Act, 2018. Sponsored by Gayathri Educational & Cultural Trust)

All Parties do hereby agree as under:

1. The party A agrees to collaborate and support in organizational development, pedagogy, patent, research, innovation, incubator, startup, mentoring, industry partnership, internship, starting new healthcare programs with party B.
2. The party A agrees to collaborate for conducting workshop/seminar/conference at least once in every year at the campus of party B.
3. The party A agrees to provide training to the Bachelor of Pharmacy/PharmD/M.pharm students of party B in the fields of:

   Clinical Pharmacy
   Clinical Research
   Clinical Data Management
   Data Analytics
   Pharmacovigilance
   Career Guidance for students planning Abroad
   Medical Writing and Communication
   IPR
   Health Informatics
   Digital Health Technologies

4. The party A agrees to provide career guidance to interested students of B.Pharmacy/Pharm.D/M.Pharmacy and other courses of party B
5. Both the parties agree to use each other promotional materials (logo, pamphlets, name & address, contact details, etc.,) in any event organized by both the parties only for promotional activities.

All parties have full capacities for the responsibilities above and will execute as described. Except this all the parties will share responsibilities on mutually agreed basis and hence share expense, profit and any other credits depending on agreed terms and conditions as mutually agreed.

1. **INDEMIFICATIONS**

All Parties shall indemnify and hold harmless each other, their affiliates and respective officers, directors, agents and employees from any and all claims, demands, losses, causes of action, damage, lawsuits, judgments, including attorneys' fees and costs, arising out of, or relating to, the services of Parties under this MOU.

2. **LIABILITY**

All partners, sponsors, volunteers are absorbed of any liability resulting from any and all services provided during the mutually agreed events.

ANURAG UNIVERSITY

Avenida
your path to success

ANURAG UNIVERSITY
(Established under the Act No. 13 of 2020 as per the Telangana State Private Universities Act, 2018. Sponsored by Gayathri Educational & Cultural Trust)

3. NON-DISCLOSURE

All partners are working together in this endeavor. Neither Party will use, copy, adapt, alter or part with possession of any information of the others which is disclosed or otherwise comes into its possession under or in relation to this MOU and which is of a confidential nature.

4. FINANCIAL IMPLICATIONS: Once both the parties agree and decide the priority areas of implementation, financials will be mutually discussed and decided.

1) The parties to this MOU shall not be deemed to be in breach of this understanding or otherwise liable to any other party in any manner whatsoever for any failure or delay in performing or initiating the activities proposed in this MOU.
2) This MOU records the understanding between the parties and is not intended to be a legally binding document and shall not be enforceable in any Court of Law.
3) The parties to this MOU shall be permitted to use the other's name, crest, logo or branding after obtaining the other's prior consent to such use and fully complying with the user guidelines.

5. NOTICES & COMMUNICATION

Communication necessary for the performance of this MOU shall be made through the contact details provided in this MOU.

6. ADDENDUM

A party to this MOU may request an amendment to this MoU at any time, provided such amendment is with the prior written consent of the authorised representatives of all parties.

7. TERMINATION

Termination of this MOU by each Party prior to the execution and delivery of the definitive agreements shall be without liability and no Party hereto shall be entitled to any form of relief whatsoever, including without limitation, injunctive relief or damages.

SIGNATURES:

This MOU is executed on behalf of the parties by their respective duly authorized signatory as set out below:

For **AVENIDA INNOVATIONS (Party "A")**	For **ANURAG UNIVERSITY (Party "B")**
Authorized Signatory	**Authorized Signatory**
Name: Dr. Karthik Rakam	**Name:** Dr.Vasudha Bakshi
Designation: CEO & Founder, Avenida Innovations	**Designation:** Dean ,School of Pharmacy,Anurag University.
Email: karthik@avenidapro.com	**Email:** Vasudhapharmacy@cvsr.ac.in

ANURAG UNIVERSITY

DelExcel®
Pharma Private Limited
Deliverables Tailored, Excellence Delivered

DelExcel Pharma Private Limited
Survey No. 228/2 & 228/3, Kucharam Village,
Manoharabad Mandal, Medak - 502 336, Telangana, INDIA.

MEMORANDUM OF UNDERSTANDING

MEMORANDUM OF UNDERSTANDING BETWEEN
DelExcel Pharma
AND
Anurag University
(Formerly Lalitha college of Pharmacy)
FOR COLLABORATION OF INDUSTRY-ACADEMIC INTERACTION

In accordance with the mutual desire to promote cooperation between DelExcel Pharma and Anurag University (Formerly Lalitha college of Pharmacy) both the organizations enter into this formal statement of collaboration in the form of Memorandum of Understanding (MOU) for Industry-Academic interaction.

Both the institutions have found it mutually beneficial to explore the possibilities for cooperative activities for the following purposes:

1)Collaboration in academic and research activities between and in Anurag Group of Institutions (Formerly Lalitha college of Pharmacy) the field of various Frontier Areas of Life Sciences, Biotechnology, Pharmaceutical Science and other related disciplines

2)To develop collaborative research projects for strengthening the research in the above areas between both the organizations

3)Exchange of facilities available at both the Institutions for collaborative research and to undertake projects of mutual interest

4)Organization of joint Seminars/Training Programs/Meetings and develop joint projects for collaboration between both the organizations

It is understood that the details of joint activities/conditions for utilization of results achieved, arrangements for specific visits, exchange and all other form of cooperation will be handled on mutually agreeable terms for each specific case.

Director
DelExcel Pharma

PRINCIPAL/DIRECTOR
Anurag University

Date: 31.10.22
Place:

DelExcel Pharma Private Limited
Kucharam
Medak

ANURAG UNIVERSITY

MEMORANDUM OF UNDERSTANDING

THIS AGREEMENT, entered into this 2nd day of September 2022, by and between **SCHOOL OF PHARMACY, ANURAG UNIVERITY, GHATKESAR, HYDERABAD, TELANGANA** and **REMEDIUM LABORATORIES PRIVATE LIMITED, HYDERABAD, TELANAGANA.**

WITNESSES THAT:

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERITY and **REMEDIUM LABORATORIES PRIVATE LIMITED** desire to promote the enrichment of their teaching and learning, research and discovery and engagement missions; and

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERITY and **REMEDIUM LABORATORIES PRIVATE LIMITED** desire to strengthen and expand the mutual contacts between the two organizations; and

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERITY and **REMEDIUM LABORATORIES PRIVATE LIMITED** desire to provide for a vibrant collaboration between the two organizations on the terms and conditions hereinafter set forth;

NOW THEREFORE, it is mutually agreed as follows:

I. **Scope of Agreement -** The Agreement, shall include, but not be limited to, the following types of collaboration:
   - A. Seek mutual advice and support in planning and executing programs promoting excellence in respective areas of research and education.
   - B. Assist in Student, Teacher Training.
   - C. Placement assistance.
   - D. Collaborative Research and Discovery, Learning and Teaching, and Engagement.
   - E. Encourage the faculty members and scientist of either institute to attend lectures, seminars, workshops, and conferences in the respective areas of interest.
   - F. Share the library and scientific literature facilities mutually by giving access to library and other resources of either institute to the scientist/students/research personnel of other institutions
   - G. Other mutually agreed educational programs.

II. **Definitions** – As used herein the terms "host organization" and "home organization" shall have the following meanings

A. Host organization – the organization accepting the faculty member/scientist or student.
B. Home organization – the organization providing the faculty member/scientist or student.

Period of Agreement – This MOU shall remain in force for three years from the date of the last signature. Prior to the expiration date, this agreement may be reviewed for possible renewal for a further three-year period. Either party may terminate this MOU by providing 60 days advance written notice to the other party.

III. In this case, Personnel already participating in the exchange shall serve out their terms under the conditions specified at the time of their appointment.

IV. **Activities Under This Agreement** – It is expected that activities taking place under this agreement will be initiated primarily in coordination with their respective administrative units concerned with such activities. All activities undertaken must conform to the policies and procedures in place at each institution.

V. **Planning and Management of Activities** – Each distinct collaboration program or activity will be described in separate Activity Agreement drawn up jointly by the collaborating units, and signed by the heads of these units. Such agreements will specify the names of those individuals on each institution responsible for the implementation of the program.

VI. **Funding of Activities** - Activity Agreement's should make financial costs and obligations explicit. Collaborating units are encouraged to work together to identify and secure any outside funding which may be needed. Projects requiring funding must be approved by both institutions.

VII. **Limitation and Warranties:**

- Each party shall ensure that the other is not put to any liability for any act of the respective party under this MoU.

IN WITNESS THEREOF, SCHOOL OF PHARMACY, ANURAG UNIVERITY and **REMEDIUM LABORATORIES PRIVATE LIMITED** have executed this Agreement as of the date first above written.

FOR, SCHOOL OF PHARMACY,
ANURAG UNIVERITY

AUTHORIZED SIGNATORY
NAME: Dr. VASUDHA BAKSHI
DESIGNATION: DEAN

Date: 02-09-2022

FOR REMEDIUM LABORATORIES
PRIVATE LIMITED

For REMEDIUM LABORATORIES
Authorised Signatory

AUTHORIZED SIGNATORY
NAME: Dr. M. SRUJAN KUMAR REDDY
DESIGNATION: FOUNDER & CEO

Date: 02-09-2022

WITNESS:

ANURAG UNIVERSITY

(Established under the Act No. 13 of 2020 as per the Telangana State Private Universities Act, 2018. Sponsored by Gayathri Educational & Cultural Trust)

MEMORANDUM OF UNDERSTANDING BETWEEN

School of Pharmacy
Anurag University, Hyderabad

AND

YMC India Pvt. Ltd.

For Facilitating
COLLABORATIVE RESEARCH AND TRAINING.

This Memorandum of Understanding (MoU) is entered on 12th August 2022 between School of Pharmacy, Anurag University, Venkatapur (V), Ghatkesar (M)

Press 'Esc' to exit full screen mode

AND

YMC India Pvt. Ltd with the mission to promote industry academia interaction through training the trainers and students in latest technologies from time to time and to explore the possibility of collaborative research work. YMC India Pvt. Ltd will be represented by its Managing Director.

School of Pharmacy, Anurag University (AU) has laboratories and research facilities in the areas of Pharmaceutical Sciences and the institute is striving to impart professional training to post graduate students in pharmaceutical Analysis specialization as per the quality assessment needs of drugs, pharmaceuticals and all edible substances and Pharmaceutics specialization as per the production of pharmaceutical formulations and related areas.

YMC Co. is a manufacturer of Equipments, resins, columns and consumables. YMC INDIA is a subsidiary of YMC Co. JAPAN. YMC INDIA - Centre of Excellence Lab was established in 2019 at Hyderabad to provide solutions in analytical and custom purifications. We cater solutions into various industries like Pharmaceuticals, Biopharma, Food, Agriculture, Petro Chemical, Clinical and drug discovery challenges.

We also initiated **"YMC SCHOOL OF CHROMATOGRAPHY" (YSOC)** to collaborate with Academic Institutions/ Universities to share our industrial experiences and provide training to the students/ scholars and to assist in research projects with our excellent infrastructure. Mainly our goal is to provide hands on experience of chromatography activities and its challenges in industries.

Venkatapur, Ghatkesar, Medchal–Malkajgiri District, Hyderabad, Telangana, India. 500 088.
+91 81 81 057 057 | info@anurag.edu.in | www.anurag.edu.in

ANURAG UNIVERSITY

Article – V

This agreement shall be in effect initially for a period of five (5) years from the date of signing of this MoU by both the parties and may be renewed further, if mutually agreed. Either party may terminate the agreement by written notification signed by the appropriate official of the institution indicating the notice. The other party must receive such notice three months prior to the effective termination date.

However, obligations and commitments already contracted for and involving both parties shall be honored and continued by both the parties until such commitments are completed. The present Protocol can be amended by mutual written agreement of the two parties.

No amendment or modification of MoU shall be valid unless the same is made in writing by both the parties and specifically stating the same to be an amendment of MoU. The amendments/changes shall become part of the MoU and shall be effective from date on which signed/executed unless otherwise agreed to. The relationship of the YMC India Pvt. Ltd and AU under this MoU shall be non-exclusive and both parties are free to pursue other agreements or collaborations of any kind.

In witness, whereof, the parties hereto executed this MoU and represent that they approve, accept and agree to the terms contained herein.

For and on behalf of
School of Pharmacy
Anurag University
Hyderabad

Signature
Dr. Vasudha Bakshi
Principal
Date:

Witness:

1.

2.

For and on behalf of

YMC India Pvt. Ltd
Hyderabad

Signature
Dr. G.Srinivasa Rao
Director
Date:

1.

2.

ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M), Medchal (Dist.),
Hyderabad, Telangana, India. 500088
+91-84999 53666 / 84999 63666
info@anurag.edu.in, www.anurag.edu.in
(Established Under The Telangana State Private Universities Act, 2018) (Sponsored by Gayathri Educational & Cultural Trust)

Date: 11.08.2021

MEMORANDUM OF UNDERSTANDING BETWEEN
M/SCHEMVEDA LIFESCIENCES
And
Anurag University
FOR COLLABORATION INDUSTRY-ACADEMIC INTERACTION

In accordance with the mutual desire to promote cooperation between M/S Chemveda Life sciences and Anurag University, both the organization enter into this formal statement of collaboration in the form of Memorandum of Understanding (MOU) for a period of one year.

Both the institutions have found it mutually beneficial to explore the possibilities for cooperation activities for the following purposes:

1. Collaboration in academics and research activities between M/S Chemveda Life sciences and Anurag University the field of various Frontier Area of Life sciences, Biotechnology, Pharmaceutical Sciences and other related disciplines.

2. To develop collaborative research projects for strengthening the research in the above areas between both the organizations.

3. Exchange of scientific platforms/ thoughts/ decisions for collaborative research and to undertake projects of mutual interest.

4. Organization of joint Seminars/ Training Programs/ Meetings and develop joint projects for collaboration between both the organizations.

Conclude this memorandum of understanding (hereinafter referred to as the "MOU") with respect to the establishment of joint research and education programs between Anurag University and M/S Chemveda Life sciences.

Managing Director
M/S Chemveda Life sciences

Registrar
Anurag University

ANURAG UNIVERSITY

Glukem Pharmaceuticals (P) Ltd.

(An ISO 9001:2008 Certified Company)

MEMORANDUM OF UNDERSTANDING

This memorandum of understanding (MOU)) is entered into as of Date 18.01.2019 by and between the School of Pharmacy, Anurag Group of Institutions, Ghatkaser (M), Medchal (D) Telangana Hyderabad and Company Glukem Pharmaceuticals (P) Ltd.

This letter is to explore the possibility for a joint venture between our company, Glukem Pharmaceuticals Private Ltd and your institute on a project for mutual benefit. Glukem Pharmaceuticals has been involved in the development of Pharmaceutical and Biotechnology products with its main focus being human vaccines, New Drug Delivery Systems and the products. Our biotechnology product development employs several cutting edge technologies such as humanized monoclonal antibodies, Oral delivery of Insulin etc.

It is indeed a pleasure to collaborate with you and your team of faculty with respect to development of biopharmaceuticals with an objective to inspire innovation in the area of pharmaceutical sciences. I appreciate your efforts to stimulate the young minds to promote research in the priority areas relevant to the needs of society. Our organization will indeed be willing to participate in your research projects and contribute to development of pharmaceutical products with the new animal facility.

We support your objectives in creating a conductive atmosphere for research of quality to the needy students and pharmaceutical industry in general.

School of Pharmacy

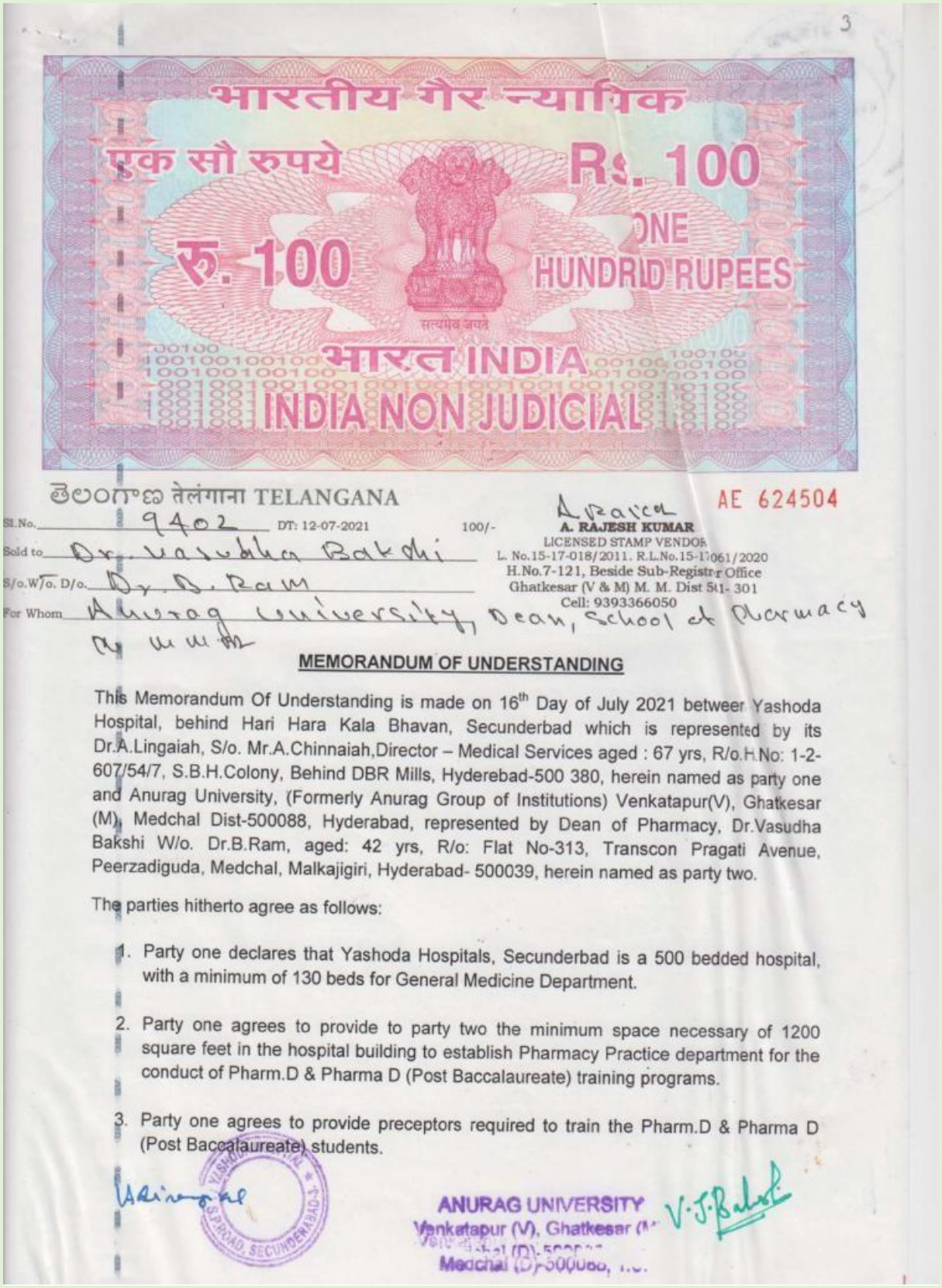
Anurag Group of Institutions

Glukem Pharmaceuticals (P) Ltd

Cherlapally, Hyderabab-500051
Telangana India.

Plot # 205/2A, IDA, Phase-II, Cherlapally, Hyderabad - 500051, A.P, India
Ph: +91-40-65241692, Telefax: +91-40-27162258 e-mail: sales@glukempharma.com web: www.glukempharma.com

ANURAG UNIVERSITY



भारतीय गैर न्यायिक

एक सौ रुपये Rs. 100

रु. 100 ONE HUNDRED RUPEES

सत्यमेव जयते

भारत INDIA

INDIA NON JUDICIAL

తెలంగాణ तेलंगाना TELANGANA AE 624504

Sl.No. 9402 DT: 12-07-2021 100/-

Sold to Dr. Vasudha Bakshi

S/o.W/o. D/o. Dr. B. Ram

For Whom Anurag University, Dean, School of Pharmacy

A. RAJESH KUMAR
LICENSED STAMP VENDOR
L. No.15-17-018/2011. R.L.No.15-1061/2020
H.No.7-121, Beside Sub-Registrar Office
Ghatkesar (V & M) M. M. Dist 501- 301
Cell: 9393366050

MEMORANDUM OF UNDERSTANDING

This Memorandum Of Understanding is made on 16th Day of July 2021 betweer Yashoda Hospital, behind Hari Hara Kala Bhavan, Secunderbad which is represented by its Dr.A.Lingaiah, S/o. Mr.A.Chinnaiah,Director – Medical Services aged : 67 yrs, R/o.H.No: 1-2-607/54/7, S.B.H.Colony, Behind DBR Mills, Hyderebad-500 380, herein named as party one and Anurag University, (Formerly Anurag Group of Institutions) Venkatapur(V), Ghatkesar (M), Medchal Dist-500088, Hyderabad, represented by Dean of Pharmacy, Dr.Vasudha Bakshi W/o. Dr.B.Ram, aged: 42 yrs, R/o: Flat No-313, Transcon Pragati Avenue, Peerzadiguda, Medchal, Malkajigiri, Hyderabad- 500039, herein named as party two.

The parties hitherto agree as follows:

1. Party one declares that Yashoda Hospitals, Secunderbad is a 500 bedded hospital, with a minimum of 130 beds for General Medicine Department.
2. Party one agrees to provide to party two the minimum space necessary of 1200 square feet in the hospital building to establish Pharmacy Practice department for the conduct of Pharm.D & Pharma D (Post Baccalaureate) training programs.
3. Party one agrees to provide preceptors required to train the Pharm.D & Pharma D (Post Baccalaureate) students.

ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M)
Medchal (D)-500088, T.S.

ANURAG UNIVERSITY

4. Party one agrees that, it will not enter into similar agreement with any other Pharmacy institution/s or department/s offering or intend to offer Pharm.D & Pharma D (Post Baccalaureate) programs.

5. The prospective students will be allowed to undergo training in the following specialty departments.

   - Medicine
   - Surgery
   - Pediatrics
   - Gynecology and Obstetrics
   - Psychiatry
   - Skin and VD
   - Orthopedics

6. Party two will provide the academic staff and necessary infrastructure for Pharm.D & Pharma D (Post Baccalaureate) courses as per the PCI norms and takes the overall responsibility for smooth conduct of the programs.

7. This agreement is to be in effect at least for Five Years from the time of its endorsement by both the parties.

8. That the Institution will pay the amount towards Residency Training/ Internship Fee as per G.O issued by Govt. of Telangana & Policy adopted by other similar Institutions.

9. Party one has right to consider the second institution in case if hospital beds are increased to more than 600.

10. The officials representing Yashoda Hospital and Anurag University, (Formerly Anurag Group of Institutions) are signing this MOU to achieve the beneficial objectives of Pharm.D & Pharma D (Post Baccalaureate) programs.

Signature
Dr.A.Lingaiah
Director-Medical Services
Yashoda Hospital
Behind Hari Hara Kala Bhavan
Secunderbad-5000380

with seal and date
16/7/21

Signature
Dr.Vasudha Bakshi
Dean School of Pharmacy
Anurag University
Venkatapur (V) Ghatkesar (M),
Medcha l(Malkajigiri)-500088

with seal and date 16/7/21

ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M
Medchal (D)-500088, T.S:

ANURAG UNIVERSITY

AUROBINDO

ANURAG UNIVERSITY

MEMORANDUM OF UNDERSTANDING (MOU)

This MoU is made on this 21st day of September, 2020 at **AUROBINDO PHARMA LIMITED** BY and BETWEEN

M/s AUROBINDO PHARMA LIMITED, a Company incorporated under the Companies Act, 1956 having its registered office at Plot No. 11, Water Mark Building, Hitech City Rd, Whitefields, Kondapur, Hyderabad, Telangana 500084, INDIA hereinafter referred to as "**the Company**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**the Institute**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to carry out research and to execute other agreements as may be necessary for the Research Project, Skill Development, Training Programmes and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

ANURAG UNIVERSITY

lockouts beyond the control of the Party claiming *force majeure*, epidemics, riots, civil commotion etc. lying beyond the reasonable control of and not brought about at the instance of the Party claiming to be affected by such event and which has caused the non-performance or delay in performance; provided on the occurrence and cessation of any such event the Party affected has given a notice in writing to the other Parties within one month of such occurrence or cessation.

iv. **Validity and Termination**

a. The MoU shall be effective from the date of its signing by all the Parties. The MoU shall be valid for for 5 years thereafter.

b. The Parties may renew/terminate this MoU by mutual agreement.

c. A Party may terminate this MOU and/or the specific Research Project if the other commits a breach of the terms of this MOU or the respective agreement and fails to remedy such breach within 30 days from the date of notice by the non-breaching Party.

v. **Alterations:** Any alteration and amendment to this MoU shall be made in writing by all the parties involved

vi. **Transferability of Rights and Duties:** Rights and Duties in this MoU cannot be transferred to third party either in whole or in part, without the prior written consent of the other parties except to its designated Affiliates.

vii. A separate 'Coordinating Committee' for project monitoring in between principal applicant and collaborator(s) may be constituted.

viii. **Dispute Resolution and Governance:** The parties agree to use reasonable endeavours in the form of either Arbitration or other mutually agreeable settlement mechanism to amicably resolve any dispute arising among them in relation to the execution of the Project. .

The MoU shall be governed by the Laws of India.

Sreelekha

ix. **Notices:** Notices shall be sent to the contact person at the address as set forth below or such address as any party shall have furnished to the parties.

IN WITNESS WHEREOF the Parties hereto through its duly authorized representatives have signed this MoU on the day, month and year mentioned hereinbefore.

Parties - Authorised Signatory

For and on behalf of M/s **AUROBINDO PHARMA LIMITED "the Company"**

Name: **Mr. M.Madan Mohan Reddy**
Designation: **Director**
Date: 21.09.2020

For and on behalf of **ANURAG UNIVERSITY "Private University"**

Name: **Mrs. S.Neelima**
Designation: **CEO**
Date: 21.09.2020

Witness 1:

Name: **Prof.S.Sameen Fatima**
Registrar, Anurag University
Date: 21.09.2020

Witness 2:

Name: **Dr.Vasudha Bakshi**
Dean, Pharmacy, Anurag University
Date: 21.09.2020

ANURAG UNIVERSITY



తెలంగాణ तेलंगाना TELANGANA

W 763952

Sl.No. 31560 DT:02-12-2019 100/-

Sold to S. Neelima

S/o.W/o.D/o. P. Rajeshwar Reddy

For Whom Anurag Group of Institutions Pharm.D

A. RAJESH KUMAR
LICENSED STAMP VENDOR
L. No.15-17-018/2011. R.L.No.15-17-056/2017
H.No.7-121, Beside Sub-Registrar Office
Ghatkesar (V & M) Medchal (Malkajgiri) Dist 501- 301
Cell: 9393366050

MEMORANDUM OF UNDERSTANDING

This memorandum of understanding is made on 9th December, 2019 between the Gandhi Hospital, near old Jail Museerabad, Secunderabad-500003, which is represented by its Superintendent herein named as party one and Anurag Group of Institutions (Formerly Lalitha College of Pharmacy), Venkatapur (V), Ghatkesar (M) Medchal (D), 500088 represented by its Principal herein named as party two. The parties hitherto agree as follows:

1. Party one declares that Gandhi Hospital is a 1012 bedded hospital with a minimum of 120 beds for General Medicine Department.

2. Party one agrees to provide to party two the minimum space necessary of 1200 square feet in the hospital building to establish Pharmacy Practice department for the conduct of Pharm.D and Pharm.D-PB(Post Bacculerate) training programs.

3. Party one agrees to provide preceptors required to train the Pharm.D and Pharm.D-PB (Post Bacculerate) students.

4. The Gandhi Hospital has got more than 180 beds in the Medicine Department. Only 120 beds are allotted to the Anurag Group of Institutions (Formerly Lalitha College of Pharmacy) Venkatapur (V), Ghatkesar (M) Medchal (D), 500088. Gandhi Hospital Management has got the right to enter in to agreement with other colleges also for the remaining beds.

9/12/19

V. J. Babu

ANURAG UNIVERSITY

5. The Prospective students will be allowed to undergo training in the following specialty departments.

- Medicine
- Surgery
- Pediatrics
- Gynecology and Obstetrics
- Psychiatry
- Skin and VD
- Orthopedics

6. Party two will provide the academic staff and necessary infrastructure for Pharm.D and Pharm.D-PB (Post Bacculerate) as a part of curriculum as per the PCI norms and takes the overall responsibility for smooth conduct of the programs.

7. Extension can be given every year after making of full payment as per G.O Ms.No.398Dt.15-11-2008 of Health Medical & Family Welfare (E1) Dept., only. Without payment this agreement deemed to have been cancelled and without payment students will not be allowed into the hospital.

8. The officials representing Gandhi Hospital, Secunderabad and Anurag Group of Institutions (Formerly Lalitha College of Pharmacy), Venkatapur (V), Ghatkesar (M) Medchal (D), 500088, Hyderabad are signing this MOU to achieve the beneficial objectives of Pharm.D and Pharm.D-PB (Post Bacculerate).

Signature

SUPERINTENDENT
GANDHI HOSPITAL, SEC-BAD.T.S.

With seal and date

Signature

Dr Vasudha Bakshi
Principal
Anurag Group of Institutions
Venkatapur Village
Ghatkesar (M), R. R. Dist.,

With seal and date

PRINCIPAL
ANURAG GROUP OF INSTITUTIONS
(FORMERLY LALITHA COLLEGE OF PHARM...
VENKATAPUR(V), GHATKESAR(M), R.R.DIST-50...

ANURAG UNIVERSITY

ANURAG UNIVERSITY | SCHOOL OF ENGINEERING



VBTL

MEMORANDUM OF UNDERSTANDING

Between

VAISHNAVI BIOTECH LIMITED,
HYDERABAD, TELANGANA

And

ANURAG UNIVERSITY, HYDERABAD,
TELANGANA

Vaishnavi

VAISHNAVI BIO TECH VBTL SEC

Sameen Fatima
22/12/21
REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

ANURAG UNIVERSITY

MEMORANDUM OF UNDERSTANDING

Between

VAISHNAVI BIOTECH LIMITED, HYDERABAD, TELANGANA

and

ANURAG UNIVERSITY, HYDERABAD, TELANGANA

This Memorandum of Understanding (MoU) entered into and executed on 22nd December, 2021 between

Vaishnavi Biotech Limited having its office at 8-2-120/114/A, Meenakshi Banjara Villie, Road number 2, Banjara Hills, Hyderabad 500 033, Telangana state, India (hereinafter referred to as 'VBTL' as the context permits).

And

Anurag University, Hyderabad, Telangana

VAISHNAVI BIOTECH LIMITED is one of the Asia's largest Industrial Fermentation establishments in the business of Manufacturing and Marketing of Eco-Friendly Bio Technology products viz., APIs / Food Ingredients, Bulk Drugs, Organic Agri Inputs, Bio fertilizers, Animal Health Care products (Cattle / Poultry & livestock feed supplements) and other value-added products based on plant-based carbohydrates. (www.tripurabiotech.com).

Whereas the **ANURAG UNIVERSITY** has the objective to provide facilities and promote studies in emerging areas of higher education on the frontiers of science, technology, and management education. In pursuance of the objective, the Institute has been endeavoring to develop closer relationship with the corporate world so that the synergy between academics and business world can be reaped to the fullest extent.

Vaishnavi

VAISHNAVI BIO TECH LTD. VBTL SEC'BAD

REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

ANURAG UNIVERSITY

Article III: Duration and Termination of the MoU

1. This MoU is effective as of the date of signatures by the authorities of VBTL and Anurag University.
2. This MoU is valid from the Date of execution by the parties and shall remain in effect forever, unless it is terminated by either of the parties with 90 days' notice.
3. This MoU may be amended at any time by written mutual consent.
4. This MoU may be terminated by either party by the provision of written notice of termination not less than six months prior to the desired termination date. However, both parties agree that all continuing obligations to students, staff, funding bodies or other entities are met in full subsequent to the notice of termination.
5. The termination of this MoU shall not affect the rights or obligations of either party regarding any binding offer or firm obligation approved and agreed to either party prior to the termination date.
6. In event of any dispute/s arising between the parties hereto, it shall be endeavor of both the parties to resolve the dispute amicably by mutual discussion and deliberation.

Article IV: Miscellaneous

1. If any provision of this memorandum is held by any court or other competent authority to be illegal, void or enforceable in whole or in part, this memorandum shall continue to be valid as to the other provisions therefore end the remainder of the effected provision.
2. Nothing in this MoU constitutes or to be construed a party as the partner, agent employee or representative of the other party. A party must not act independently of the other party and does not have the right or power to commit the other party on any matter or incur any obligation on behalf of or pledge the credit of the other party without the prior written approval of the other party.
3. The parties agree to comply with all laws applicable within the jurisdiction of the signatories below.
4. Data generated through such collaborative research will be published in scientific journals jointly and any intellectual property arising out of joint intellectual input under a collaborative research / R&D project shall be held jointly through a separate agreement.

VAISHNAVI BIO TECH LTD. VBTL SEC'BAD

REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

ANURAG UNIVERSITY

Notwithstanding anything stated herein above, in the event of any difficulty in the implementation of MoU and any dispute arising particularly in the matter of Academics, the same shall be governed by UGC regulations and the provisions of, Anurag University.

IN WITNESS whereof the parties hereto have executed this MoU or caused it to be executed in their names and on their behalf by their duly authorized representatives on the date set forth.

(Ms. M Vaishnavi)
Managing Director
Vaishnavi Biotech Limited
Telangana

Date: 22-12-2021

Place: HYDERABAD.

Witness: Dr KVSS Sairam, Technical Advisor
Vaishnavi Biotech Ltd
Hyderabad, Telangana

(Prof. Syeda Sameen Fatima)
Registrar
Anurag University
Telangana

REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

Date: 22/12/21

Place: Hyderabad.

22/12/21

Witness: Dr. M Mukunda Vani
HOD, Dept. of Chemical
Engg., Anurag University

Donate Blood

Save Lives

MSN BLOOD CENTRE

(MSN Voluntary Organisation)

Lic No. 98/MDCL/TS/2020/BC/G

(Regd. No.5207/1994)

H.No. 2-157, Jetta Mallaiah Complex, Near Gandhi Statue, Uppal, Hyderabad-500 039.

Ph.: 040-27207772, 7396704647, 7207804647 Email : msnbloodcentre@gmail.com, Web: www.msnhelpinghands.com

Memorandum of Understanding (MoU)

From:
MSN BLOOD CENTRE,
H.NO:-2-157 2nd floor,
jettamallaiah complex, Main Road, Uppal,
Hyderabad -500039.

Date: 01 April 2025.

To:
Neelima Hospitals,
Venkatapur-Ghatkesar.

This Agreement made on 01 April 2025, Between Neelima Hospitals, Venkatapur, Ghatkesar. 500088, reported by COO, Neelima.S (A unit of Gayatri Educational Cultural trust) hereinafter called the "FIRST PARTY" (which expression shall unless otherwise excluded by or repugnant to the subject of context hereof mean and include its successors-in-interest and/or assigns) of the ONE PART.

AND

M/S MSN BLOOD CENTRE having its office at 2-157 2nd floor, jettamallaiah complex, Main Road, Uppal, Hyderabad -500039 represented by President M.Shivanarayana hereinafter called the "SECOND PARTY" (which expression shall unless otherwise excluded by or repugnant to the subject or context hereof mean and include his successors-in-interest, legatees and - or permitted assigns) of the OTHER PART.

AND WHEREAS the first party is running a hospital upon the said premises intends to have an MoU for the patient services for Blood /Blood components In patient Services, etc.

AND WHEREAS the Second party is the Medical Officer of M/S. MSN BLOOD CENTRE, a having full-fledged facilities in Hyderabad is processed to give support to Blood /Blood components services with latest and sophisticated medical equipment along with high quality.

Cont...2

M. Shiva

MSN BLOOD CENTRE HYD-39 UPPAL

NEELIMA HOSPITALS MEDCHAL-MALKAJGIRI DIST-500 055

ANURAG UNIVERSITY

6. The agreement is valid from 01-04-2025 to 31-03-2030 (unless otherwise extended).The medical superintendent reserves the right to terminate the contract if the services are found unsatisfactory or in violation of the terms and conditions as spelt above or without assigning any reason. Signed and sealed by purchaser and the agency:

Witnesses:

1. (Sharath Kumar.CH)

2. (CH.Anitha)

FIRST PARTY

Neelima. S
(C.O.O)

NEELIMA HOSPITALS MEDCHAL-MALKAJGIRI DIST-500 088 VENKATAPURI (V), GHANESHPUR (M)

SECOND PARTY

MSN BLOOD CENTRE
(President)

MSN BLOOD CENTRE HYD-39 UPPAL

ANURAG UNIVERSITY







MEMORANDUM OF UNDERSTANDING (MoU)

This MoU is made on this date **11-02-2025**

at **Anurag University**

BY and BETWEEN

M/s **Kapil Agro- Farms India Pvt Ltd**, a research farm in a sprawling 100+ acres located at Moinabad, established as a company, validly existing under the Companies Act, 1956 / 2013 and having its registered office at Sy. No. 121, Sreeramnagar Village, Moinabad Mandal , Hyderabad, Telangana, India - 500075 hereinafter referred to as the "**Company / Learning Site**" which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**University**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part.**

The Company and the University may hereinafter be referred to as such or singularly as the "**Party**" and collectively as the "**Parties**", as the case may be.

WHEREAS, both parties agree to collaborate in developing a structured internship and research program for students in the fields of agriculture, horticulture, and related areas.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

1. OBJECTIVES OF THE MOU

The primary objective of this MOU is to establish a collaborative framework under which Kapil Agro-Farms will offer internship opportunities, industry-based training, and research exposure to students from Anurag University. This partnership aims to enhance the academic knowledge of students through practical experience in the field and the implementation of research based innovative agricultural and horticultural techniques.

ANURAG UNIVERSITY

MEMORANDUM OF UNDERSTANDING

This MoU is made on this **13th, Day of March 2025** at Anurag University

BY and BETWEEN

M/s VARSHA BIOSCIENCE AND TECHNOLOGY INDIA PVT LTD, having its registered office at 17-1-383, 36, 1/2, 2nd Main Rd, Vinay Nagar Colony, Saidabad, Hyderabad, Telangana 500059, India hereinafter referred to **as "VBTIPL"** (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatlcesar Mandal, Hyderabad, Telangana-500 088, hereinafter- referred to as "the **Institute"** (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parties hereinafter referred to as "Parties";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to execute other agreements as may be necessary for the Projects, R&D, Skill Development, Training Programs and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

AERIAL TECHNOLOGIES

ANURAG UNIVERSITY

MEMORANDUM OF UNDERSTANDING (MoU)

BETWEEN

AERIAL TECHNOLOGIES PVT.LTD.

HYDERABAD
&
ANURAG UNIVERSITY, HYDERABAD, TELANGANA

This agreement is made on 04th March, 2025

ABOUT AERIAL

Aerial Technologies is a leading provider of drone solutions in Telangana, dedicated to bringing innovative drone technology to the forefront of various industries. We are proud to be the distributor for Garuda drones in Telangana, a trusted name recognized for their reliability, performance, and advanced features. Our team of experienced professionals is passionate about drones and committed to empowering businesses and individuals with this transformative technology.

- **Leaders in Drone Solutions:** We offer a comprehensive range of services, including drone distribution, remote pilot training, spare parts supply, and technical services.
- **Exclusive Garuda Partner:** As the sole distributor for Garuda drones in Telangana, we provide access to high-quality, industry-leading drone technology.
- **Empowering Our Clients:** We believe in the transformative potential of drones and focus on equipping our clients with the knowledge, resources, and support they need to achieve success.

ABOUT ANURAG UNIVERSITY

Anurag University is established as a Private State University through Ordinance No. 1/2020, dated: 20.05.2020 as per the Telangana State Private Universities Act No. 11 of 2018 and located in Hyderabad, Telangana. The primary focus is to provide a high quality education in Undergraduate, Postgraduate and Doctoral programs of various disciplines namely engineering, Pharmacy, Agriculture and Management fields. The School of Agricultural Sciences was established in 2021 offering B.Sc. (Hons) Agriculture degree. It has versatile distinguished faculty who holds Ph. D. The school follows ICAR syllabus with practical industry-oriented teaching, and has entered into collaborative research with agri-business industries.

ANURAG UNIVERSITY







MEMORANDUM OF UNDERSTANDING (MoU)

This MoU is made on this 17th Day of September 2021 at **Anurag University**

BY and BETWEEN

M/s SAHASRA CROP SCIENCE (P) LIMITED, having its registered office at H.No: 5-4-36/1, M.P Residency . 4th Floor, opp. Sampurna Theatre, Kamala Nagar, Vanasthalipuram, Telangana, 500 070, India hereinafter referred to as "**the company**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana-500 088, hereinafter referred to as "**the Institute**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to execute other agreements as may be necessary for the Projects, R&D, Skill Development, Training Programs and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

17/9/21

REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

17/9/21

SAHASRA CROP SCIENCE PVT. LTD.

ANURAG UNIVERSITY







MEMORANDUM OF UNDERSTANDING
(MoU)

This MoU is made on this 6th date of February 2024 at **Anurag University**

BY and BETWEEN

M/s Sowbhagya Biotech (P.) Limited, a Company incorporated under the provisions of the Companies Act, 1956, is having Registered Office at plot No. 79, IDA Phase II, Cherlapally, Hyderabad, Telangana, 500051, India.

Sowbhagya Biotech (P.) Limited is a Technology Driven, Professionally Managed organization engaged in the business of Organic Agri Inputs, Microbial Bio-Fertilizers & Bio Control Agents, Micronutrient based Agri-Input Products like Bio stimulants and Micronutrient Mixtures, and Organic nutrients based mineral Gluconates & lactates, marketing of these products to various corporate companies and State Govt., since 2003. It is one of the leading manufacturing companies of Protein Hydrolysate/ Amino Acids, being used as Bio stimulants for the benefit of improving crop quality in Pan India. SBPL is having two manufacturing facilities nearby Hyderabad along with the Corporate Office and R&D in Hyderabad, Telangana State. Hereinafter referred to as "SBPL" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**AU**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to execute other agreements as may be necessary for the Projects, R&D, Skill Development, Training Programs and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter

ANURAG UNIVERSITY

Report on Outreach Programs for Promotion of Good Health & Well-being

Community Health Outreach

Anurag University extends its health and well-being initiatives beyond the campus through (i) NSS-led outreach programmes and participation in community health activities; and (ii) programs of Neelima Institute of Medical Sciences (NIMS), School of Medical Sciences, Anurag University. These programmes provide opportunities for students to share health information, interact with communities and contribute to public health awareness.

Health Outreach Activities

The University's community health outreach during 2025 covered a range of topics including personal hygiene, cancer prevention and HIV/AIDS awareness.

Program	Community
Personal Hygiene Awareness Program	Pillapally Village
National Cancer Awareness Day	Edulabad Village
World AIDS Day Program	Hyderabad

The outreach programs were held for:

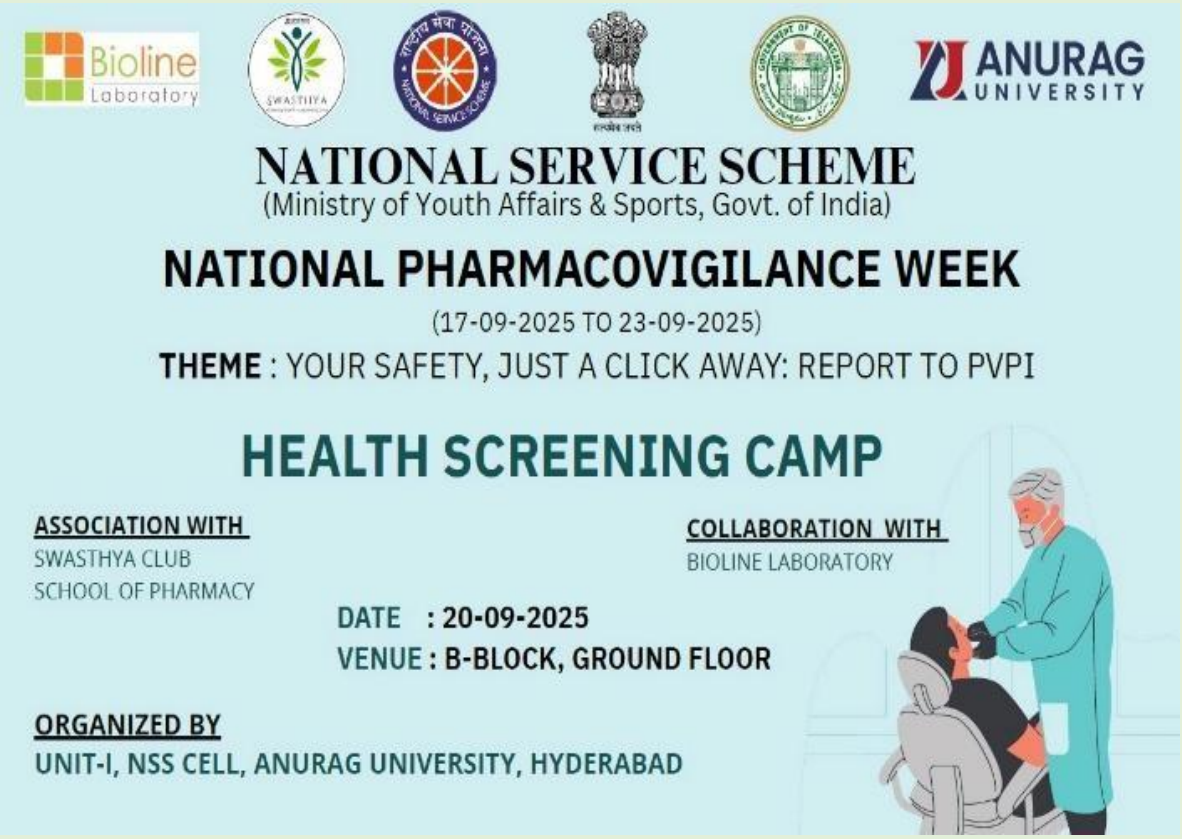
- **Health Services:** Health screening, blood group detection and related health initiatives
- **Mental Well-being:** International Yoga Day, Yoga and Meditation Club, and activities supporting mental and physical well-being
- **Health Awareness:** Programmes on personal hygiene, cancer, HIV/AIDS, rabies and vaccination
- **Blood Services:** Blood donation camp, blood group detection camp and blood bank inauguration
- **Emergency Preparedness:** First Aid and CPR training and Nationwide CPR Awareness Week

- **Community Health Outreach:** Health awareness and preventive health programmes conducted in local communities

(i) NSS Outreach Programmes

❖ Health Screening Camp – 2025

Event Details	Information
Date	20 September 2025
Time	10:00 a.m. – 2:00 p.m.
Venue	B-Block, Anurag University
Organized by	NSS Cell Unit-1 & School of Pharmacy – Swasthya Club
Health Services	BMI, BP, RBS and thyroid screening
Participants	170+ staff members



In observance of National Pharmacovigilance Week, Anurag University organized a Health Screening Camp for its teaching and non-teaching staff at B-Block on 20 September 2025, from 10:00 AM to 2:00 PM. The program was organized collaboratively by the NSS Cell Unit-1 and the Swasthya Club, School of Pharmacy, with support from Bioline Laboratory.

The camp provided a range of preventive health screening services, including thyroid testing, BMI assessment, blood pressure monitoring, and Random Blood Sugar (RBS) testing. More than 170 staff members participated in the camp and benefited from the health services and awareness provided.



The program was supported by university faculty and NSS coordinators, with the active involvement of NSS volunteers and Swasthya Club members. The event was attended by Dr. Muttha Reddy, Dean of Examinations; Dr. Vasudha Bhakshi, Dean, School of Pharmacy; Dr. C. Mallesha, NSS Program Coordinator; Dr. J. Rajendra Kumar, NSS Unit-1 Program Officer; Mr. Hazrat, Civil Department Faculty Coordinator; and Mr. Thirupathi, Pharmacy Department Faculty Coordinator.

The camp contributed to promoting preventive healthcare and regular health monitoring among staff, while encouraging early awareness of common health risks. The successful conduct of the program was appreciated by Dr. Muttha Reddy, who commended the organizers and volunteers for their efforts.


ANURAG



❖ Blood Group Detection Camp – 2025

Event Details	Information
Date	18 November 2025
Organized by	Department of Pharmacy, NSS Cell Unit-1 & Swasthya Club
Event	Blood Group Detection Camp
Purpose	Blood group identification and health awareness
Participants	200+ students

As part of the National Pharmacy Week (NPW) celebrations, the Department of Pharmacy at Anurag University, in collaboration with NSS Cell Unit-1 and the Swasthya Club, organized a Blood Group Detection Camp on 18 November 2025. The initiative aimed to enhance health awareness among students and highlight the importance of knowing one's blood group for emergency preparedness and personal health management.

More than 200 students voluntarily participated in the blood group testing. The program was graced by Dr. Vasudha Bakshi, Dean, School of Pharmacy, who appreciated the efforts of the organizers and encouraged students to actively participate in health-oriented initiatives. The camp was coordinated by Dr. J. Rajendra Kumar, NSS Cell Unit-1 Program Officer; Mr. B. Thirupathi, NSS Pharmacy Department Coordinator; Dr. Farhana; and Dr. Santoshi, NPW Faculty Coordinators.

The enthusiastic participation of students reflected the importance of campus-based health awareness initiatives. The camp successfully contributed to promoting health consciousness, emergency preparedness, and student well-being, in line with the objectives of National Pharmacy Week.











ANURAG UNIVERSITY

❖ Mental Well-being

The University encourages students and staff to adopt healthy lifestyles and provides opportunities to engage in activities that support physical fitness, relaxation and mental well-being.

International Yoga Day – 2025

Event Details	Information
Date	21 June 2025
Organized by	NSS Cell, Anurag University
Focus	Physical and mental well-being through yoga
Activities	Yoga asanas, pranayama and meditation
Key Initiative	Inauguration of Yoga and Meditation Club
Participants	Students, faculty and staff



The NSS Cell, Anurag University, celebrated International Yoga Day on 21 June 2025 to promote awareness of yoga and its role in supporting physical and mental well-being. The programme brought together students, faculty, and staff and focused on encouraging regular yoga practice through demonstrations of yoga asanas, pranayama, and meditation techniques.

The event was graced by Dr. P. Bhaskara Reddy, Registrar; Dr. Vijaya Kumar, Dean, School of Engineering; Dr. Mahipati Srinivas, Director of Admissions; and Dr. C. Mallesha, NSS Programme Coordinator. A key highlight was the

inauguration of the Yoga and Meditation Club, reflecting the university's commitment to promoting holistic wellness among its community.









S.K. Shaheeda led demonstrations of various yoga asanas and conducted training sessions on pranayama and meditation. The active participation of the university community contributed to the success of the program. Dr. Archana Mantri, Vice-Chancellor, Anurag University, appreciated the efforts of the Unit

Program Officers, Department Coordinators, NCC members, and NSS volunteers in organizing the event.

The celebration reinforced the importance of yoga, mindfulness, and regular physical activity in fostering a healthy and harmonious campus environment.



Yoga and Meditation Club

The inauguration of the Yoga and Meditation Club during International Yoga Day reflects the University's effort to provide continued opportunities for wellness and relaxation beyond individual events. The Club can serve as a platform for promoting regular yoga, meditation and related activities among the University community.

Sports and Physical Activity

Anurag University promotes physical activity and healthy lifestyles by providing students with access to sports and recreational facilities on campus. Shared sports facilities allow students to participate in regular physical activities, sports and recreational programmes.

The facilities are made available to members of the University community and support participation in both individual and team-based activities. Access to sports facilities provides students with opportunities to remain physically active, develop teamwork and maintain a healthy lifestyle alongside their academic activities.

The University's focus on sports and physical activity complements its wellness initiatives, including yoga and meditation, and contributes to the overall physical and mental well-being of the campus community.

❖ Health Awareness Program

The University conducts health awareness and outreach activities addressing common health concerns and promoting preventive practices among students, staff and community members.

Personal Hygiene Awareness Program

Event Details	Information
Date	7 August 2025
Venue	Pillapally Village
Organized by	NSS Unit-1, Anurag University
Focus	Personal hygiene and healthy habits
Participants	Government school children

On 7 August 2025, NSS Unit-1 volunteers of Anurag University conducted an awareness program on Personal Hygiene for government school children at Pillapally village, Bhudan Pochampally Mandal, Yadadri Bhuvanagiri District. As part of the initiative, the volunteers interacted with the students and guided them on the importance of maintaining cleanliness, healthy habits, and basic hygiene practices in daily life.

The program was attended by Dr. J. Rajendra Kumar, Program Officer of NSS Unit-1, and Mr. B. Tirupathi, Pharmacy Department Coordinator, who appreciated the active involvement of the volunteers. The event aimed to instill good hygiene practices among children and promote health awareness at the grassroots level.


We must all obey the great law of change. It is the most powerful law of nature




UNIT-II
PERSONAL
HYGIEN



❖ Vaccination Awareness Rally – 2025

Event Details	Information
Date	21 November 2025
Organized by	School of Pharmacy, NSS Cell Unit-1 & Swasthya
Theme	Pharmacists as Advocates of Vaccination
Focus	Vaccination and immunization awareness
Activity	Health awareness rally

The 64th National Pharmacy Week at Anurag University was marked by a powerful demonstration of community leadership as the School of Pharmacy, in a synergistic collaboration with NSS Cell Unit-1 and Swasthya, organized a dedicated rally focused on the theme "Pharmacists as Advocates of Vaccination on 21/11/2025. This event served as a vibrant platform to bridge the gap between pharmaceutical expertise and public health awareness, transforming the university campus into a hub of health advocacy.



By focused rally on the pharmacist's role in immunization, the organizers highlighted the evolving identity of the profession moving beyond the traditional confines of the pharmacy counter to the frontlines of preventative medicine. Students and faculty marched with a collective purpose, using the rally to emphasize that pharmacists are often the most accessible healthcare providers for the public, making them uniquely positioned to combat vaccine hesitancy and provide reliable, evidence-based information to the community. The Event was graced by the presence NSS Cell Unit-1 Program Officer Dr. J. Rajendra Kumar, NSS Pharmacy Department Coordinator Mr. B. Thirupathi, Dr. Farhana and Dr. Santoshi Priya, NPW Faculty Coordinator.

❖ National Cancer Awareness Day – 2025

Event Details	Information
Date	7 November 2025
Venue	Edulabad Village, Ghatkesar Mandal
Organized by	NSS Cell Unit-II, Anurag University
Focus	Cancer prevention and early detection
Activities	Awareness rally, interaction, posters and information sharing

National Cancer Awareness Day 2025 was observed with great sincerity and social responsibility at Anurag University, as part of the nationwide initiative to spread awareness about early detection, prevention, and treatment of cancer. The program aimed to educate students and the surrounding community about cancer risks and the importance of timely medical intervention.



The event commenced with an awareness rally at Edulabad Village, Ghatkesar Mandal, where NSS volunteers actively participated by carrying placards and banners displaying powerful messages such as "Early Detection Saves Lives," "Say No to Tobacco," and "Cancer is Curable if Diagnosed Early." Volunteers

interacted with the villagers and encouraged them to adopt a healthy lifestyle, avoid tobacco consumption, and undergo regular health check-ups.

Following the rally, an informative session was conducted on campus by healthcare professionals, invited for the occasion. The speakers explained common types of cancer prevalent in India, including oral cancer, breast cancer, cervical cancer, and lung cancer. They highlighted the primary causes such as tobacco use, excessive alcohol consumption, obesity, infections, and exposure to harmful chemicals. Practical demonstrations were given on self-examination methods for detecting early symptoms of breast and oral cancers.

NSS Program Officers emphasized the Government of India's initiatives in



providing accessible cancer screening services and urged students to become ambassadors of health awareness in their communities. Volunteers were motivated to counsel families and peers on quitting tobacco and promoting regular medical check-ups.

Additionally, students prepared posters and slogans focusing on cancer prevention, which were displayed across campus to ensure widespread awareness. Pamphlets containing information on screening centers, symptoms, and preventive care were distributed among villagers during the outreach activity.

The program successfully fostered a sense of social responsibility among volunteers and helped bridge the gap between healthcare professionals and the rural community. It highlighted the crucial message that cancer is not the end — early detection and timely treatment can save lives.

❖ World AIDS Day – 2025

Event Details	Information
Date	1 December 2025
Organizer	Telangana AIDS Control Society (TACS)
University Participation	NSS Unit-1 volunteers
Focus	HIV/AIDS prevention, treatment and awareness
Activities	Public rally and awareness sessions

On 1st December 2025, NSS Cell Unit-1 volunteers of Anurag University actively participated in the World AIDS Day–2025 Program organized by the Telangana AIDS Control Society (TACS) at Sundarayya Vignana Kendram,



Hyderabad. The event was conducted in observance of World AIDS Day under the theme —Overcoming Disruption, Transforming the AIDS Response, with the objective of highlighting the importance of HIV/AIDS prevention, treatment, and social inclusion.

As part of the Program, the NSS Unit-1 volunteers took part in a public awareness rally aimed at educating the public on HIV/AIDS, promoting safe practices, and reducing stigma and discrimination. Volunteers from various other colleges also actively participated in the rally, making it a large-scale and impactful initiative that strengthened community outreach.

Following the rally, the Program continued with informative awareness sessions and expert talks focusing on public health perspectives and the role of youth in addressing HIV/AIDS-related challenges. The event also featured cultural performances, contributing to the overall engagement and vibrancy of the Program. Overall, the Program provided valuable learning experiences for NSS volunteers and reinforced their commitment to community service and social responsibility.

ANURAG UNIVERSITY

❖ Rabies Awareness Session – 2025

Event Details	Information
Organized by	NSS Cell Unit-1 & Swasthya Club
Participants	Pharmacy students
Focus	Rabies prevention and control
Key Topics	Prevention, vaccination and post-exposure action
Format	Expert session and interaction



In observance of National Pharmacovigilance Week, a Rabies Awareness Session was held for pharmacy students at Anurag University on September 22, 2025. The event was attended by notable dignitaries, including the chief guest, Dr. U. Soumya Sree, Assistant Professor, Department of Community Medicine, Neelima Institute of Medical Sciences. Other distinguished guests present were Dr. B. Vasudha Bakshi, Dean, School of Pharmacy; Dr. J. Rajendra Kumar, NSS Unit-1 Program Officer; B. Tirupathi, Pharmacy Department Coordinator and faculty members G. Rajeev Kumar and Divya from the School of Pharmacy.

The session, a collaborative effort by the NSS Cell Unit-1 and the Pharmacy's Technical club, Swasthya, aimed to educate students on the critical aspects of rabies. The workflow of the event commenced with a welcoming address by the dignitaries, followed by the chief guest's presentation. Dr. Soumya Sree delivered a detailed lecture on the etiology, prevention, control, and public health significance of rabies. The lecture included practical advice on how to handle potential exposure and the importance of timely vaccination. Following

the presentation, there was an interactive Q&A session where students had the opportunity to clarify their doubts. The program concluded with a vote of thanks from the organizers, and Dr. B. Vasudha Bhakshi, Dean, School of Pharmacy, congratulated them on the successful execution of the event.





❖ Blood Services

Anurag University promotes voluntary blood donation and awareness of blood-related health services through student participation, awareness activities and institutional initiatives. These efforts encourage students to contribute to community health while improving awareness of the importance of blood availability and emergency preparedness.

Blood Donation Camp – 2025

Event Details	Information
Date	25 September 2025
Organized by	NSS Cell Unit-1
In collaboration with	Aradhya Blood Bank
Focus	Voluntary blood donation
Participants	Nearly 100 students



On the occasion of World Pharmacists Day, NSS Cell Unit-1 of Anurag University organized a Blood Donation Camp on 25th September 2025 in collaboration with Aradhya Blood Bank. The event witnessed enthusiastic participation, with nearly 100 students coming forward to donate blood, reflecting the spirit of service and social responsibility that NSS stands for. The initiative aimed to create awareness on the importance of voluntary blood donation and to contribute towards saving lives through collective efforts.

The Program was graced by Mr. B. Tirupathi, NSS Faculty Coordinator, Pharmacy Department, Dr. J. Rajendra Kumar, Programme Officer, NSS Cell Unit-1, Dr. C. Mallesha, NSS Cell Coordinator, Anurag University, Mr. Issiah, District Youth Officer, NYKS, Ms. Sampada Pachaury, IUCEE Chapter President and JOE Mentor, Dr. Vasudha Bhakshi, Dean, School of Pharmacy and Dr. V. Vijay Kumar, Dean, School of Engineering. The dignitaries appreciated the noble gesture of the student volunteers and motivated them to continue their active involvement in community service.











❖ Blood Bank Inauguration

Event Details	Information
Date	13 October 2025
Venue	Neelima Hospital, Hyderabad
University Involvement	NSS Cell, Anurag University
Purpose	Support timely availability of safe blood
Additional Activity	Voluntary blood donation by volunteers

On October 13, 2025, the Neelima Institute of Medical Sciences, Hyderabad, successfully inaugurated its newly established Blood Donation Bank within Neelima Hospital. This initiative aims to promote voluntary blood donation and ensure the timely availability of safe blood for patients in need. The event was organized with great dedication by the NSS Cell of Anurag University.

The inauguration ceremony was graced by the presence of several distinguished guests and key figures, including Neelima Madam, CEO of the Institute; Ashish Pathi, Chief Operating Officer; Dr. C. Mallesha, Programme Coordinator of the NSS Cell; Programme Officers Dr. J. Rajendra Kumar and Mr. Purushottham; and NCC Officer Saurabh Barpute. Following the formal inauguration, the event saw active participation as some of the volunteers stepped forward to donate blood, marking the new facility's operational commencement.

Blood Group Detection Camp

The Blood Group Detection Camp, already covered under Health Services and Preventive Care, also contributes to the University's broader blood-related health initiatives by helping students identify their blood groups and be better prepared for medical emergencies.

Emergency Preparedness

Anurag University promotes basic emergency preparedness by providing students with opportunities to learn first aid and cardiopulmonary resuscitation (CPR). These initiatives help build practical skills that can be useful in responding to medical emergencies before professional medical assistance is available.

❖ First Aid and CPR Training Program

Event Details	Information
Date	8 February 2025
Venue	A-Block Seminar Hall
Organized by	NSS Unit-II
Focus	First aid and CPR
Resource Person	Dr. A. Sandhya
Participants	60 NSS volunteers



NSS Unit - II of Anurag University successfully organized a "First Aid and CPR Training" session on 8th February 2025 at the A-Block Seminar Hall. The training aimed to equip students with essential life-saving skills in handling medical emergencies.

A total of 60 NSS volunteers actively participated in the session, demonstrating great enthusiasm and eagerness to learn. The training was conducted by Dr. A. Sandhya, from the Department of Anesthesia, Neelima

Institute of Medical Sciences, who shared her expertise on basic first aid techniques, CPR (Cardiopulmonary Resuscitation), and emergency response procedures.

Dr. Sandhya provided a detailed demonstration of CPR, including chest



compressions and rescue breathing, and guided the volunteers on how to manage situations like choking, fractures, burns, and unconscious victims. The session was interactive, with volunteers engaging in hands-on practice and clarifying their doubts regarding emergency medical care.

The event successfully enhanced the awareness and preparedness of the volunteers, enabling them to act effectively in real-life emergencies. The NSS Unit - II expresses heartfelt gratitude to Dr. A. Sandhya for her valuable time and guidance. The session concluded with a vote of thanks, acknowledging the efforts of the resource person, volunteers, and organizers for making the event a meaningful and impactful learning experience.

❖ Nationwide CPR Awareness Week – 2025

Event Details	Information
Date	13–17 October 2025
Theme	Prepared Today, Safe Tomorrow
Focus	CPR awareness and emergency preparedness
Key Message	Importance of timely CPR during cardiac emergencies



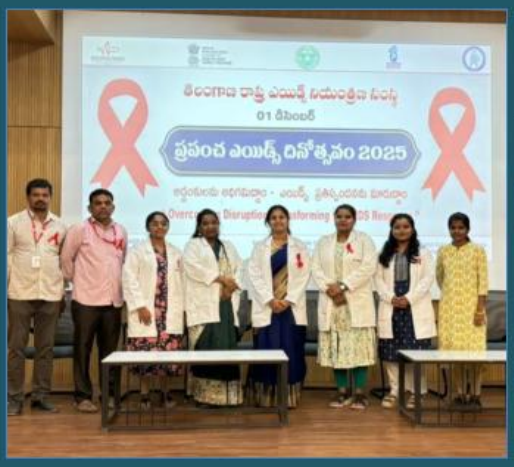
Nationwide Cardio-Pulmonary Resuscitation (CPR) Awareness Week in India is observed from 13th to 17th October 2025, organized by the Ministry of Health and Family Welfare (MoHFW). It is a national initiative to spread awareness, train citizens, and build preparedness for life-saving CPR skills. Cardiopulmonary Resuscitation (CPR) is a lifesaving and a vital emergency procedure which improves the survival chances in critical cardiac cases. This initiative is rooted in the understanding that cardiac arrest remains one of the leading causes of sudden deaths in India, with nearly 70% of such cases occurring outside hospital settings, where immediate medical assistance is often unavailable. In these critical moments, timely administration of CPR by a bystander can significantly improve survival outcomes.


ANURAG UNIVERSITY
NEELIMA COLLEGE OF NURSING
NSS UNIT 7

(ii) Neelima Institute of Medical Sciences (NIMS) Initiatives, School of Medical Science, Anurag University



WORLD AIDS DAY is observed every year on **December 1st** to raise awareness about HIV/AIDS, show support for people living with HIV, and remember those who lost their lives to the disease. In line with the 2025 theme **"Overcoming disruption, transforming the AIDS response**, Awareness programme was conducted under **NSS Unit-8** of Neelima Institute of Medical Sciences, organized by the Department of Community Medicine in collaboration with the DMHO, Medchal-Malkajgiri. Conducted a series of activities aimed at enhancing knowledge, reducing stigma, and promoting community engagement.





Red Ribbon Campaign

Students and faculty distributed red ribbons symbolizing solidarity with people living with HIV.

Awareness Rally

Rally began from Neelima Institute of Medical Sciences. DMHO Medchal Malkajgiri, Deputy DMHO, the Dean and Faculty of Neelima Institute of Medical Sciences; Head of the department, NSS & NCC and co-ordinators, Anurag University; volunteers of several NGOs working for HIV/AIDS, Medical and Engineering students of Anurag University participated in the rally. Placards were displayed on HIV awareness in surrounding community.



అవగాహన ర్యాలీలో జిల్లా వైద్య అధికారి

హెచ్‌ఐవీపై అవగాహన పెంచుకోవాలి

జిల్లా వైద్య అధికారి ఉమాగౌరీ

దిశ, ఘట్‌కేసర్ : మారుతున్న పరిస్థితులకు అనుగుణంగా హెచ్‌ఐవీ/ఎయిడ్స్‌పై అవగాహన పెంచుకోవాలని, ఆరోగ్యం పట్ల అవగాహన కలిగి ఉండాలని మేడ్చల్ జిల్లా వైద్య ఆరోగ్యశాఖ అధికారి డాక్టర్.ఉమా గౌరి అన్నారు. డిసెంబర్ 1న ప్రపంచ ఎయిడ్స్ దినోత్సవాన్ని పురస్కరించుకుని మేడ్చల్ జిల్లా పోచారం మున్సిపాలిటీలోని నీలిమ ఇన్స్టిట్యూట్ ఆఫ్ మెడికల్ సైన్సెస్, అనురాగ్ యూనివర్సిటీలో శనివారం నిర్వహించిన ఎయిడ్స్‌పై అవగాహన కార్యక్రమానికి ఉమాగౌరీ ముఖ్య అతిథిగా హాజరయ్యారు. విద్యార్థులతో ర్యాలీ నిర్వహించిన అనంతరం ఆమె మాట్లాడుతూ.. ఎయిడ్స్ పై విద్యార్థులు అవగాహన పెంచుకొని, ప్రజల్లో కూడా అవగాహన కల్పించినప్పుడే ఎయిడ్స్ బారినపడేవారి సంఖ్య తగ్గించగలమని అన్నారు. ఈ అవగాహనా విషయంలో ఫీల్డ్ సిబ్బంది, ఐసీటీసీ, ఎస్టీఐల సేవలు అభినందనీయం అని తెలిపారు. టీబీ, హెచ్‌ఐవీ, ఎల్ఈపీ ప్రోగ్రాం అధికారిని డాక్టర్.శ్రీదేవి హెచ్‌ఐవీ, ఎయిడ్స్ స్థితి గురించి వివరించారు. కార్యక్రమంలో డిప్యూటీ డీఎంహెచ్‌వో డాక్టర్ సత్యవతి, డాక్టర్ లావణ్య డాక్టర్ వసంత రెడ్డి, నారపల్లి ప్రాథమిక ఆరోగ్య కేంద్రం మెడికల్ ఆఫీసర్ శోభన, సింహారాజ్, విద్యార్థులు పాల్గొన్నారు.

దిశ Sun, 30 November 2025
https://epaper.dishadaily.com/c/78640352







The Awareness session was held in Neelima Institute of Medical Sciences. The dignitaries were invited on the dais by Ms Soniya, Phase III MBBS Student of Neelima Institute of Medical Sciences and the programme commenced following a lamp lighting ceremony.

Name of the Dignitary	Designation
Dr.Umagauri	DM & HO, Medchal-Malkajgiri
Dr Sathyavathi	Deputy DM & HO
Dr Lavanya	Deputy DM & HO
Dr.Y. Sridevi	Program officer NTEP
Mrs. Vasantha kumari	Extension and Media Officer
Dr.B.Lakshmi Prasanna	The Dean, Neelima Institute of Medical Sciences.
Dr.P.Shruti	Professor & Head Department of community Medicine, Neelima Institute of Medical Sciences.
Dr. C. Mallesh	Head, Department of NSS & NCC, Anurag University.


సాక్షి

మేడ్చల్

ఎయిడ్స్‌పై అవగాహన అవసరం

Awareness Session

Dr. Sridevi, Program officer NTEP highlighted the major milestones and the community-centred campaigns carried out by the program. Dr P Shruti, Professor & Head Dept of Community Medicine, presented the global statistics regarding prevalence of HIV/AIDS. The Dean, addressed the gathering and thanked the dignitaries. Dr C Mallesh spoke about the campaigns and awareness activities on AIDS, along with the initiatives under taken by the NSS units of Anurag University in the adopted villages. Dr. Vasantha Kumari discussed the challenges and issues encountered in the community. Dr Umagauri, DM & HO, Medchal-Malkajgiri addressed the gathering and spoke about the role of every individual in promoting HIV awareness.

Felicitation of the Dignitaries and members of best performing ICTC Centres and NGOs of the district was held.

Undergraduate students participated enthusiastically in a E-poster making, Essay writing & E-Slogan making competition. Prizes were awarded to the top two entries.

Competition	1st	2nd
E-Poster	Ms Gauri	Ms Muskan
Slogan	Ms Swetha	Mr Atharva Rughe
Essay Writing	Ms Soniya	Ms Manaswini

The dignitaries and participants of the World AIDS Day programme joined for the pledge.



Pledge for an HIV-Free India

On this day, we come together to take a Pledge to strive towards making India free from HIV. We commit to:

Educate ourselves and others about HIV prevention, treatment, and support.

Promote safe practices and encourage regular health check-ups.

Support those living with HIV and work towards eliminating stigma and discrimination.

Advocate for better healthcare services and policies to combat HIV.

Engage in community outreach programs to raise awareness and provide accurate information.

Together, we can create a healthier, more informed, and compassionate society. Let's take this pledge and work tirelessly for an HIV-free India.

The programme concluded with a Vote of thanks by Dr M Sandhya Rani, Associate Professor, Department of Community Medicine who thanked the dignitaries for gracing the occasion and



సూర్య

సూర్య

అవగాహనే ఎయిడ్స్ నివారణకు

తొలి ఔషధం : డా ఉమా గౌరి

Compiled by,
Dr Sowmyashree U,
Assistant Professor,
Dept of Community Medicine.

Event Report

NATIONAL CME ON VIRAL HEPATITIS - 2025

Date: 28th July 2025

Mode: Online via Zoom platform

Organized by: Department of Microbiology, Neelima Institute of Medical Sciences, Ghatkesar, Hyderabad, Telangana

Significance of World Hepatitis Day:

World Hepatitis Day, observed globally on 28th July, commemorates the birth anniversary of Dr. Baruch Blumberg, who discovered the Hepatitis B virus and developed its vaccine. It serves as a vital reminder of the global burden posed by Viral hepatitis and the urgent need for coordinated action in screening, diagnosis, treatment, and prevention. Chronic viral hepatitis continues to affect millions worldwide, often going undiagnosed until advanced stages. This day emphasizes the importance of awareness, timely intervention, and integration of public health strategies to move towards the WHO goal of eliminating hepatitis as a public health threat by 2030.

In alignment with this vision and under the aegis of IAMM–TAPC, the Department of Microbiology at Neelima Institute of Medical Sciences organized a National Level Online CME on Viral Hepatitis with the theme: "Hepatitis: Let's Break it Down".

About the Event:

The CME was conducted virtually and witnessed an enthusiastic response from across the country, including participants from clinical, academic, and public health domains. The event began with an inaugural session, followed by five impactful lectures delivered by eminent experts in Microbiology, Gastroenterology, Pediatrics, and Public Health. Key thematic areas addressed were:

- Epidemiology of Viral hepatitis
- Laboratory diagnosis – Recent advances
- Clinical management in adult and pediatric populations
- National public health program and strategies for viral hepatitis elimination

The CME emphasized the integration of clinical knowledge with public health approaches to develop a comprehensive understanding of hepatitis control.

Participants & Reach:

The event received over **600 registrations** and had an active attendance of around **375 participants.** The audience included medical students, faculty members, microbiologists, clinicians, and public health professionals.



Figure 1: Glimpses from the event proceedings

Key Outcomes:

The CME successfully met its goals by providing a high-quality, evidence-based update on viral hepatitis. Participants appreciated the scientific depth, clinical relevance, and diversity of speakers. The event facilitated:

- Enhanced understanding of hepatitis epidemiology and transmission
- Improved awareness of diagnostic advancements and national program
- Strengthened clinical and public health insight

Feedback indicated high participant satisfaction and demand for more such academic sessions in the future.

Acknowledgments:

The **Department of Microbiology** extends its heartfelt gratitude to the **Management** for providing the necessary infrastructure. Our thanks also extend to **Dean, Prof (Dr.) Lakshmi Prasanna** and Office of Events & Operations (Anurag University) for their continuous support in organizing this event. Special thanks to the **Executive Council** of **IAMM–TAPC**, particularly **Dr. Vijendra Kawle, Secretary, IAMM–TAPC**, for facilitating the process of securing (01) one credit point from Telangana State Medical Council (TGMC).

We also thank all the invited speakers, technical coordinators, and attendees for their active and enthusiastic participation. The collaborative efforts and academic commitment of all involved ensured the success of this 1st National level initiative of ours.

Post-event activities, including certificate distribution and the submission of necessary documentation to the Telangana State Medical Council (TGMC) is under the process.

Regards

From,
The CME Secretariat & Organizing Committee
Department of Microbiology
Neelima Institute of Medical Sciences
Ghatkesar, Telangana

Compiled by,
Dr. Yona M
Program Co-ordinator
Assistant Professor
Department of Microbiology

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

NATIONAL WORKSHOP ON GOOD CLINICAL PRACTICE

ETHICS, SCIENCE, AND STANDARDS

(ONLINE MODE)

Event Report

- **INVITATION BROCHURE-**



Organized by;

Department of Pharmacology and Institutional Ethics Committee,

Neelima Institute of Medical Sciences

23rd August 2025 – 9.15am-1.45pm



The Department of Pharmacology and Institutional Ethics Committee, Neelima Institute of Medical Sciences, Anurag University, Venkatapur, Hyderabad successfully hosted the **National Workshop on Good Clinical Practice (GCP): Ethics, Science and Standards on 23rd August 2025** in online mode.



The event brought together distinguished faculty, postgraduate students, and researchers from across the country.

Organized under the **able leadership of Dr. B. Lakshmi Prasanna (Organizing Chairperson) and Dr. Vasavi Patra (Organizing Secretary), with dedicated support from the organizing committee (Dr. Venu Gopala Rao Konda, Dr. Mali Kalpana, Dr. Swati Negi, and Dr. Y. Venkata Ramana)**, the event was conducted seamlessly.

The workshop aimed to foster understanding of GCP guidelines, strengthen compliance with ethical standards in clinical research, and highlight evolving regulatory frameworks in India.

We had a tremendous response from all over the country with **392 registrations**, registration was free but mandatory, and the program carried **recognition with one CPD Credit Hour approved by TGMC**.

280 participants who completed **the pre- and post-test assessments** were awarded **e- Certificates** by the organizing team.



The inaugural session commenced at **09:15 am** on 23rd August 2025 with a welcome address by our Dean, Professor of Forensic Medicine **Dr. Lakshmi Prasanna madam** setting an academic and collegial tone for the day's scientific deliberation



The first lecture was delivered by **Dr. Vasavi Patra**, Professor and Head of the Department of Pharmacology, Neelima Institute of Medical Sciences, and Organizing Secretary of the workshop.

Dr. Patra gave an insightful overview of Good Clinical Practice (GCP), emphasizing the need for unified ethical and scientific quality standards in clinical research demarcating **how GCP functions as the backbone of credible data generation** and **safeguards the rights, safety, and well-being of research participants**.



Following this, **Dr. Madhavi Eerike**, Additional Professor, Department of Pharmacology, All India Institute of Medical Sciences (AIIMS) Bibinagar, addressed the critical theme of the **Informed Consent Process**.

Dr. Madhavi highlighted that informed consent is **not merely a signature on a form** but the embodiment of **respect for patient autonomy and voluntariness** in research **using several case-based examples** to illustrate ethical dilemmas encountered in practice, such as dealing with illiterate participants or vulnerable populations..

The agenda then moved to **Adverse Event Reporting and Documentation**, a session delivered by **Dr. Gerard Marshall Raj**, Associate Professor, Department of Pharmacology, AIIMS Bibinagar.

Dr. Gerard underscored how **adverse event monitoring is central to both participant safety and the credibility of any clinical research program.** His talk carefully **differentiated between adverse events and adverse reactions**, **explained the timelines and levels of seriousness**, and shared insights into regulatory reporting requirements.

Post the short break,

Dr. A. Maduram, Professor and Head, Department of Pharmacology, Sri Satya Sai Medical College & Research Institute, Chennai, presented on **Roles and Responsibilities of Ethics Committees, Sponsors, and Investigators**.

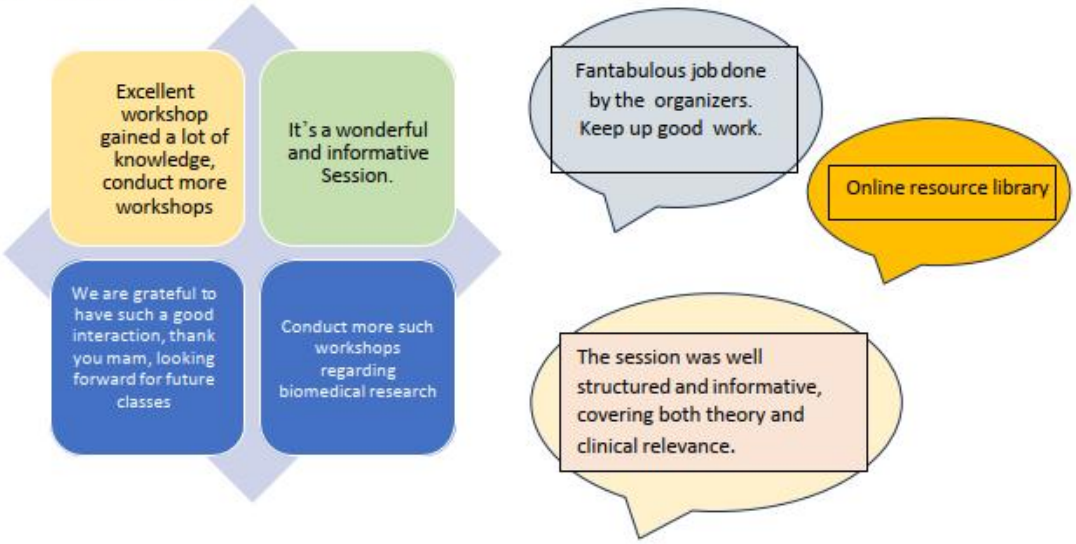
Dr. Maduram shed light on the **crucial balance of responsibilities in ethical oversight, financial sponsorship, and investigator conduct.** She spoke about the expectations of **transparency, accountability, and adherence to protocol** modifications.

The final scientific session of the workshop was conducted by **Dr. D. Shailendra**, Professor and Head, Department of Pharmacology, MediCiti Institute of Medical Sciences, Hyderabad, who delivered a comprehensive and engaging lecture on **NDCT Rules 2019 – An Overview**.

His session stood out for its clarity, depth, and practical relevance. Dr. Shailendra **traced the evolution of India's regulatory landscape**, situating the New Drugs and Clinical Trials (NDCT) Rules 2019 within the broader framework of clinical research governance. He provided a lucid explanation of key changes introduced under the rules, such as **accelerated approvals, compensation frameworks, and strengthened ethics committee functions**. Dr. Shailendra's session particularly engaging was his interactive style inviting questions from participants, **shared real-world case experiences from recent clinical investigations, and contextualized the rules in scenarios** that many postgraduate students and investigators could directly relate to.

The workshop concluded with a discussion and feedback session, where participants reflected on the rich knowledge gained throughout the morning.

Feedback from participants:



The well-structured scientific program ensured that each dimension of GCP—principles, informed consent, safety monitoring, ethical oversight, and regulatory law—was comprehensively addressed by experts in the field.

ACKNOWLEDGEMENTS-

We are immensely thankful to the management of Anurag University and our beloved Dean Dr. B. Lakshmi Prasanna madam for their unwavering support

Their meticulous coordination contributed to the success of the workshop, which was widely appreciated by participants nationwide.

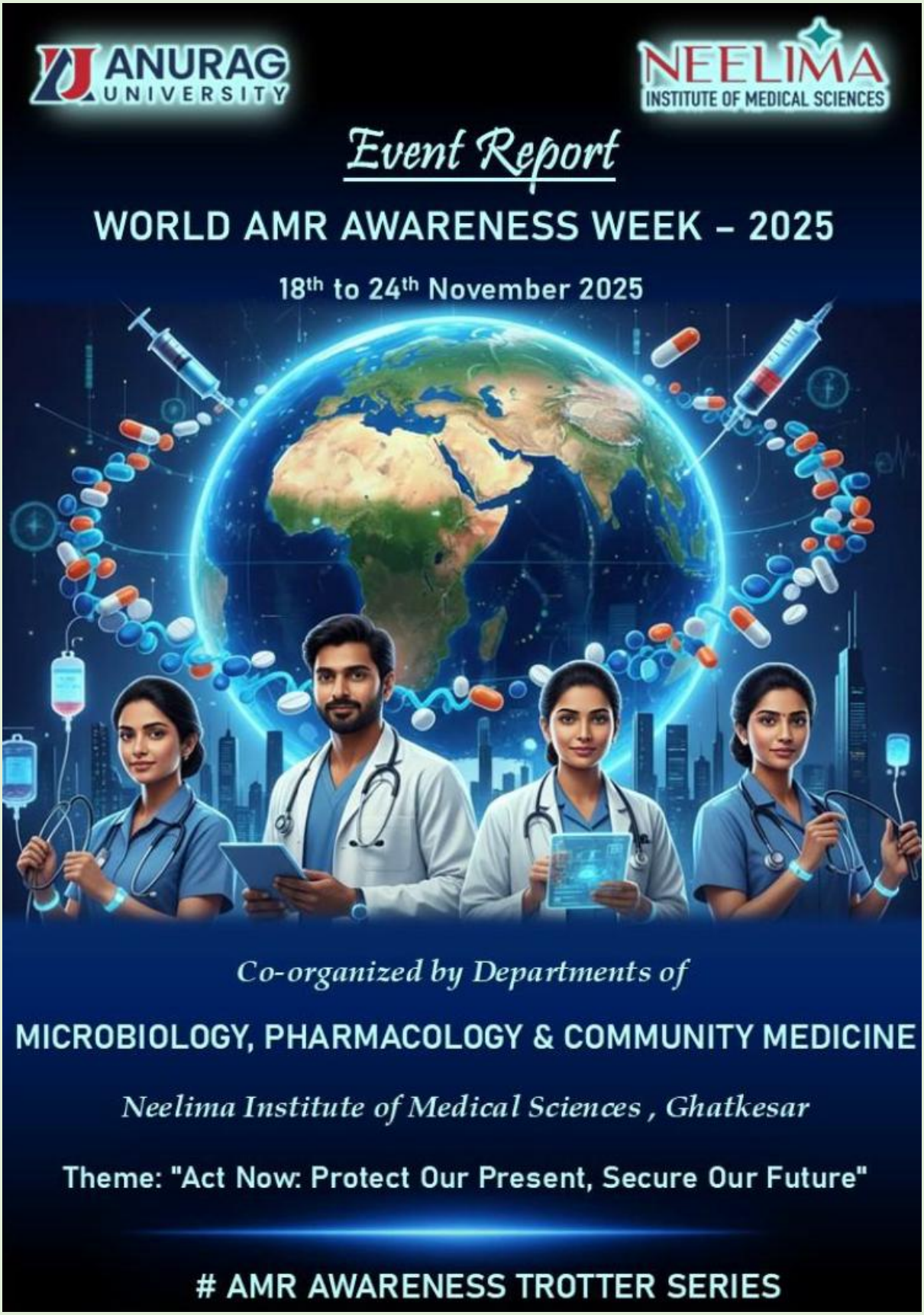




CONCLUSION-

In summary, the National Workshop on Good Clinical Practice 2025 proved to be a highly enriching program that successfully met its objectives. Each speaker contributed substantive expertise to their respective domains.

The workshop reaffirmed the importance of ethics and standards in clinical research and inspired participants to adopt practices aligned with both national regulations and international excellence.



ANURAG UNIVERSITY

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT REPORT

World Antimicrobial Resistance Awareness Week (WAAW) 2025

Introduction & Importance: World Antimicrobial Resistance Awareness Week (WAAW) 2025, observed globally from **18–24 November**, is an essential initiative highlighting the growing threat of **antimicrobial resistance (AMR)**—a challenge that endangers the effectiveness of life-saving antimicrobials and compromises public health systems worldwide. AMR continues to escalate as microbes adapt against the drugs meant to eliminate them, making infections harder to treat and routine medical procedures increasingly risky.

WAAW 2025 serves several key purposes. First, it promotes **awareness and education**, helping communities understand why misuse and overuse of antibiotics in humans, animals, and agriculture accelerates resistance. Second, it encourages **responsible practices**, such as completing prescribed antibiotic courses, avoiding self-medication, improving infection prevention and control, and supporting vaccination. Third, it underscores the importance of the **One Health approach**, recognizing that human, animal, and environmental health are interconnected, and that AMR must be addressed across all these sectors.

In India, the government has demonstrated strong commitment through the launch of **AMR Strategy 2.0 by the Ministry of Health and Family Welfare**. This updated framework focuses on strengthening surveillance, promoting antimicrobial stewardship, enhancing laboratory capacities, encouraging research and innovation, and developing coordinated multi-sectoral action across national and state levels. It lays a path for sustainable, system-wide interventions to curb the rise of drug-resistant infections.

At the state level, the **Government of Telangana** has also taken proactive steps to combat AMR. Through strengthened infection prevention programs, improved antibiotic stewardship in healthcare facilities, farmer and veterinarian education on rational antibiotic use, and collaborations with public health institutions, Telangana continues to build a robust environment focused on reducing resistance and safeguarding public health.

As a **Medical College—Neelima Institute of Medical Sciences, Ghatkesar, Telangana, under the aegis of Anurag University**—we recognise the depth and seriousness of the AMR threat. In solidarity with the global movement and in commitment to promoting responsible antimicrobial practices, we pledged our contribution through a series of initiatives. To commemorate WAAW 2025, we have launched the **AMR Awareness Trotter Series**, a set of educational and community-oriented events designed to spread awareness, encourage antimicrobial stewardship, and inspire collective action against antimicrobial resistance.

ANURAG UNIVERSITY

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT - 1

WORLD AMR AWARENESS WEEK – 2025

FLASH MOB & STREET PLAY



Organized by

Departments of Microbiology, Pharmacology & Community Medicine

Neelima Institute of Medical Sciences , Ghatkesar

Date : 21st Nov 2025, Friday, 3:00 pm to 4:00 pm

Venue: Anurag University Campus

FUN TROTTER

ANURAG UNIVERSITY

EVENT - 1

WAAW 2025 Outreach activity for Youth: Flash Mob & Street Play on AMR

Date: 21st November 2025 (Friday)
Venue: Anurag University Campus
Time: 3:30 PM – 4:00 PM
Number of Volunteers participated: 50 Students from Neelima Institute of Medical Sciences

A **Flash Mob followed by a Street Play** was conducted by the Departments of Microbiology, Pharmacology, and Community Medicine of **Neelima Institute of Medical Sciences** in collaboration with **NSS Cell & UBA RCI,** in alignment with this year's theme: "Act Now, Protect Our Present, Secure Our Future "on **21st November 2025 at the Anurag University campus** with the objective of spreading awareness on Antimicrobial Resistance (AMR) and promoting responsible use of antimicrobials among students and youth. The initiative aimed at educating the youth about the growing threat of AMR and encouraging preventive and responsible health practices.

A total of **50 enthusiastic student volunteers** from Neelima Institute of Medical Sciences participated in the event. Their energetic flash mob attracted a crowd of more than **300 students**, creating an impactful platform for awareness dissemination. The event concluded with a **Street Play skit** performed by the students, effectively highlighting the dangers of antimicrobial misuse and delivering a strong, positive message on AMR prevention.

The programme was graced and guided by several distinguished dignitaries and faculty members. The event was led by:

- **Professor & HOD of Microbiology:** *Dr. Aruna S*
- **Faculty of Microbiology:** *Dr. Yona M, Dr. Wajiha, Mr. Akmal, Mr. Devaraj, Ms. Kiranmai*
- **Professor & HOD of Community Medicine:** *Dr. P. Shruti*
- **Faculty of Community Medicine:** *Dr. Sandhya Rani, Dr. Soumya Shree*

The faculty were accompanied by:

- **UBA RCI Coordinator:** *Dr. Debendar Nath Dash*
- **Programme Coordinator, NSS Cell:** *Dr. C. Mallesha*
- **Programme Officers:** *Dr. P. Shruti (Unit 8)* and *Mr. Purushottam (Unit 3)*

The coordinated efforts of faculty, students, and NSS/UBA units ensured the success of this impactful awareness programme. The activity not only educated the students but also inspired them to act responsibly towards antimicrobial use, thereby contributing to the global fight against Antimicrobial Resistance (AMR).

Few Glimpses of the Flash Mob & Street play at Anurag University



ANURAG UNIVERSITY

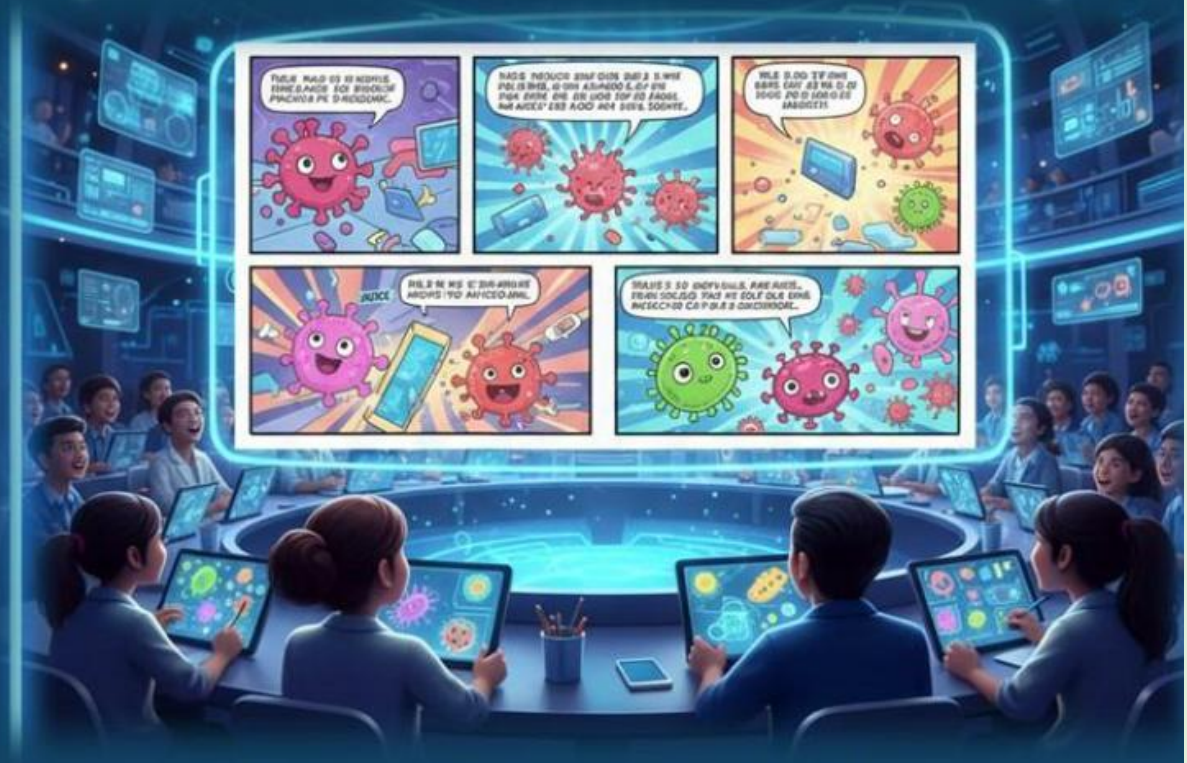
NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT - 2

WORLD AMR AWARENESS WEEK – 2025

E- CARTOON COMPETITION

FOR MBBS 2025 BATCH STUDENTS ONLY

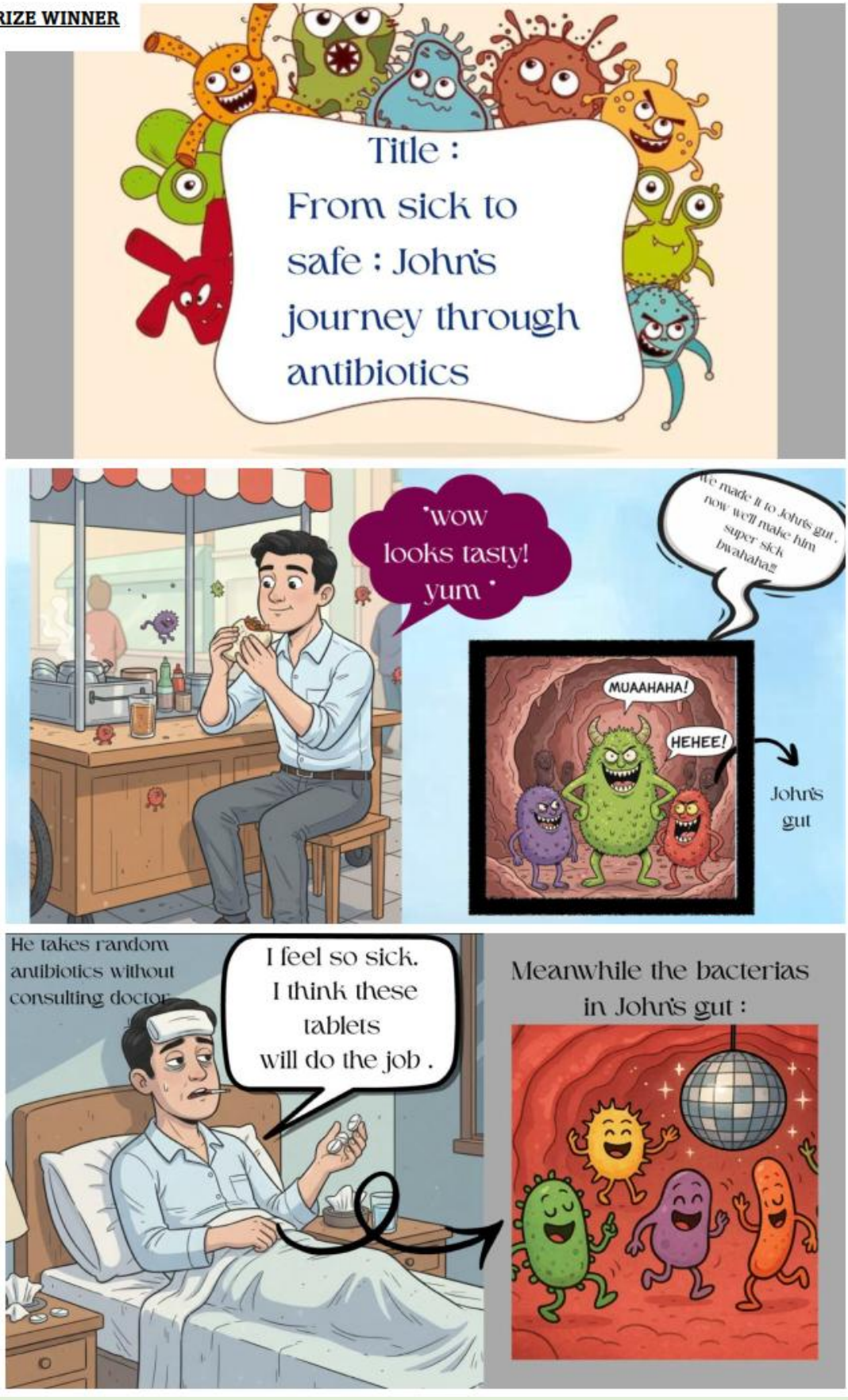


We conducted an E-cartoon competition for the MBBS 2025 batch students, who had joined the college on 12.11.2025, just ten days earlier. Despite being new to the Institution, the competition received enthusiastic participation, and it was impressive to witness the depth of knowledge and creativity showcased by the Phase 1 students through their E-cartoons. Their work was truly commendable. The first and second prize winners were awarded prizes in recognition of their outstanding performance.

 # MEME TROTTER

ANURAG UNIVERSITY

1ST PRIZE WINNER

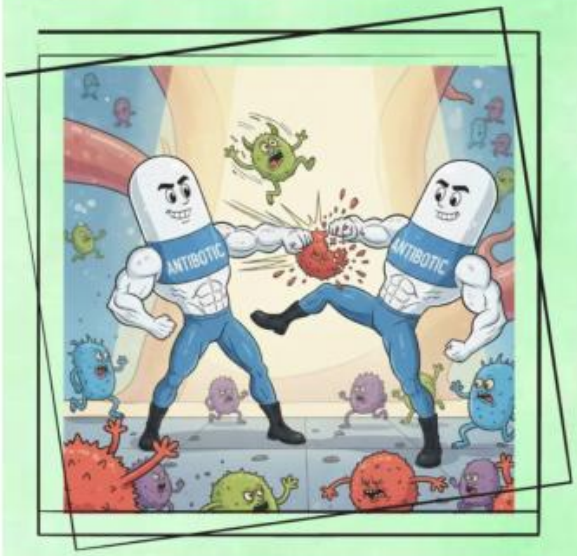


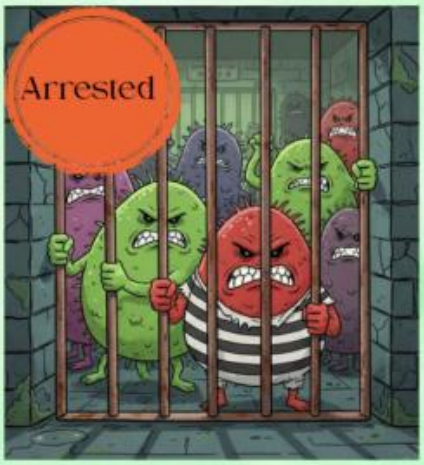


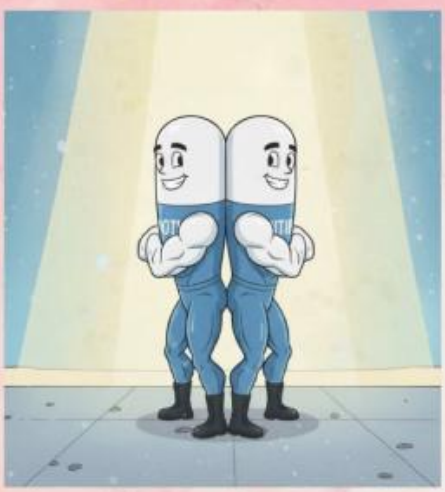
• The antibiotic doesn't work cuz it has been taken inappropriately and he develops antimicrobial resistance



• This time he goes to a doctor and doctor gives him the correct antibiotics







FEW IMPORTANT POINTS :

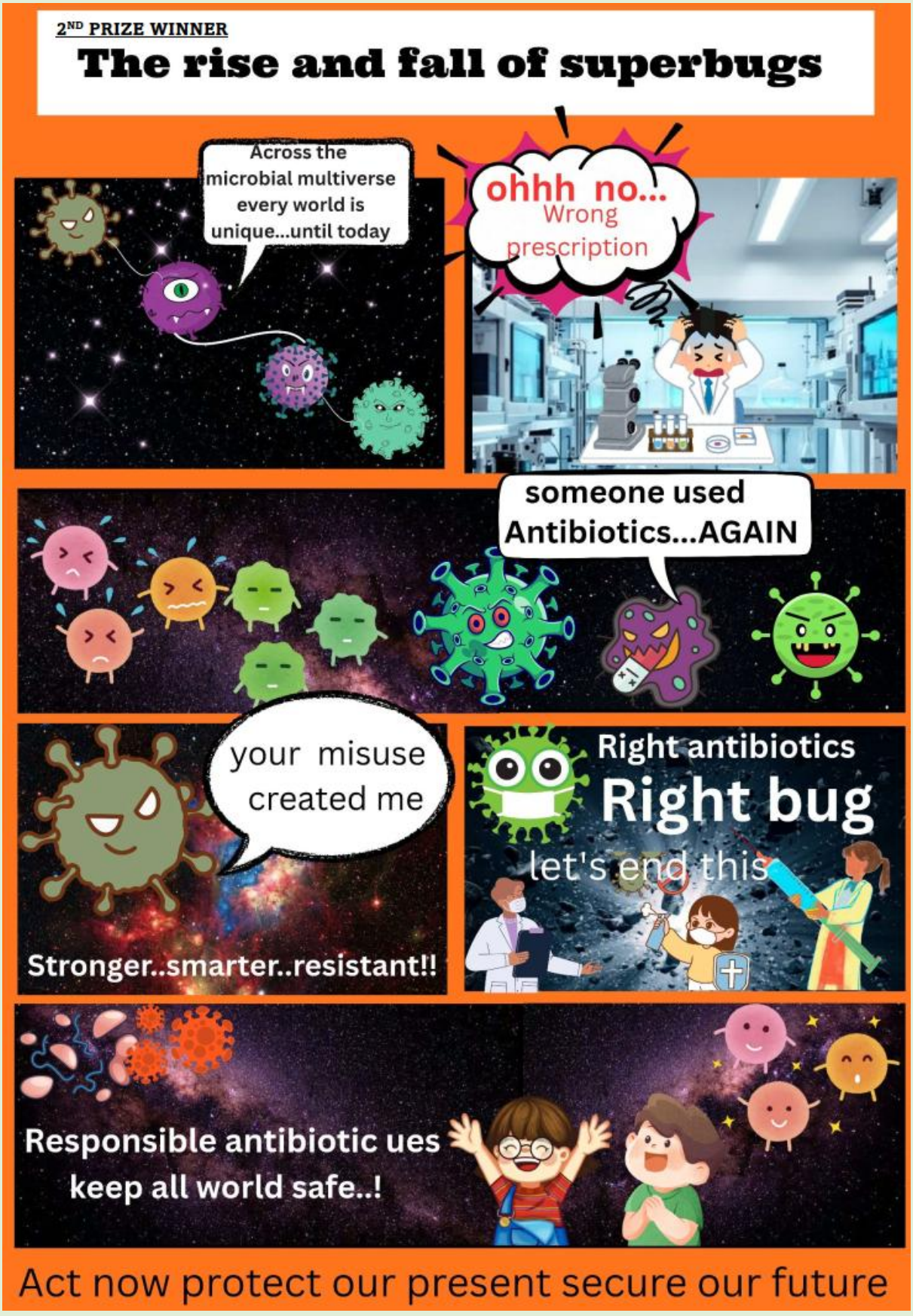
• Every unnecessary antibiotic use increases resistance

• New antibiotics are rarely being developed we must use the existing ones

• simple hygiene measures can reduce antibiotic use by 50%

• responsible use today - effective antibiotics tomorrow

•Antimicrobial resistance is everyone's responsibility - healthcare professionals, patient, community


2ND PRIZE WINNER
The rise and fall of superbugs
Across the microbial multiverse every world is unique...until today
ohhh no... Wrong prescription
someone used Antibiotics...AGAIN
your misuse created me
Stronger..smarter..resistant!!
Right antibiotics
Right bug
let's end this
Responsible antibiotic ues keep all world safe..!
Act now protect our present secure our future

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT – 3

WORLD AMR AWARENESS WEEK – 2025

REEL COMPETITION

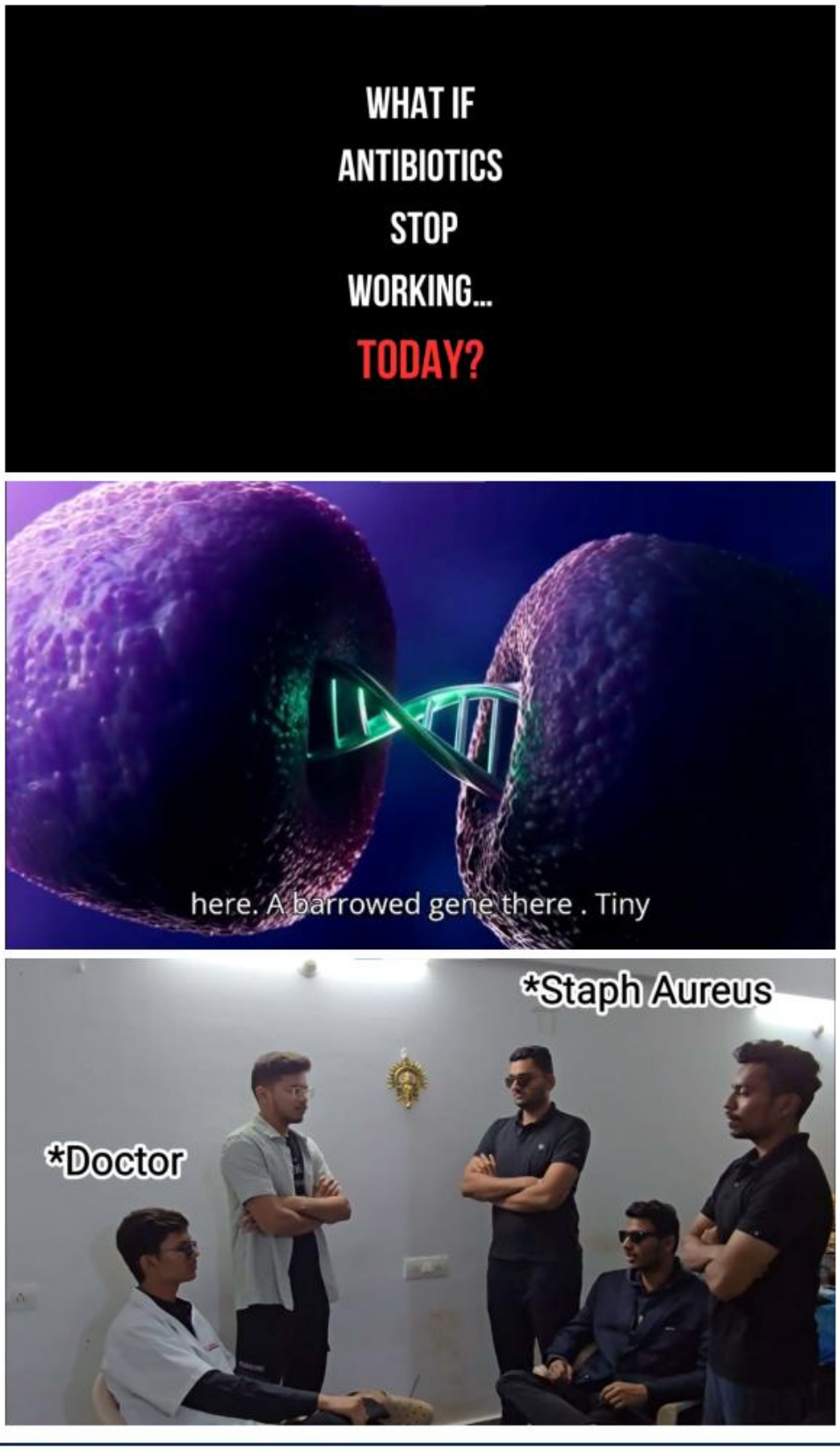
FOR MBBS 2023 & 2024 BATCH STUDENTS



We conducted a Reels Competition for MBBS 2023 and 2024 batch students, which received enthusiastic participation from both the batches. It was impressive to witness the creativity, message, and technical finesse displayed in the reels—many were fun, well-edited, and conveyed strong messages on AMR and rational antibiotic use. Entries were judged on creativity, relevance, clarity, and overall presentation. The first and second prize winners were awarded prizes.

MESSAGE TROTTER

ANURAG UNIVERSITY


WHAT IF
ANTIBIOTICS
STOP
WORKING...
TODAY?
here. A barrowed gene there . Tiny
*Staph Aureus
*Doctor


"Stop feeding resistance. Use antibiotics right."
Antibiotic Resistant Bacteria
ANTIBIOTICS CANT BE GIVEN WITHOUT PRESCRIPTION
Dr. Munna Bhai

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT – 4

WORLD AMR AWARENESS WEEK – 2025

AMR AWARENESS FOR UNDERGRADUATES



Time	Activity	Conducted by
10:00 – 10:10 AM	Pre-Test	Organizing Team
10:10 – 10:55 AM	Lecture 1: Introduction to Antimicrobial Resistance	Pharmacology Faculty
10:55 – 11:40 AM	Lecture 2: Busting the Myths of Antimicrobial Resistance	Microbiology Faculty
11:40 – 11:50 AM	Post-Test	Organizing Team
11:50 AM – 12:00 PM	Discussion / Closing Remarks	Organizing Team

Theme: "Act Now: Protect Our Present, Secure Our Future"

Date : 22nd Nov 2025, Saturday, 10:00 am to 12:00 noon

Venue: Lecture Hall 1 & 2, Neelima Institute of Medical Sciences

 # FOCUS TROTTER

ANURAG UNIVERSITY

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT - 4

AMR Awareness Session for Undergraduate Students

Date: 22nd November 2025 (Saturday)
Venue: Lecture Hall 1 & 2, Neelima Institute of Medical Sciences
Time: 10:00 AM – 12:00 noon

An AMR Awareness Session was conducted for MBBS undergraduate students on 22nd November 2025. The programme followed a structured format comprising a **pre-test, educational intervention, and post-test** to evaluate and strengthen students' knowledge of antimicrobial resistance.

The event commenced with a **Pre-Test,** via google forms after which students attended two thematic lectures:

- **Lecture 1: Introduction to Antimicrobial Resistance** – delivered by the Pharmacology faculty

S.No	MBBS Batch	Name of the faculty	Designation
1.	2025	Dr. K. Venu Gopala Rao	Professor of Pharmacology
2.	2024 + 2023	Dr. Vasavi Patra	Professor & HOD of Pharmacology
		Dr. M. Kalpana Ramanna	Assistant Professor of Pharmacology
		Dr. Swati Negi Fulmali	Assistant Professor of Pharmacology

- **Lecture 2: Busting the Myths of Antimicrobial Resistance** – delivered by the Microbiology faculty

S.No	MBBS Batch	Name of the faculty	Designation
1.	2025	Dr. Wajiha Iftekhar	Assistant Professor of Microbiology
2.	2024 + 2023	Dr. S. Aruna	Professor & HOD of Microbiology

Sessions were conducted separately for different batches. The 2025 batch participated in attended the session Lecture 1. Students from the 2023 and 2024 batches were jointly addressed in Lecture Hall 2.

The programme concluded with a **Post-Test,** which demonstrated enhanced understanding and active engagement from students. Overall, the session served as a valuable component in strengthening AMR awareness among undergraduate students.

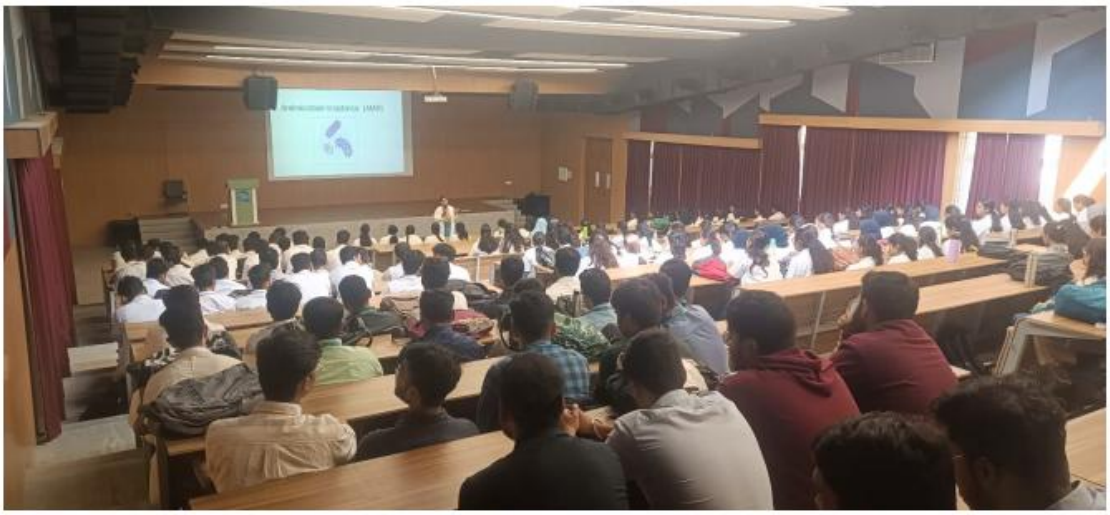
Note: Few pictures of the Awareness Session are attached below

ANURAG UNIVERSITY













ANURAG UNIVERSITY

EVENT - 5

WAAW 2025 Community Outreach: Flash Mob & Street Play on AMR

Date: 22nd November 2025 (Saturday)

Venue: Neelima Hospitals

Time: 12:00 noon – 1:00 PM

Number of Volunteers: 50 Students from Neelima Institute of Medical Sciences

As part of the World Antimicrobial Resistance Awareness Week (WAAW) 2025, the Departments of **Microbiology, Pharmacology, and Community Medicine** of Neelima Institute of Medical Sciences organized an engaging **Flash Mob and Street Play** at Neelima Hospitals. The programme aimed to raise community awareness on **Antimicrobial Resistance (AMR)** and emphasize the importance of responsible antimicrobial use.

50 student volunteers took part in the event, captivating the hospital crowd with an energetic flash mob that drew a large audience of about 350-400 **patients/ attendants**. The lively performance was followed by a compelling street play, where students creatively portrayed the risks associated with antimicrobial misuse and highlighted practical measures to prevent AMR. The combination of entertainment and education ensured the message reached a wide and diverse audience. The programme was guided and led by following faculty members:

Press 'Esc' to exit full screen mode

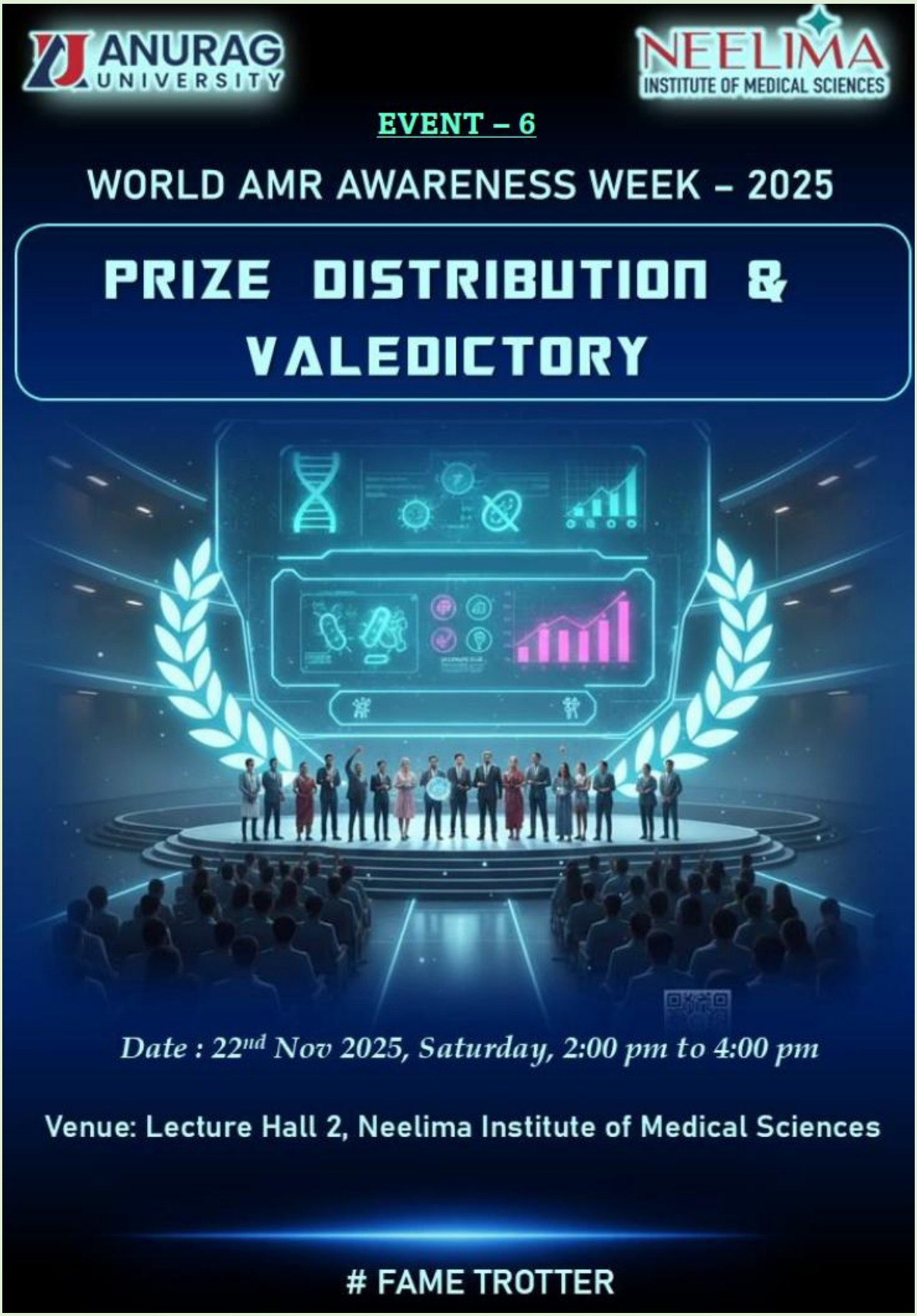
- **Professor & HOD of Microbiology:** *Dr. Aruna S*
- **Faculty of Microbiology:** *Dr. Wajiha, Mr. Akmal and Mr. Devaraj*
- **Professor & HOD of Pharmacology:** *Dr. Vasavi Patra*
- **Faculty of Pharmacology:** *Dr. Venu Gopala Rao, Dr. Kalpana Ramanna, Dr. Swati Negi and Dr. Venkata Ramana*

Thanks to the dedicated involvement of faculty and the enthusiastic participation of students, the outreach programme became a highly impactful awareness effort—successfully engaging the public while instilling a stronger sense of responsibility towards antimicrobial use. Event photos are attached below.




eelima Hospitals




ANURAG UNIVERSITY
NEELIMA INSTITUTE OF MEDICAL SCIENCES
EVENT – 6
WORLD AMR AWARENESS WEEK – 2025
PRIZE DISTRIBUTION & VALEDICTORY
Date : 22nd Nov 2025, Saturday, 2:00 pm to 4:00 pm
Venue: Lecture Hall 2, Neelima Institute of Medical Sciences
FAME TROTTER

EVENT – 6

Prize Distribution & Valedictory Ceremony

Date: 22nd November 2025 (Saturday)

Venue: Lecture Hall 2, Neelima Institute of Medical Sciences

Time: 2:00 PM – 4:00 PM

The Prize Distribution Ceremony and Valedictory Programme were conducted to on 22nd November 2025, Saturday. The programme aimed to appreciate and recognise the efforts of MBBS students who actively participated in the AMR awareness events.

Prizes and mementoes were awarded to the **1st and 2nd prize winners** of the **Reels Competition** (MBBS 2023 & 2024 batches) and the **E-cartoon Competition** (MBBS 2025 batch). Mementoes were also distributed to all the student volunteers who took part in the **Flash Mob and Street Play** activities conducted at Anurag University and Neelima Hospitals. The Dean of the Institution- Prof. (Dr.) Lakshmi Prasanna and faculty members from various departments, attended the ceremony and congratulated the students for their enthusiastic participation. The programme ended with brief valedictory remarks, acknowledging the success of the week-long awareness activities and encouraging the students to continue promoting responsible antimicrobial practices.

List of Competition winners is as follows

S.No	Competition	Prize	Name of the student	Batch
1.	E-cartoon	1st	Pradnya Kiran Gopalghare	MBBS 2025
		2nd	Sayali Nalawade & Sahyadri Chavan	MBBS 2025
2.	Reels	1st	M. Jeswanth Bhaskar S. Vinaya Pranathi G. S. V. Siddhartha	MBBS 2023
		2nd	Deeptanshu Omer Mahetab Abdul Rehman Majeed Khan	MBBS 2023 & MBBS 2024

Few pictures of the Prize Distribution Ceremony and Valedictory Programme are attached below.


PARTICIPANTS OF FLASH MOB & SKIT

ANURAG UNIVERSITY

NEELIMA INSTITUTE OF MEDICAL SCIENCES

EVENT – 7

WORLD AMR AWARENESS WEEK – 2025

AMR AWARENESS FOR NURSING STUDENTS



Time	Activity	Conducted by
2:00 – 2:30 PM	Poster Competition : Display of Posters	Organizing Team
2:30 – 3:00 PM	Awareness Program on AMR	Microbiology Faculty
3:00 – 3:30 PM	Infection Prevention & Control Practices and Biomedical Waste Management	Microbiology Faculty
3:30 – 4:00 PM	Prize Distribution & Valedictory	Organizing Team

Theme: "Act Now: Protect Our Present, Secure Our Future"

Date : 24th Nov 2025, Monday, 2:00 pm to 4:00 pm

Venue: Neelima College of Nursing, Neelima Institute of Paramedical and Allied Health Sciences, Anurag University

 # FOCUS TROTTER

ANURAG UNIVERSITY

EVENT – 7

AMR Awareness Programme for Nursing & Paramedical Students

Date: 24th November 2025 (Monday)

Venue: Neelima College of Nursing & Neelima Institute of Paramedical and Allied Health Sciences, Anurag University

Time: 2:00 PM – 4:00 PM

An AMR Awareness Programme was conducted for the students of Neelima College of Nursing and Neelima Institute of Paramedical and Allied Health Sciences on 24th November 2025. The session was organised by the **Department of Microbiology** as part of the World Antimicrobial Resistance Awareness Week (WAAW) 2025 activities.

The programme included the following activities:

- **2:00 – 2:30 PM | Poster Competition – Display of Posters**
  Nursing students presented posters highlighting the causes, consequences, and prevention of Antimicrobial Resistance (AMR).
- **2:30 – 3:00 PM | Awareness Program on AMR**
  Microbiology faculty delivered an interactive session explaining AMR, its public health impact, and the importance of rational antimicrobial use.
- **3:00 – 3:30 PM | Infection Prevention & Control Practices and Biomedical Waste Management**
  Students were oriented on essential IPC measures and safe Biomedical waste handling to reduce hospital-acquired infections and prevent the spread of resistant microbes.
- **3:30 – 4:00 PM | Prize Distribution & Valedictory**
  Prizes were awarded to the best posters, followed by a brief valedictory note appreciating the nursing and paramedical students for their active participation.

The programme effectively enhanced awareness among nursing and paramedical students, reinforcing their vital role in AMR prevention and safe healthcare practices. Pictures of the event are attached below.

ANURAG UNIVERSITY


Key Message
"Antibiotics are precious – handle with care
The power to prevent AMR is in our hands."
ANURAG UNIVERSITY
ANURAG UNIVERSITY



ANURAG UNIVERSITY

STUDENTS' ACHIEVEMENT REPORT

National Level One Health Competitions – IAPSM & ICMR Joint Initiative

Neelima Institute of Medical Sciences, Anurag University, proudly announces the outstanding achievements of our students at the **National Level One Health Competitions**, a prestigious joint initiative conducted by the Indian Association of Preventive and Social Medicine (IAPSM) and the Indian Council of Medical Research (ICMR). The competitions were held from **1st November to 30th November 2025**, bringing together talented medical students from institutions across the country to showcase their scientific creativity, public health awareness, and commitment to the One Health concept. Our students demonstrated exceptional academic excellence and innovation, securing commendable positions at the national level.

Achievements

First Place – One Health Photography Competition

Ms. Manaswini Yata
MBBS - 2023 Batch
Neelima Institute of Medical Sciences

Ms. Manaswini Yata secured the **First Place** in the One Health Photography Competition (Figure 1) by capturing a compelling visual representation of the interconnectedness between human, animal, and environmental health.

Fifth Place – One Health E-Poster Competition

Ms. Lalitha Marimuthu
MBBS - 2023 Batch
Neelima Institute of Medical Sciences

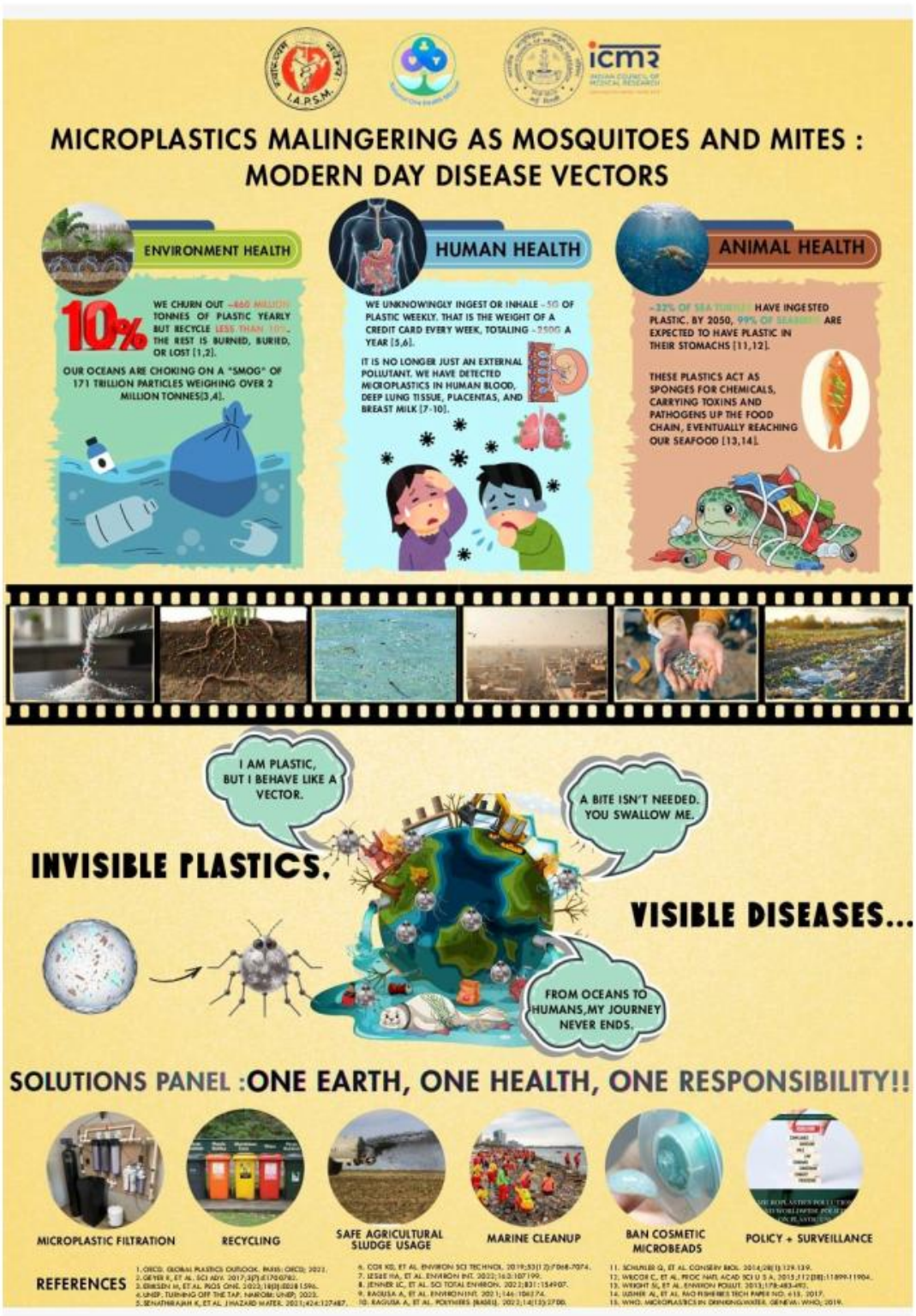
Ms. Lalitha Marimuthu achieved **Fifth Place** in the One Health E-Poster Competition (Figure 2) by presenting an informative and scientifically sound poster addressing key public health challenge of Microplastics within the One Health framework.

These achievements reflect the dedication, academic rigor, and innovative spirit of our students, as well as the Institution's commitment to promoting excellence in medical education, research, and public health awareness.

The Institution extends heartfelt congratulations to the winners and acknowledges the valuable guidance provided by the **Faculty Mentor** - **Dr. Yona Manchikalapatl**, Assistant Professor, Department of Microbiology. Their success brings pride and recognition to the Institution at the national level and reinforces our mission to nurture future healthcare professionals.



He cares for the goat , the goat smiles back and the earth quietly thanks them that's the One health loop in action .



ANURAG UNIVERSITY

Sharing University Sports Facilities with Local Community

Anurag University provides its campus sports facilities to neighbouring schools and the local community entirely free of cost. This welfare measure supports grassroots athletics, youth empowerment, and holistic student development across the surrounding region.

Purpose and Community Impact

- **Bridging Infrastructural Gaps:** Offering free access to university amenities removes financial barriers and allows young students of local schools to participate in regular practice sessions, structured training, and inter-school events.

- **Fostering Student Growth:** Access to a dedicated sporting environment helps local youth build physical fitness, teamwork, and discipline, in addition to a safe space to develop their talents.

- **Strengthening Regional Ties:** Encourages partnership with the wider community, promoting shared growth and mutual support.

Operational Guidelines and Access

To maintain the quality and availability of its grounds, Anurag University manages the initiative through a structured scheduling system:

- **Application Process:** Interested schools must submit an application well in advance, outlining their proposed dates, time slots, and event details.
- **Approval Criteria:** The Director of Sports reviews requests based on facility availability, the nature of the planned activity, and alignment with campus schedules.
- **Usage Terms:** Visiting institutions must strictly adhere to allotted timings, maintain cleanliness, prevent any property damage, and ensure the grounds are used only for non-commercial purposes.

https://www.anurag.edu.in/assets/documents/70c654a3a66dc0e36d16d85f098973b4099f9df8.pdf/Utilisation%20of%20Sports%20Facilities%20at%20AU.pdf

PUBLIC NOTICE

Utilisation of Sports Facilities at Anurag University

As part of the University's Social Responsibility Initiative, Anurag University is pleased to announce that its sports facilities will be made available to schools in the surrounding areas and the local community, at no cost, reaffirming the University's commitment to community development and youth empowerment.

Any school wishing to utilise the University's sports amenities for practice sessions, training, or inter-school events may do so upon prior application and formal approval from the Director of Sports, Anurag University.

Institutions are requested to submit their application with proposed dates, time slots, and activity details well in advance to facilitate scheduling and necessary arrangements.

Approval will be granted based on:

- Availability of facilities
- Nature of the event/activity
- Compliance with University guidelines (time of usage, damages to facilities, maintaining cleanliness, and consent not to use the facilities for any commercial purposes etc.)

For further information or application submission, please contact: Dr. Tara Singh, Director of Sports, Anurag University, Hyderabad at sports@anurag.edu.in

We look forward to supporting the holistic development of students and strengthening our collaboration with the community.

— Anurag University Management

Anurag Balotsav 2025

A Report on Event Conducted for Neighbouring School Students

1. Event at a Glance

Item	Details
Event name	Anurag Balotsav 2025
Date	15 November 2025
Venue	Anurag University
Organized by	Office of Events & Operations (OEO) in collaboration with different departments
Target audience	School children (inter-school participation)
Participating schools	18
Accompanying teachers	40+
Student participants	800+
Participants per event	Approximately 70
Awards	Top 3 winners in every activity, and Best School Award
Events	Sports, literary, arts and fun games (memory challenge games)

2. Introduction

Anurag Balotsav 2025 was an inter-school festival hosted by Anurag University on 15 November 2025 for school children. The event invited schools from the surrounding region to showcase their students' talents across literary events (essay writing, elocution, spell bee), talent shows (drawing and painting, singing, dance), sports (relay race, tug of war) and memory games. It gave young learners a platform to compete, collaborate and experience a university

campus, while strengthening the University's engagement with the school community.

3. Objectives

- To provide school students a platform to demonstrate creative, intellectual and physical abilities.
- To encourage holistic development through literary, artistic, sporting and cognitive activities.
- To strengthen outreach and collaboration between the University and local schools.
- To expose school students and teachers to the University's campus, facilities and academic culture.
- To recognize and motivate talent through awards and certificates.

4. Participation Summary

Category	Count
Schools	18
Teachers / escorts	40+
Student participants	800+
Average participants per event	~70

5. Activities Conducted

Competitions were held across four broad categories, with approximately 70 participants in each event.

Category	Events	Participants
Literary League	Essay Writing, Elocution, Spell Bee	~70 per event
Talent Show	Drawing & Painting, Singing , Dance	
Sports Fiesta	100m race, 4x100m relay race, Tug of War	
Memory Games	Memory Game	

6. Awards and Recognition

- Winners: Prizes and certificates were awarded to the top three participants in each activity.
- Best School Award: Bashyam Blooms School was adjudged the Best School of Anurag Balotsav 2025 for its overall performance and participation.
- Participation certificates for all the participants

7. Event Schedule

Time	Activity	Venue
9:00–9:30 AM	Registration of schools and students; ID tags distributed	D-Auditorium Lobby
9:15–9:45 AM	University videos screened	D-Block Auditorium
9:45–10:30 AM	Inauguration: university presentation and speeches	D-Block Auditorium
10:40 AM–12:10 PM	Literary League and Memory Game (one per student)	Essay Writing: D-103, 107; Elocution: D-Block Seminar Hall; Spell Bee: D-Block Auditorium; Memory Game: E-Block Auditorium
12:15–1:00 PM	Lunch	Canteen
1:00–2:30 PM	Talent Show (one per student): Drawing & Painting, Singing, Dance	Drawing & Painting: D-Seminar Hall; Singing: D-Block Auditorium; Dance: E-Block Auditorium
2:30–3:00 PM	Sports Fiesta (inter-school): Relay Race, Tug of War	Sports Ground
3:00–3:30 PM	Guided campus tour: academic blocks, labs, sports facilities	Across campus
3:30–4:00 PM	Prize distribution: certificates, medals, trophies; Best School Award	D-Block Auditorium
4:00–4:15 PM	Group photo and refreshments	Central Lawn

8. Outcomes and Impact

- Strong inter-school participation, with 18 schools and over 800 students on a single day.
- Increased visibility of the University among schools, teachers and prospective students.
- Opportunities for University students and faculty to take part in organizing, mentoring and volunteering, which builds teamwork, leadership and event-management skills.
- Recognition of talent across literary, artistic, sporting and cognitive domains.

9. Conclusion

Anurag Balotsav 2025 was successfully conducted with enthusiastic participation from schools and students. The event met its objectives of promoting talent, building ties with the school community and showcasing the University. The University intends to continue and expand this initiative in coming years.

Glimpses from the Event











ANURAG UNIVERSITY


ANURAG UNIVERSITY
SHINING BRIGHT AT
ANURAG UNIVERSITY!
Anurag
Balotsav







ANURAG UNIVERSITY

Reproductive and Sexual Health-Care Services

NEELIMA 9: A Special Reproductive Maternity Care Initiative by Neelima Hospital, NIMS, Anurag University

Neelima Hospital offers NEELIMA 9, a dedicated program designed to support expecting mothers with safe, affordable, and compassionate maternity care.

Every Month on the 9th, Pregnant women who register between 8:00 AM and 1:00 PM can avail exclusive benefits:

Normal Delivery – FREE

Cesarean Section – ₹10,000 only including pharmacy and procedures. Any emergency situation, 5000 will be charged extra.

50% Discount on Investigations, Pharmacy, and Radiology – valid for OPD

With NEELIMA 9, we aim to make quality maternal care accessible and stress-free for every mother. At Neelima Hospital, your comfort, health, and birthing experience are our top priorities.

Progress of Neelima 9 Programme in 2025

During January–December 2025, the Neelima 9 Programme of Neelima Hospitals conducted **12 monthly camps**, organised on the 9th of every month. The programme recorded a total of **528 women beneficiaries** during the year, with monthly participation ranging from 30 women in February to 61 women in September.

A total of **255 deliveries** were recorded through Neelima 9 cards during the reporting period, reflecting the programme's continued engagement with women beneficiaries and follow-up through pregnancy and delivery. The monthly records also capture the mode of delivery. These include **13 normal deliveries recorded during January–June and 164 LSCS deliveries** across the months for which delivery-mode details were entered. Since mode-wise entries are incomplete for certain months, these figures represent the recorded data and not the complete distribution of deliveries by mode.

The conduct of camps every month throughout the year, together with the number of beneficiaries and deliveries recorded, demonstrates the programme's continued progress in reaching pregnant women and facilitating access to maternal healthcare services.

NEELIMA HOSPITALS

NEELIMA 9 PROGRAMME | PROGRESS NOTE | JANUARY–DECEMBER 2025

The Neelima 9 programme conducted its camps on the 9th of every month during 2025. The monthly register records women beneficiaries and deliveries linked to Neelima 9 cards, reflecting continued outreach and follow-up through the year.

528	255	12
Women beneficiaries recorded	Deliveries through Neelima 9 cards	Monthly camps (Jan–Dec)

Key progress highlights

- The register shows 528 women beneficiaries across the 12 monthly camps. Monthly beneficiary counts ranged from 30 (February) to 61 (September).
- A total of 255 deliveries are recorded as having taken place through Neelima 9 cards during the year.
- The delivery-mode columns record 13 normal deliveries for January–June and 164 LSCS deliveries across the months where figures are entered. Some monthly mode entries are blank, so these figures should be treated as recorded entries rather than a complete mode-wise total.

Photographs from Neelima 9 camp activities








ANURAG UNIVERSITY

Other Reproductive & Sexual Facilities Offered

Neonatal Intensive Care Unit (NICU)

Neelima Hospital's Neonatal Intensive Care Unit (NICU) provides specialised care to newborn infants in need of intensive medical attention. The NICU collaborates with ther departments to ensure comprehensive treatment for infants with complex conditions, optimising their health outcomes through an interdisciplinary approach.





Paediatric Intensive Care Unit (PICU)

The PICU at Neelima Hospital provides exceptional care to newborn infants requiring intensive medical attention. The dedicated PICU team comprises neonatologists, paediatricians, nurses, and specialists who specialise in newborn care. The NICU collaborates with other departments for seamless care, employing an interdisciplinary approach to optimise health outcomes for newborns with complex conditions.





ANURAG UNIVERSITY

Operation Theatre

Neelima Hospital's state-of-the-art Operation Theatre ensures excellence in healthcare. The well-organised layout optimises workflow with designated zones for preparation. A highly skilled team of surgeons, anesthesiologists, nurses, and support staff collaboratively provide exceptional care. Their expertise, combined with advanced technology and meticulous design, ensures optimal patient outcomes.





ANURAG UNIVERSITY

Support for Good Mental Health to Students & Staff

Building a Culture of Wellness and Safety

At Anurag University, well-being is woven into the rhythm of campus life. From accessible health care and fitness spaces to proactive safety and inclusion measures, every initiative reflects our belief that learning thrives when individuals feel safe, supported, and cared for. It provides 24/7 on-campus health support and emergency response for staff and students.

Mental Wellness & Safety

Mental wellness and safety are vital for a thriving university community. Students should feel supported, respected, and free to seek help when needed. Accessible counselling, peer programs, and safe spaces build emotional strength. Workshops and awareness initiatives help manage stress and promote balance. A caring campus ensures every student feels secure to learn and grow.

In keeping with this commitment, Anurag University established the Manorag Wellness Centre in 2025 to promote and support the mental health and psychological well-being of both students and staff. Complementing the broader healthcare services available through Neelima Hospitals, under the Neelima Institute of Medical Sciences, the Centre focuses specifically on addressing the psychological and emotional well-being of the university community. It provides regular counselling, individual mentoring and other forms of psychological support to help students address emotional distress, personal difficulties, academic pressure and other challenges that may affect their mental well-being. Through these interventions, the Centre seeks to create an environment in which individuals feel comfortable discussing their concerns and accessing appropriate support without hesitation.

In addition to the professional counselling services provided by the Centre, the University encourages faculty members to play an active role in identifying and addressing students' mental health concerns. Faculty members are sensitised and trained to incorporate a mentoring approach that takes into consideration the emotional and psychological well-being of students. They are encouraged to maintain regular interaction with their mentees, observe changes in their behaviour, academic engagement and general disposition, and identify any indications of emotional distress or other concerns that may

warrant professional intervention. Wherever necessary, faculty mentors are advised to guide such students to the counsellors at Manorag Wellness Centre for appropriate assistance. This coordinated approach, involving faculty mentors and professional counsellors, helps facilitate early identification of concerns, timely intervention and sustained support, thereby strengthening the University's commitment to fostering a safe, caring and mentally healthy campus.



Senior Counsellor with a student

Monthly Report of Activities of Manorag Wellness Centre in 2025

❖ MAY 2025

During May 2025, the Centre conducted six sessions, including workshops and other mental health-related interventions, catering to the specific needs of students and faculty members. These activities focused on building awareness, addressing common psychological and emotional challenges and promoting a culture in which seeking professional support is encouraged.

1. Mental Health Awareness and Assessment

As part of its efforts to understand the mental health needs of students, the University administered a mental health survey among the student community. The survey was designed to identify areas of concern, understand students' experiences with mental health challenges and obtain insights into the factors that may influence their psychological well-being. The findings provide an opportunity to better understand student concerns and identify areas requiring attention through counselling, mentoring and awareness programmes.

The survey also serves as an important input for planning targeted interventions and strengthening the mental health support mechanisms available on campus. By seeking to understand students' experiences and concerns, the University aims to make its mental health initiatives more responsive to their needs.

2. Development of Counselling Tools

To strengthen the effectiveness and structure of its counselling interventions, the Manorag Wellness Centre designed nine tools for use during counselling sessions. These tools are intended to facilitate meaningful interactions between counsellors and students and support individuals in understanding and addressing their emotional and psychological concerns.

The tools have been developed with four broad objectives:

- **Enhancing self-awareness**: Helping students understand their emotions, thoughts, behavioural patterns, strengths and areas requiring personal development.
- **Building emotional intelligence**: Enabling students to recognise, understand and manage their emotions while developing empathy and constructive interpersonal relationships.

- **Improving coping strategies**: Equipping students with practical approaches to manage stress, overcome challenges and respond positively to difficult situations.
- **Supporting long-term well-being**: Encouraging healthy emotional habits, personal growth and sustained psychological well-being.

The use of these tools is intended to provide a more structured approach to counselling and help students develop skills that extend beyond individual counselling sessions.



Students' response to the toolkit displayed on the notice board outside the counselling room

3. Workshops for Medical College Faculty Members

Recognising the important role played by faculty members in students' academic and personal development, the Manorag Wellness Centre organised two workshops for faculty members of the Medical College. These workshops focused on understanding student behaviour, strengthening faculty–student relationships and promoting appropriate approaches to addressing students' psychological and emotional needs.

Workshop 1: Developmental Stages, Behaviour and Generational Differences

The first workshop covered the following themes:

- Understanding different developmental stages and the behavioural characteristics associated with them.
- Examining the generational gap between faculty members, predominantly belonging to Generation X (Gen X), and students, largely belonging to Generation Z (Gen Z).
- Understanding how differences in communication styles, expectations, attitudes and perspectives can influence faculty–student interactions.

- Developing appropriate approaches to communication and engagement to bridge generational differences and foster better understanding between lecturers and students.
- The workshop emphasised the importance of recognising generational differences and adapting teaching, mentoring and communication approaches to create a more empathetic and supportive learning environment.

Workshop 2: Do's and Don'ts for Lecturers

The second workshop focused on the appropriate practices and behavioural expectations of lecturers while interacting with students. It highlighted the importance of maintaining a respectful, sensitive and supportive approach in academic settings.

The discussions centred on appropriate and inappropriate ways of communicating with students, responding to their concerns and handling situations that may affect their emotional well-being. The workshop sought to sensitise faculty members to the impact their words, actions and classroom behaviour can have on students' confidence, motivation and psychological safety.

Together, these workshops aimed to strengthen the capacity of faculty members to recognise student concerns, interact sensitively and contribute to a campus environment that supports mental health and emotional well-being.

4. Mental Health Awareness Workshop for Students

In addition to faculty-oriented interventions, the Manorag Wellness Centre organised one workshop for first- and second-year Medical College students. The workshop focused on creating awareness about mental health, helping students recognise potential concerns and encouraging them to overcome barriers that may prevent them from seeking support.

The workshop addressed three key themes:

- **Barriers to Mental Health**: Exploring the common barriers that prevent individuals from acknowledging mental health concerns or seeking assistance, including stigma, fear of judgement, lack of awareness and misconceptions about counselling and psychological support.
- **Signs of Good versus Poor Mental Health**: Helping students understand the characteristics associated with positive mental well-

being and recognise possible indicators of psychological distress or declining mental health.

- **Practical Tips for Overcoming Mental Health Barriers**: Discussing practical approaches to addressing mental health challenges, seeking timely assistance, developing healthy coping mechanisms and accessing available support systems.



The workshop encouraged students to view mental health as an integral part of their overall well-being and to seek appropriate guidance whenever they experience emotional or psychological difficulties. It also sought to promote a more open and accepting attitude towards mental health within the student

❖ JUNE 2025

In June 2025, the Centre conducted 10 counselling and related sessions. Although June is generally a relatively less active month owing to the academic holidays, the Centre continued to provide its services, with staff members making use of the available support facilities during this period. This reflects the Centre's commitment to ensuring continuity and accessibility of mental health support even during periods of reduced academic activity.

1. Development of Mental Health Assessment Tools

To enhance the effectiveness of counselling interventions, the Centre designed a Mental Status Examination (MSE) sheet for assessing students during counselling sessions. The sheet provides a structured framework for counsellors to assess and document relevant aspects of a student's mental and psychological state. It facilitates a more systematic understanding of individual concerns and helps counsellors identify areas that may require further attention or appropriate intervention.

The introduction of this assessment tool is intended to bring greater structure and consistency to the counselling process, support the identification of students' needs and assist counsellors in monitoring their progress during subsequent interactions.

2. Exploring Cognitive Behavioural Therapy Techniques

The Centre also explored the application of Cognitive Behavioural Therapy (CBT) techniques to enhance the quality and effectiveness of counselling sessions. CBT focuses on understanding the relationship between an individual's thoughts, emotions and behaviours and helps individuals identify and modify unhelpful patterns of thinking.

The exploration of CBT-based approaches is intended to enrich the therapeutic experience by incorporating practical techniques that help students understand their thought processes, challenge negative thinking patterns and develop healthier responses to challenging situations. These approaches can also support the development of constructive coping mechanisms, emotional regulation and problem-solving skills.

By exploring such evidence-informed therapeutic approaches, the Centre aims to continuously strengthen its counselling practices and provide students with appropriate strategies to manage psychological and emotional challenges.

3. New Staff Orientation Programme – "Thriving First 90 Days"

As part of its efforts to promote employee well-being and facilitate the smooth integration of newly inducted employees into the University, an orientation programme titled "Thriving First 90 Days" was organised as an ice-breaking initiative under the Department of OTAM.



The programme was designed to help new staff members become familiar with their work environment, establish positive professional relationships and develop the interpersonal skills required to adapt effectively to their new roles. Recognising that the initial period of employment can involve adjustments to new responsibilities, workplace expectations and professional relationships, the programme placed emphasis on communication, collaboration and maintaining a healthy work–life balance.

The following themes were covered during the programme:

a) Thriving in the First 90 Days

This session focused on helping newly inducted staff members understand the importance of the initial 90 days in their professional journey. It highlighted the need to familiarise themselves with institutional practices, understand workplace expectations, adapt to their responsibilities and establish a positive approach towards their new roles.

b) Building Positive Connections

The session emphasised the importance of developing constructive relationships with colleagues, supervisors and other members of the University community. It highlighted how mutual respect, trust, cooperation and a sense of belonging contribute to a positive and supportive workplace environment.

c) Tips for Effective Communication

This session addressed the importance of clear, respectful and effective communication in professional settings. Staff members were introduced to approaches for expressing ideas, listening actively, sharing feedback and handling workplace interactions constructively. The discussions also highlighted the role of communication in preventing misunderstandings and strengthening teamwork.

d) The Art of Work–Life Balance

The session focused on the importance of maintaining a healthy balance between professional responsibilities and personal well-being. It addressed the need for effective time management, prioritisation of tasks, setting appropriate boundaries and allocating sufficient time for personal interests and relaxation. The objective was to encourage staff members to adopt sustainable work practices and avoid excessive work-related stress.

Interactive Activities and Engagement

In addition to the thematic sessions, the programme incorporated fun-filled and interactive activities to encourage participation and facilitate informal interaction among staff members. These activities were designed to demonstrate the importance of effective communication, collaboration and maintaining a balance between professional responsibilities and personal well-being. The ice-breaking exercises also provided opportunities for newly inducted employees to connect with one another and develop a sense of belonging within the institution.

Overall, the programme sought to create a welcoming environment for new employees and equip them with practical insights and interpersonal skills to navigate their initial months at the University effectively.

4. Development of Counselling and Self-Help Tools

As part of its continuing efforts to strengthen counselling services, the Manorag Wellness Centre designed a set of nine structured tools and worksheets to support students during counselling sessions and encourage self-directed personal development.

The tools developed include:

1. **Continuum on Mental Health and Self-Help Tools:** Helps students understand mental health as a continuum and recognise the importance of taking appropriate steps to maintain and improve their psychological well-being.
2. **Anxiety Breakdown Worksheet:** Helps students identify anxiety-provoking situations, understand their associated thoughts and feelings, and explore practical ways of managing anxiety.
3. **Gratitude Journal Worksheet:** Encourages students to recognise and record positive experiences and aspects of their lives, fostering a sense of appreciation and a more positive outlook.
4. **Self-Reflection Worksheet:** Provides an opportunity for students to examine their thoughts, emotions, experiences and behavioural patterns, thereby improving self-understanding and personal awareness.
5. **Thought Reframing Worksheet:** Helps students identify unhelpful or negative thought patterns and develop more balanced, constructive and realistic ways of interpreting situations.
6. **Self-Affirmation Worksheet:** Encourages students to recognise their strengths, abilities and positive qualities, thereby supporting self-confidence and a healthy sense of self-worth.
7. **SMART Goals Worksheet:** Guides students in setting Specific, Measurable, Achievable, Relevant and Time-bound goals, helping them translate their aspirations into practical and manageable actions.
8. **Wheel of Life Worksheet:** Helps students assess different dimensions of their lives, identify areas that require greater attention and reflect on ways to achieve a more balanced and fulfilling lifestyle.
9. **Conflict Resolution Worksheet:** Helps students understand interpersonal conflicts, examine different perspectives and identify constructive approaches to resolving disagreements and maintaining healthy relationships.

Objectives and Application of the Tools

All nine tools are intended to be used as part of the counselling process, depending on the individual needs and concerns of students. They provide

ANURAG UNIVERSITY

practical exercises that encourage active participation in counselling and help students translate discussions into meaningful personal development activities.

Collectively, these tools address four broad objectives:

- **Enhancing self-awareness:** Helping students understand their emotions, thoughts, strengths, behavioural patterns and areas requiring improvement.
- **Building emotional intelligence:** Developing the ability to recognise, understand and regulate emotions while responding empathetically to others.
- **Improving coping strategies:** Equipping students with practical approaches to manage anxiety, stress, interpersonal conflicts and other personal or academic challenges.
- **Supporting long-term well-being:** Encouraging positive thinking, self-reflection, goal-setting and healthy behavioural practices that contribute to sustained psychological well-being.

ANURAG UNIVERSITY

❖ JULY 2025

In July, 2025, the Manorag Wellness Centre continued to strengthen its mental health and psychological support services through individual counselling, faculty sensitisation and student-focused mental health assessment initiatives. Particular emphasis was placed on identifying students who may be experiencing difficulties in adjusting to their academic and social environments and strengthening the role of faculty members as mentors in guiding students through various developmental and personal challenges.

The Centre recorded **29 counselling sessions during the month,** highlighting the importance of accessible counselling services and the growing relevance of institutional mechanisms for addressing students' psychological and emotional well-being.

1. Workshop on "Empowering Faculty as Mentors"

Recognising the significant role of faculty members in shaping students' academic experiences and supporting their personal development, the Manorag Wellness Centre organised a one-hour workshop titled **"Empowering Faculty as Mentors – Guiding Students Through Growth and Challenges"** for faculty members handling first-year students.

The workshop focused on sensitising faculty members to the importance of mentoring, particularly during the initial phase of students' transition into university life. The first year of higher education often involves adjustments to a new academic environment, different teaching and learning methodologies, increased personal responsibilities and the development of new social relationships. These changes can sometimes create emotional, psychological and academic challenges for students.

The workshop highlighted the importance of faculty members adopting a supportive and empathetic approach while interacting with students. It emphasised the need to understand individual student circumstances, recognise possible signs of distress and provide appropriate guidance whenever students encounter difficulties.

The programme also underscored the importance of establishing positive faculty–student relationships built on trust, effective communication and mutual respect. Faculty members were encouraged to look beyond students' academic performance and take an interest in their overall development and

well-being. Where necessary, they were encouraged to guide students towards professional counselling support available through the Manorag Wellness Centre.

Through this initiative, the University sought to strengthen the role of faculty members as the first point of contact for students experiencing academic, social or personal difficulties and to promote a more supportive and responsive learning environment.

2. Publication of Survey Report – "Understanding Adjustment & Alignment among Young Adults"

As part of its efforts to understand the psychological and social adjustment of students, the Manorag Wellness Centre published a survey report titled **"Understanding Adjustment & Alignment among Young Adults"**. The study was based on responses collected from medical college students and sought to assess their adjustment experiences and identify areas where additional guidance or psychological support might be beneficial.

The survey received responses from **65 students** and examined different levels of adjustment-related concerns. The findings provide useful insights into students' experiences and help identify the extent to which they may require monitoring, guidance or more focused counselling interventions.

2.1 Key Findings of the Survey

The findings indicate that students experience different levels of adjustment-related challenges, with some requiring closer attention and appropriate support.

a. Students with no or low to mild concerns

A proportion of students reported no significant adjustment concerns, while others experienced relatively minor difficulties. Although these students may not require immediate professional intervention, continued awareness, positive social relationships and a supportive academic environment can help them maintain their psychological well-being.

b. Students experiencing moderate concerns

The survey identified a section of students experiencing moderate adjustment-related concerns. These students may benefit from regular monitoring, mentoring and opportunities to discuss their concerns with faculty members or counsellors. Early identification and timely guidance can help prevent such concerns from becoming more pronounced.

c. Students experiencing severe concerns

The survey also identified a smaller proportion of students experiencing severe levels of concern who may require more focused attention and targeted support interventions. Individual counselling and appropriate professional guidance are important initial steps in addressing their difficulties and determining whether further support is necessary.

2.2 Implications of the Survey Findings

The survey findings highlight the importance of strengthening the support systems available to students, particularly during their transition into university life and the subsequent stages of their academic journey.

Some of the important implications emerging from the survey include:

- **Regular monitoring:** Students' adjustment and emotional well-being need to be monitored periodically to identify emerging concerns and facilitate timely intervention.

- **Strengthening social relationships:** Healthy relationships with peers and supportive interactions within the academic community can help students cope with adjustment-related challenges.

- **Faculty involvement:** Teachers and faculty mentors play an important role in providing guidance, reassurance and emotional support, particularly to students who are experiencing difficulties.

- **Early identification and counselling:** Students exhibiting more pronounced concerns should be encouraged to access professional counselling services to receive appropriate assistance.

- **Creating a supportive environment:** Promoting open communication and reducing the stigma associated with mental health concerns can encourage students to seek help without hesitation.

The survey particularly emphasises the importance of positive social relationships and support from significant adults, including teachers, in helping young adults navigate adjustment-related challenges. Such support, combined with appropriate institutional interventions, can contribute to improved emotional resilience and overall well-being.



Faculty Participated in Mentorship Program "Empowering Faculty as Mentors" (Guiding Students Through Growth and Challenges)

❖ AUGUST 2025

Manorag Wellness Centre continued to expand its mental health awareness and support initiatives through student-focused workshops, preventive mental health education and community outreach programmes. For August, 2025, the activities were designed to address the psychological and emotional challenges associated with the transition to higher education, promote a better understanding of mental health and equip students with practical strategies to manage personal and academic difficulties.

The Centre conducted **11 counselling sessions** during August 2025. In addition, it organised a series of workshops covering all first-year students over a period of two weeks. Extending its activities beyond the University campus, the Centre also undertook mental health awareness and suicide prevention programmes in five government residential schools and colleges as part of the Corporate Social Responsibility (CSR) initiative of Neelima Institute of Medical Sciences.

1. Mental Health Workshops for First-Year Students

Recognising that the transition from school to university involves significant academic, social and personal adjustments, the Manorag Wellness Centre organised a series of workshops titled **"Unpacking Mental Health and Accommodating Mindset to College Environment"** for first-year students.

The workshops were conducted over a period of two weeks, covering all first-year students through a total of **11 workshops**. The initiative was aimed at helping students understand the psychological and emotional changes associated with young adulthood and familiarise themselves with the challenges of adapting to a new academic and social environment.

The programme emphasised the importance of recognising mental health concerns, developing healthy coping mechanisms and seeking appropriate support whenever required.

Topics Covered

The workshops addressed four major themes:

a. Developmental Stages and Behaviours of Young Adulthood

This session focused on the physical, emotional, psychological and social changes associated with young adulthood. Students were introduced to the behavioural characteristics and developmental challenges commonly experienced during this stage of life. The discussions helped students understand how changes in personal identity, relationships, responsibilities and expectations can influence their emotional well-being.

b. Barriers to Mental Health in Young Adulthood

The session explored various factors that may prevent young adults from maintaining good mental health or seeking appropriate assistance. These included social stigma, peer pressure, academic expectations, fear of judgement, lack of awareness and difficulties in adapting to new surroundings. Students were encouraged to recognise these barriers and understand their possible implications for psychological well-being.

c. Signs of Good versus Poor Mental Health

This session helped students distinguish between indicators of positive mental health and possible signs of psychological distress. Discussions focused on emotional stability, healthy interpersonal relationships, confidence, positive coping mechanisms and the ability to manage everyday challenges. Students were also sensitised to behavioural and emotional changes that may indicate the need for additional support.

d. Overcoming Mental Health Barriers – Practical Tips

The final theme focused on practical approaches to overcoming mental health-related barriers. Students were encouraged to develop healthy routines, maintain positive social relationships, communicate their concerns, seek guidance from trusted individuals and approach professional counsellors whenever necessary. The importance of creating a supportive peer environment and avoiding judgement or discrimination against individuals experiencing mental health difficulties was also emphasised.

ANURAG UNIVERSITY

2. Mental Health Awareness and Suicide Prevention Programmes under CSR

As part of the Corporate Social Responsibility (CSR) initiative of Neelima Institute of Medical Sciences, a series of one-hour programmes on "Mental Health Awareness and Suicide Prevention" were conducted in five government residential schools and colleges.

The programmes were organised in accordance with the directions of the District Medical and Health Officer (DMHO) and in coordination with the concerned district authorities. The initiative represented the University's and its associated medical institution's commitment to extending mental health awareness and preventive support beyond the campus and reaching students in government residential educational institutions.

The programmes were conducted between 22 and 24 August 2025 (Friday to Sunday) at the following institutions:

1. Govt. ST Girls Post-Matric Hostel.
2. TMRS Balanagar Girls, Nagole School.
3. TMRS Balanagar Girls College, L.B. Nagar.
4. TMRS Quthbullapur Girls, ECIL.
5. TMRS Medchal Girls, Nagaram.

The outreach activities were organised in close coordination with the Deputy Collector, District Medical and Health Officer (DMHO), District Minority Welfare Officer (DMWO) and District Tribal Development Officer (DTDO).

The participation of district-level officials added institutional support to the initiative and facilitated interaction with students and the respective educational institutions. The District Tribal Development Officer (DTDO) personally attended the programme at the Govt. ST Girls Post-Matric Hostel on 24 August 2025, interacted with the students and encouraged them to participate actively in the discussions.

2.1 Key Themes Addressed During the Outreach Programmes

The one-hour interactive sessions covered several important aspects of adolescent mental health and suicide prevention.

a. Developmental Stages and Behaviours of Adolescents

Students were sensitised to the emotional, psychological and behavioural changes associated with adolescence. The discussions focused on understanding the challenges of this developmental stage, including changes in relationships, self-perception, emotional responses and social expectations.

b. Barriers to Mental Health During Adolescence

The sessions explored common barriers that prevent adolescents from recognising mental health concerns or seeking help. These included social stigma, fear of being misunderstood, peer pressure, family and academic expectations, emotional isolation and lack of awareness about available support systems.

c. Handling Mental Health Barriers and Preventing Self-Harm

Particular attention was given to recognising emotional distress and responding constructively to challenging situations. Students were encouraged to communicate their feelings, approach trusted adults and seek professional assistance rather than dealing with serious emotional difficulties in isolation. The discussions also highlighted the importance of identifying warning signs and seeking timely help to prevent self-harm and other harmful outcomes.

d. Awareness of Government Helpline Numbers

Students were informed about government helpline numbers and support services that could be contacted during emotional or psychological crises. This component aimed to improve awareness of accessible assistance mechanisms and encourage students to reach out for help when faced with difficult situations.

e. Supporting Friends Experiencing Suicidal Thoughts

An important component of the sessions focused on helping students understand how to respond when a friend expresses suicidal thoughts or exhibits signs of severe emotional distress. Students were sensitised to the importance of listening without judgement, taking such expressions seriously, informing responsible adults and facilitating access to appropriate professional assistance. The discussions emphasised that students should not attempt to manage serious crisis situations on their own.

2.2 Individual Interactions and Support for Students in Crisis

In addition to the group awareness sessions, the programme incorporated one-on-one interactions with students who were identified as experiencing emotional distress or requiring additional support.

These interactions provided an opportunity for students to discuss their concerns privately in a more comfortable and supportive setting. Their concerns were heard and addressed, and appropriate guidance was provided based on the nature of the issues raised.

This individual engagement complemented the broader awareness programmes by ensuring that students who needed more focused attention were not overlooked. It also reinforced the importance of combining preventive mental health education with opportunities for personal interaction and appropriate support.



Picture from "Mental Health Awareness and Suicide Prevention" at TMRS Balanagar, Nagole

❖ SEPTEMBER 2025

The Centre recorded 19 counselling sessions September 2025. A significant proportion of the cases involved concerns relating to anxiety, addictive behaviours and challenges in communication with parents. These interactions provided opportunities for students to discuss their personal and emotional difficulties and receive appropriate counselling and guidance.

1. Counselling Support for Students

The Manorag Wellness Centre conducted 19 counselling sessions during the reporting period, addressing a range of psychological, emotional and interpersonal concerns. The predominant areas of concern included:

- **Anxiety**: Students approached the Centre with concerns relating to anxiety and associated emotional difficulties. Counselling interactions focused on understanding the underlying concerns, developing appropriate coping mechanisms and improving emotional regulation.
- **Addiction-related concerns**: The Centre addressed concerns associated with addictive behaviours and their potential implications for students' personal, academic and social lives. The counselling process emphasised awareness, self-regulation and the importance of seeking appropriate support.
- **Parental communication challenges**: Some students experienced difficulties in communicating with their parents or dealing with parental expectations. Counselling support focused on understanding interpersonal concerns, improving communication and developing constructive approaches to managing differences and expectations within the family.

2. Participation in National Task Force Meeting on Suicide Prevention

As part of its engagement with national-level initiatives aimed at addressing student mental health, representatives of the University participated in an online meeting of the National Task Force (NTF) concerning suicide prevention among college students.

The meeting provided an opportunity to engage with the national-level discussions and guidelines relating to the prevention of student suicides and the strengthening of institutional mental health support mechanisms. The University's participation reflected its commitment to aligning its mental

wellness initiatives with broader national efforts and ensuring that appropriate preventive and support mechanisms are available to students.

3. Administration of National Task Force Survey on Mental Health

In accordance with the guidelines and instructions received from the National Task Force, the University administered a mental health survey covering all students and staff members.

The survey was undertaken as part of the broader national initiative to understand mental health-related concerns within higher education institutions and obtain information that could help strengthen institutional support systems. The University facilitated the administration of the survey in accordance with the directions received from the National Task Force.

As the University did not have access to the consolidated survey reports and findings at that stage, it planned to initiate an internal follow-up exercise in October 2025. This internal exercise was intended to complement the national-level survey by enabling the University to examine relevant mental health concerns within its own institutional context and identify areas requiring further attention.

4. Submission of Institutional Report to UGC and National Task Force

The University was also required to submit a report to the University Grants Commission (UGC) and the National Task Force detailing the institutional mechanisms and practices adopted to balance student mental wellness initiatives with the implementation of appropriate disciplinary and administrative procedures.

The report was prepared as a coordinated exercise led by the Centre, in consultation with the Dean of Student Affairs, Human Resources (HR) and the Admissions Department.

A key aspect of the report was to explain how the University addresses instances of student misconduct while remaining sensitive to the mental health and psychological well-being of the students concerned. The report detailed the procedures followed by various committees within the University, their respective roles and the actions taken in response to student misconduct.

❖ OCTOBER 2025

The Centre conducted **20 counselling sessions** in the month. In addition to individual counselling, several awareness and engagement activities were organised to encourage open discussions about mental health, address common misconceptions and help members of the University community recognise the importance of psychological well-being. Particular emphasis was placed on reaching students through academic programmes, digital communication and interactive activities.

1. Mental Health Awareness Session for MBA Students

As part of its student engagement initiatives, the Centre organised a mental health awareness session for **first-year MBA students**. The session aimed to sensitise students to the importance of maintaining sound mental health while managing the academic, personal and social demands associated with higher education.

The programme highlighted the importance of recognising emotional and psychological challenges, understanding the factors that influence mental well-being and adopting healthy approaches to managing stress. Students were encouraged to acknowledge their concerns, communicate their difficulties and seek appropriate assistance whenever necessary.

2. Mental Health Awareness through a Student-Focused Podcast

Recognising that students may have questions or misconceptions about mental health but may not always feel comfortable raising them in person, the Centre recorded a dedicated **mental health awareness podcast**.

The podcast was designed to address students' queries and provide accessible information on mental health-related concerns. It offered an opportunity to discuss questions that students commonly encounter in their academic and personal lives and to clarify doubts relating to psychological well-being and the importance of seeking support.

The initiative also sought to make mental health information more accessible through a familiar and convenient communication medium. By addressing student queries in an informative and approachable manner, the podcast aimed to encourage open conversations, reduce hesitation in discussing

psychological difficulties and familiarise students with the importance of professional counselling.

3. Mental Health Surveys among Students and Staff

As part of its efforts to understand the mental health needs of the University community, the Centre administered surveys to **students and staff members** to identify their mental health concerns and obtain insights into their experiences and challenges.

The surveys were intended to provide a better understanding of the psychological and emotional concerns affecting different sections of the University community. Such information is useful in identifying areas that may require greater attention and in planning appropriate awareness, counselling and preventive interventions.

The exercise also reflects the University's intention to adopt a more systematic approach to mental wellness by complementing individual counselling interactions with broader institutional-level assessments. The information gathered through these surveys can help guide the development of targeted support initiatives and strengthen the relevance of the services offered by the Manorag Wellness Centre.

4. World Mental Health Day Celebrations – 10 October

On the occasion of **World Mental Health Day on 10 October**, the Centre organised a series of activities to promote awareness, encourage positive conversations about mental health and strengthen the University's commitment to creating a supportive and psychologically safe campus.

The celebrations were designed to involve students actively rather than limit the observance to conventional awareness messages. The activities included campus-wide digital communication, an interactive student engagement initiative and the launch of a suicide prevention protocol.

4.1 Campus-Wide Mental Health Awareness through Email Campaign

The day's activities commenced with the circulation of awareness mailers to students across the University. The initiative aimed to draw attention to the importance of mental health and encourage students to recognise psychological well-being as an essential component of their overall health.

The mailers served as a means of communicating positive mental health messages and reinforcing the importance of self-care, emotional awareness and seeking help when required. By reaching students through official University communication channels, the Centre sought to extend mental health awareness across the campus and encourage students to engage with the available support mechanisms.

4.2 Interactive Initiative – "A Message to My Mind"

One of the key attractions of the World Mental Health Day celebrations was an interactive booth titled **"A Message to My Mind"**. The initiative invited students to write and share positive, encouraging and reassuring messages addressed to themselves.

Students participated enthusiastically, leaving messages that reflected self-acceptance, positive thinking, perseverance, self-care and emotional resilience. Some of the messages shared by students included:

- "Have a positive mindset."
- "Give yourself some time off & acknowledge how far you've come, long way to go mates."
- "The block in your head is bigger than in reality! So, take it easy, no matter what."



The messages reflected students' understanding of the importance of being kind to themselves, recognising their personal progress and approaching challenges with a balanced perspective.



The activity provided a simple yet meaningful platform for students to pause, reflect on their thoughts and express positive affirmations. It also encouraged peer engagement by allowing students to read and connect with the encouraging messages shared by others.

Through this initiative, the Centre sought to promote self-reflection, positive thinking and emotional encouragement while reinforcing the idea that mental well-being begins with recognising and acknowledging one's own feelings and experiences.

4.3 Launch of Suicide Prevention helpline roadmap and instruction manual

An important institutional initiative undertaken as part of the World Mental Health Day celebrations was the **launch of a Suicide Prevention helpline roadmap and instruction manual** to strengthen the University's response to students exhibiting signs of suicidal thoughts or psychological crisis.

As part of this initiative, a dedicated helpline number, **7032929075**, was provided to students to facilitate access to assistance when they notice suicidal signs or experience situations requiring immediate mental health support.

The initiative was intended to provide students with an identifiable point of contact and encourage timely reporting of concerns. It also sought to reinforce the importance of recognising warning signs, taking expressions of distress seriously and ensuring that individuals experiencing psychological crises are guided towards appropriate support.

ANURAG UNIVERSITY

❖ NOVEMBER 2025

The Centre conducted 15 counselling sessions and organised several activities focusing on the mental health and well-being of students and their parents. These included a webinar on mindful parenting, awareness sessions on anti-ragging and stress management for MBBS students, parental counselling in an individual student case, and participation in the National Task Force meeting on suicide prevention.

1. Counselling Services

The Centre conducted 15 individual counselling sessions during the reporting period. These sessions provided students with an opportunity to discuss personal, emotional and academic concerns in a confidential and supportive environment. The concerns addressed included academic pressure, stress, anxiety and difficulties associated with adjusting to university life.

The counselling sessions focused on helping students understand the factors contributing to their concerns, develop appropriate coping strategies and seek timely support where necessary. The Centre continued to emphasise the importance of addressing emotional and psychological difficulties before they adversely affect students' academic performance, relationships or day-to-day functioning.

2. Webinar on Mindful Parenting: Strengthening Connections in Changing Times

The Centre organised a two-hour online webinar titled "Mindful Parenting: Strengthening Connections in Changing Times", exclusively for parents. The programme aimed to sensitise parents to the challenges of parenting in a rapidly changing social environment and the generational differences that influence parent–child relationships.

The webinar covered the following themes:

- **Challenges in parenting**: Understanding common difficulties in guiding children through different stages of development, particularly adolescence and young adulthood.
- **Generational differences**: Exploring differences in attitudes, values, expectations and perspectives between parents and children.

- **Parenting styles in a fast-paced world**: Examining the relevance of different parenting approaches in the context of changing lifestyles and increasing academic and social expectations.
- Understanding children's behaviour: Exploring the possible reasons behind children's behaviour and the emotions or circumstances that may influence it.
- **Bridging communication gaps**: Highlighting the importance of active listening, empathy and open communication in strengthening parent–child relationships.
- **Customised strategies**: Encouraging parents to adapt their approaches to the individual needs, personalities and developmental stages of their children.

The session emphasised the need to balance parental guidance with opportunities for children to develop independence. Parents were encouraged to understand young people's perspectives and respond to their concerns with patience and sensitivity. Such an approach can help create a supportive home environment in which students feel comfortable discussing academic and personal difficulties.

The webinar received 174 registrations, and participants found the session helpful. The initiative highlighted the importance of involving parents in mental health awareness and recognising the role of family support in students' emotional well-being.

3. Anti-Ragging Awareness Session for MBBS Students

The Centre organised an awareness session on Anti-Ragging for second- and third-year MBBS students. The programme aimed to reinforce the importance of maintaining a safe, respectful and inclusive learning environment.

Ragging can adversely affect students' dignity, confidence and sense of belonging, with possible consequences for their psychological well-being and academic progress. The session highlighted the importance of recognising unacceptable behaviour, respecting fellow students and understanding the responsibility of every student in preventing ragging.

4. Stress Management and Adjustment Session for First-Year MBBS Students

An exclusive session on "Stress Management" was organised for first-year MBBS students to address the stress and adjustment challenges associated with entering medical education.

The transition from school to a professional undergraduate programme involves changes in academic expectations, learning methods, peer relationships and personal responsibilities. The demanding nature of medical education may make this transition particularly challenging for some students.

The session focused on helping students recognise sources of stress, understand their responses to stressful situations and explore practical ways of managing them. It also addressed adjustment-related difficulties that students may experience while adapting to a new academic and social environment.

The programme emphasised effective time management, healthy routines, a balance between academic commitments and personal well-being, and the importance of seeking support when difficulties arise. Students were encouraged to recognise that adjustment is a gradual process and that initial challenges are a normal part of transitioning to university life. The availability of counselling support was also highlighted for students experiencing persistent stress or adjustment difficulties.

A glance at the session on stress management



5. Parental Counselling in a Case Involving Examination Pressure and Performance Anxiety

The Centre provided parental counselling in a case involving a student experiencing examination pressure and performance anxiety. The intervention recognised that academic stress can affect the family environment, particularly when expectations regarding examination performance become an additional source of pressure.

The session highlighted how parental expectations and responses can influence students' confidence and ability to manage academic challenges. While encouragement is valuable, excessive pressure and comparisons may unintentionally intensify anxiety.

Parents were guided on the importance of understanding the student's concerns, providing reassurance and maintaining realistic expectations. The discussion emphasised the value of recognising effort and gradual improvement rather than focusing exclusively on marks or examination outcomes. This intervention reflects the Centre's approach of involving parents, wherever appropriate, in supporting students through academic and emotional challenges.

6. Participation in the National Task Force Meeting on Suicide Prevention

The Centre attended an online meeting of the National Task Force (NTF) on suicide prevention. The meeting provided an opportunity to participate in broader discussions and institutional efforts concerning suicide prevention among students in higher education.

Suicide prevention requires a coordinated approach involving awareness, early identification of distress, appropriate support mechanisms and timely intervention. Educational institutions have an important role in creating an environment where students feel comfortable seeking help and where signs of serious emotional distress are recognised.

❖ DECEMBER 2025

In December 2025, the Centre conducted 14 counselling sessions and organised Manorag Wellness Day on 12 December 2025 to mark Universal Health Coverage Day. The event brought together activities addressing both mental and physical health, providing students with opportunities to assess their well-being, participate in mindfulness-based activities and access basic health checks. The Mental Health Policy and Suicide Prevention Policy have been formulated, and their implementation has been initiated to promote institutional welfare and well-being.

1. Counselling Services

The Centre conducted 14 counselling sessions. These sessions provided students with an opportunity to discuss personal, emotional, academic and adjustment-related concerns in a supportive environment. The counselling services focused on helping students understand their concerns, identify appropriate coping strategies and seek timely professional support wherever necessary.

The Centre continued its efforts to promote awareness of mental health and encourage students to approach counselling as a constructive means of addressing psychological and emotional challenges.

2. Manorag Wellness Day on Universal Health Coverage Day

The Centre organised Manorag Wellness Day on 12 December 2025 to mark Universal Health Coverage Day. The initiative was designed to promote a holistic understanding of health by bringing together activities addressing mental and physical well-being. It also provided an opportunity for students to participate in wellness assessments, mindfulness activities and basic health screening.

Five wellness activities focusing on mental and physical health were conducted as part of the event.

a) Mental Health and Wellness Activities

- **Overall Wellness Assessment and Anxiety Self-Assessment**

  Participants were offered an overall wellness assessment and an anxiety self-assessment to encourage awareness of their physical and psychological well-being. The anxiety assessment provided students with an opportunity to reflect on their anxiety levels and recognise the

importance of addressing stress and emotional concerns. A total of 42 students participated in the anxiety check.

- **Heart Full Meditation**

A Heart Full Meditation activity was organised to encourage relaxation, mindfulness and emotional well-being. The session offered participants an opportunity to pause from their regular academic routines, focus on their inner experiences and practise a calming activity. Such mindfulness-based practices can help individuals become more aware of their thoughts and emotions and develop constructive ways of responding to stress.

- **Mindful Art – Scribble Art Session**

A mindful art activity based on the theme of Scribble Art was also conducted. The activity encouraged participants to engage in creative expression as a means of relaxation and emotional release. Through simple, informal artistic expression, students were encouraged to explore their creativity without the pressure of producing a perfect outcome. The activity highlighted how creative engagement can provide an accessible way to manage stress and support emotional well-being.

b) Physical Health Checks and Demonstrations

In addition to the mental wellness activities, the event provided six health checks and demonstrations to promote awareness of basic health indicators and preventive healthcare.

The facilities included:

- **Vision acuity test**: To assess basic visual clarity and identify possible vision-related concerns.
- **CPR demonstration**: To familiarise participants with the importance of cardiopulmonary resuscitation and basic emergency response.
- **Blood group testing**: To help participants identify their blood group.
- **Blood pressure measurement**: To provide an indication of blood pressure levels and promote awareness of cardiovascular health.
- **Body Mass Index (BMI) assessment**: To help participants understand the relationship between height and weight as a basic indicator of body composition.
- **Diabetic screening**: To provide an opportunity for preliminary screening and increase awareness of diabetes and the importance of early detection.

These activities reinforced the importance of preventive healthcare and regular monitoring of basic health indicators. By combining health checks with awareness and demonstrations, the event encouraged participants to take a more proactive approach to their overall well-being.

3. Participation and Reach

Manorag Wellness Day recorded a footfall of more than 500 participants, reflecting substantial engagement with the initiative. The participation in the anxiety self-assessment, alongside the meditation, mindful art and physical health activities, demonstrated the value of providing accessible wellness opportunities within the university campus.

The event brought mental and physical health initiatives together under a common platform, encouraging students to view well-being as an integrated aspect of their personal and academic lives.

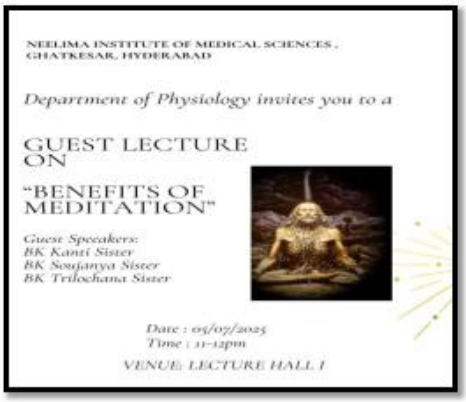


Pictures from the art session and the Zumba session



NEELIMA
INSTITUTE OF MEDICAL SCIENCES

Guest Lecture
Topic: Benefits of Meditation





The Department of Physiology organized a guest lecture on "Benefits of Meditation" for First MBBS students on 5th July 2025. Esteemed speakers from the Brahma Kumaris – BK Kanti Sister, BK Soujanya Sister, and BK Trilochana Sister – shared their insights on how meditation can enhance mental well-being, focus, and overall health.

The session included an enlightening talk followed by a short-guided meditation commentary, allowing students to experience a moment of calm and mindfulness. The interactive session was well-received, and students expressed that it left them feeling refreshed and inspired.











ANURAG UNIVERSITY

Research contributions to SDG 3: Good Health & Well-being

Anurag University recognizes the vital role of research and innovation in addressing challenges related to public health, disease prevention, and overall well-being. Through interdisciplinary research, the University explores the application of emerging technologies and scientific approaches to advance medical diagnostics, develop effective therapeutic solutions, improve healthcare delivery, and promote healthier lifestyles for communities.

During the reporting period, researchers at Anurag University contributed to 20 publications relevant to the broader objectives of SDG 3: Good Health & Well-being.

List of Publications

Title	Journal	Home Authors
LiDAR Image-Based Earth Carbon Emission Analysis and Its Impact on Public Health: A Machine Learning Model	Remote Sensing in Earth Systems Sciences	Dhyaram Lakshmi Padmaja
Ritonavir loaded solid lipid nanoparticles for oral drug delivery and bioavailability enhancement	Discover Applied Sciences	Madhumitha Adepu
A Critical Review on Zinc Oxide Nanoparticles: Synthesis, Properties and Biomedical Applications	Intelligent Pharmacy	Dibya Lochan Mohanty; Noota Divya; Vasudha Bakshi
A Reliable and Secure Permissioned Blockchain-Assisted Data Transfer Mechanism in Healthcare-Based Cyber-Physical Systems	Concurrency And Computation-Practice & Experience	P Vinayasree; A Mallikarjuna Reddy
Quality by Design and Characterization of Nimodipine Novel Carriers for the Treatment of Hypertension: Assessment of the Pharmacokinetic Profile	Current Bioactive Compounds	Ananda Chettupalli; Padmanabha Rao Amarachinta; Mounika Reddy Kuchukuntla; Sunand Katta; Baba Shanker Rao

		Garige; Pranay Renukuntla
Validated LC–MS/MS Method for the Determination of Paxalisib on Mouse Dried Blood Spots: An Application to Pharmacokinetic Study in Mice	Biomedical Chromatography	Ashok Zakkula; M Akiful Haque
Development and evaluation of empagliflozin-loaded solid lipid nanoparticles: Pharmacokinetics and pharmacodynamics for oral delivery	Intelligent Pharmacy	Himabindu Peddapalli; Rajendra Kumar Jadi; Kachupally Anusha; Padmanabha Rao Amarachinta
A Novel Approach Using Artificial Intelligence for Early Prognosis of Chronic Kidney Disease in Asian Population	Panamerican Mathematical Journal	Mal Hari Prasad
Digital transformation and rural healthcare disparities: A mixed-methods approach in India	Technovation	Sastry Sarath Pendyala
Automatic detection of early gastric cancer in endoscopic images using HGA model	Hybrid and Advanced Technologies	K Shailaja; K Sai Krishna
Evaluating Withaferin A: Neuropsychopharmacological Impact through Pentobarbitone-Induced Sleep, Forced Swim Test, and Spontaneous Locomotor Activity Modulation in Mice	Cuestiones de Fisioterapia	A Tejasri; K Ramadevi
Cardiovascular Disease Prediction Using Particle Swarm Optimization and Neural Network Based an Integrated Framework	SN Computer Science	S Ramchandra Reddy; G Vishnu Murthy
Assessment of the effectiveness of triple-drug therapy over dual-drug therapy in COPD patients – a retrospective cohort study	Asian Journal of Pharmaceutical and Clinical Research	Sujala Aakaram; Krishna Prasad D
Design, Synthesis and Biological Evaluation of Thiazolidine-2,4-dione-biphenyl Derivatives as Anticancer Agents	Asian Pacific Journal of Cancer Prevention	Udaya Sri Earati; Kiran Gangarapu
Thyroid Health Forecaster: A Cutting-Edge Hybrid Deep Learning	2024 International Conference on	G L N V Kartheek

ANURAG UNIVERSITY

Framework for Early Disease Prediction	Sustainable Communication Networks and Application (ICSCNA)	
Antioxidant and Anti-inflammatory Properties of Phyto-Based Silver Nanoparticles in Chronic Inflammatory Diseases	Cuestiones de Fisioterapia	Dr.Rajeshwar. V
Mathematical Analysis of an Optimal Control Problem for Mitigating HPV Transmission and Cervical Cancer Progression through Educational Campaigns	Iranian Journal of Science	R Praveen Kumar
Plant Health and Disease Detection Using Yolo	International journal of engineering innovations and management strategies	Dr. D Ramana Kumar; A Karthikeya; S Sony; G Pardha Saradhi
Exploration of novel quinoline derivatives: Anticancer potential revealed through design, synthesis and biological evaluation	Journal of Chemical Sciences	Dr. Saikrishna Balabadra
Quantitative Analysis of Bimiralisib in Dried Blood Spots of Mouse Blood Using a Validated LC-MS/MS Method: An Application to Pharmacokinetic Study	Biomedical Chromatography	Ashok Zakkula; M Akiful Haque
Magnetohydrodynamic (MHD) boundary layer flow of Williamson nanofluid in a porous medium: effects of viscous dissipation, heat source, and chemical reaction with applications in thermal and biomedical systems	Modeling Earth Systems and Environment	Sanjeeva Reddy Mandadi; Anil Kumar Mella
Targeting PI3K/AKT/mTOR Signaling with Novel Andrographolide Analogues Potentially Induces Apoptosis and Inhibits the Metastatic Ability of Human Breast Cancer Cells: Rational Design, Synthesis, and In Vitro Studies	Russian Journal of Bioorganic Chemistry	R Madhuri

ANURAG UNIVERSITY

Mobile Eye Disease Prediction and Diagnosis	Journal of Science Computing and Engineering Research	B V Srikanth; M Hitha Chowdary; M Suvishal Sen Kasyap; K Anjali Reddy
Natural compounds and programmed necrosis: pioneering a new frontier in cancer treatments	Naunyn-Schmiedeberg's Archives of Pharmacology	M Akiful Haque; Dr.Rajeshwar. V
Multimodal Deep Learning Framework for Proactive Plant Disease Diagnosis	Metallurgical and Materials Engineering	V Rama Krishna
Zingiberaceae wonders: the antioxidant powerhouse for optimal health	Animal Science Papers and Reports	Kiran Gangarapu; Gangarapu K
Detection and Classification of Fruit Diseases by using Deep Learning Algorithm	Journal of Science Computing and Engineering Research	Dasari Savith; Adusumalli Sai Locha; Kandula Shivani
Effect of combining histaglobulin with antihistamines in patients with chronic spontaneous urticaria in a tertiary care hospital setting- a randomized trial	Archives of Dermatological Research	Kalpana Mali Ramanna; Chandru Elangovan; Venu Goapala Rao Konda
Blockchain based smart health care system	International journal of engineering innovations and management strategies	P Raja Sekhar Reddy; M Meghana; P Soumya; T Bharath
Breast Cancer Detection from Ultrasound Images	International journal of engineering innovations and management strategies	T Veda Reddy; Adithi Rudrangi; A Thanmai; Chinnam Bharath
Securing Medical Records with Cryptography and Blockchainfor Enhanced Privacy and Accountability	International journal of engineering innovations and management strategies	Ch Shruthi; N Sravanthi; G Kondal Reddy
Blue Planet in Peril: The Global Health Crisis of Water Pollution	The Bioscan	Dr.Rajeshwar. V

Machine Learning For Early Diabetes Detection And Diagnosis With KNN	Metallurgical and Materials Engineering	Dr.J.Balaraju
An Ensemble Fine-Tune Xception Model to Predict Monkey Pox Disease Through Skin Lesion Images	Advances in Intelligent Systems	A Mallikarjuna Reddy
Multi-Modal Data-Driven Approach for Alzheimer's Disease Prediction with Feature Selection and Evaluation	2025 International Conference on Inventive Computation Technologies (ICICT)	M Madhavi
A review on breast cancer detection using machine learning techniques	International Journal of Data Mining, Modelling and Management	Y Sowjanya; Sudheer Reddy K
Biogenic Co-Ni NPs Mediated by Toddy Palm: A Potent Antibacterial, Antioxidant and Anticancer Tool	Waste and Biomass Valorization	Rani Samyuktha Velamakanni
Current Trends And Future Perspectives In Transdermal Drug Delivery Systems	World journal of pharmacy and pharmaceutical sciences	A Avinash; Vinoothna
Assessing the Benefits of Structured Exercise on Muscle Strength and Endurance in Lung Cancer Patients	Health Leadership and Quality of Life	Kukatla Tejesh
Neuroprotective potential of epigallocatechin gallate in Neurodegenerative Diseases: Insights into molecular mechanisms and clinical Relevance	Brain Research	M Akiful Haque; Dr.Rajeshwar. V
Assessment Of Ultra-High-Performance Liquid Chromatography For The Quantification Of Metabolites In Urine: Applications In Medical Science And Pharmacy	Journal of Applied Bioanalysis	Dr.Rajeshwar. V
The Impact of a Mediterranean Dietary on the Variables Linked to an increased likelihood of Cardiac Diseases; [El impacto de una dieta mediterránea en las variables relacionadas con un aumento de la	Health Leadership and Quality of Life	Pandre K

probabilidad de enfermedades cardíacas]		
Analyzing New Drug Developments and Clinical Effectiveness in Targeted Cancer Therapies; [Análisis de nuevos desarrollos farmacológicos y eficacia clínica en terapias dirigidas contra el cáncer]	Health Leadership and Quality of Life	Pandre K
Enhancing Quality of Life for Cancer Patients Through Innovations in Palliative Care; [Mejorar la calidad de vida de los pacientes con cáncer mediante innovaciones en cuidados paliativos]	Health Leadership and Quality of Life	Srinath G
Examining the Impact of Age on Chemotherapy Effectiveness among Lung Cancer Patients; [Examinar el impacto de la edad en la eficacia de la quimioterapia en pacientes con cáncer de pulmón]	Health Leadership and Quality of Life	Vundela Swathi
Analyzing the Correlation between Symptom Profiles and Patient Outcomes in Cancer Therapy; [Análisis de la correlación entre los perfiles sintomáticos y los resultados de los pacientes en el tratamiento del cáncer]	Health Leadership and Quality of Life	Ravilla L
Exploring the Psychosocial Issues in Brain Cancer Patients during Initial Treatment Stages; [Exploración de los aspectos psicosociales en pacientes con cáncer cerebral durante las fases iniciales del tratamiento]	Health Leadership and Quality of Life	Ramu N
Analyzing the Emotional Health Challenges in Pediatric Cancer Survivors after Treatment; [Análisis de los retos de salud emocional en supervivientes de cáncer pediátrico tras el tratamiento]	Health Leadership and Quality of Life	Mounika N
Antimicrobial Susceptibility and Biofilm Formation: Analysis of Staphylococcus Aureus Isolated from Healthcare Provider White Uniforms: A prospective study for	Health Leadership and Quality of Life	Mounika N

cancer; [Antimicrobianos Susceptibilidad antimicrobiana y formación de biopelículas: Análisis d		
In-depth evaluation of tumor invasion patterns and risk assessment in early oral tongue cancer; [Evaluación en profundidad de los patrones de invasión tumoral y evaluación del riesgo en el cáncer oral temprano de lengua]	Health Leadership and Quality of Life	Sruthi M
Prevalence and association of diabetes with long-term proton pump inhibitor use: A cross-sectional study	International Journal of Diabetes in Developing Countries	Venu Gopala Rao Konda
Return-Aligned Random Graph Diffusion with Dual-Channel Temporal Convolutional Network-Based Classification of Epithelial Ovarian Cancer on T2W-MRI	Biomedical Materials and Devices	Akku Madhusudhan
Obesity Health Risk Prediction using Random Forest and SVM Algorithms	2025 8th International Conference on Trends in Electronics and Informatics (ICOEI)	M Basha
Comprehensive Analysis on the Relationship between Risk Habits and Oral Cancer Outcomes	Health Leadership and Quality of Life	Bodireddy Vamalatha
Predictive Analytics and AI for Pancreatic Cancer Screening - A Data Driven Approach to Early Detection	2025 7th International Conference on Signal Processing, Computing and Control (ISPCC)	Dr. A Padmanabha Rao; Sudheer Reddy K
Early Stage Oral Cancer Detection using Machine Learning and Deep Learning Algorithms	2025 4th International Conference on Distributed Computing and Electrical Circuits and	V Vinay Kumar

	Electronics (ICDCECE)	
Clinical insights into the mechanisms of infectious microbes and microbiota in chronic neurologic and psychiatric diseases	Pathology - Research and Practice	Rajeshwar Vodeti
Optimizing the early diagnosis of neurological disorders through the application of machine learning for predictive analytics in medical imaging	Scientific Reports	Kamalakar Ramineni
Smart Paralysis Revolution BCI Virtual Keyboards Unleashed in Healthcare	Smart Devices for Medical 4.0 Technologies	R Sravanth Kumar
Microbial Trends and Antibiotic Susceptibility in ICU-Admitted Patients: A Hospital-Based Study Examining Prevalence Across Multiple Critical Therapies	Health Leadership and Quality of Life	Kothakonda Sairam
Polymeric Drug Delivery Systems: Chemical Design, Functionalization, and Biomedical Applications	Journal of Chemical Reviews	Mohammed Sayeed; Dr.Rajeshwar. V
Ocular Drug Delivery: Emerging Approaches and Advances	Pharmaceutics	Ravi Sheshala
Optimizing Diabetes Diagnosis: HFM with Tree-Structured Parzen Estimator for Enhanced Predictive Performance and Interpretability	Fusion: Practice and Applications	K Basava Raju
Spleen cancer: Advances in clinical research	Clinical Landscape in Cancer Research	Katta Sunand
Enhanced detection and segmentation of ground-glass opacities in SARS-CoV-2 patients using Mask R-CNN on Chest CT images	Multimedia Tools and Applications	Debajyoty Banik
Bio analytical method for quantitative estimation, pharmacokinetic and bioequivalence study of nizatidine novel raft gastro retentive formulation using reversed-phase high-performance liquid chromatography	Asian Journal of Pharmaceutical and Clinical Research	N Mounika; Dr. A Ramgopal; Dr.Rajeshwar. V

Ce3+ doped AlCr2O4 nanochromites: Synthesis, structural, optical, photocatalytic, antimicrobial, and anticancer studies	Results in surfaces and interfaces	D Ravi Kumar
Optimized Idronoxil-Loaded Polycaprolactone Nanoparticles for Targeted Liver Cancer Therapy: A Novel Approach in Drug Delivery Systems	Texila International Journal of Public Health	Dr.Rajeshwar. V
Occular Drug Delivery System: A Novel Review with Applications	Asian Journal of Pharmaceutics	A Avinash
Transdermal Drug Delivery System: A Recent Review	Asian Journal of Pharmaceutics	Angilicam Avinash
Oral pH-triggered colon-specific ketoprofen loaded microspheres for the better management of early morning symptoms associated with rheumatoid arthritis. Part II: Pharmacokinetic and pharmacodynamic assessment in rats	Journal of Holistic Integrative Pharmacy	Krishna Sanka
A development and evaluation of nanofiber patch of galantamine for transdermal drug delivery: Box Behnken design optimized	Next Research	Dr.Dibyalochan Mohanty
Deep Learning and Blockchain-Driven Security for Pharmaceutical Supply Chains using Genetic Algorithm and SVM	2025 6th International Conference on Intelligent Communication Technologies and Virtual Mobile Networks (ICICV)	K Sai Krishna
Design Synthesis of 1,2,3-Triazoles Based Thiazolidine-2,4-dione Derivatives Anticancer, Antimicrobial, and Molecular Docking Studies	Chemistry and Biodiversity	Dr. Saikrishna Balabadra
A Validated Quantitative LC–MS/MS Method for Determination of Deucravacitinib in Rat Plasma and Its Application to a Pharmacokinetic Study	Biomedical Chromatography	Pottabattula Mahesh; M Akiful Haque

ANURAG UNIVERSITY

Development of Quinazoline-Tetrahydrofuranyl-Pyridinyl Hybrids as Dual EGFR and HER2 Inhibitors to Combat Lapatinib Resistance in Breast Cancer	Advanced Journal of Chemistry, Section A	Varikalla Rajashekar; Garige Baba Shankarrao
Comprehensive Computational Investigation of Rynchotechum ellipticum for Neuro-Pharmacological Activity: Molecular Docking, Molecular Dynamics and Pre-ADMET Analysis	Advanced Journal of Chemistry, Section A	Naveen Pathakala; Dr.Rajeshwar. V
Strategies for Effective Cancer Therapy Through Understanding the Tumor Microenvironment	Health Leadership and Quality of Life	Bathala Balaji
Freeze Drying of Pharmaceutical Products for Injectable and Oral Use	Freeze-drying Technology in Pharmaceutical and Biomedical Product Development	G Baba Shankar Rao
Potato Chips and Their Effects on the Well-being of Adolescent Girls	Asian Journal of Dairy and Food Research	Vadapalli Lakshmi
Regenerative medicine and stem cell therapies: transforming patient care	Journal of Clinical Frontiers and Emerging Therapies Research	Kavita Khanna
RP-HPLC method for quantification of aclidinium and formoterol in bulk and pharmaceutical dosage forms	Biochemical and Cellular Archives	K Mounika; D K Shanthi Priya
Smart Healthcare System Using Machine Learning Techniques for Multi-Disease Prediction	2025 6th International Conference on Data Intelligence and Cognitive Informatics (ICDICI)	Y Sowjanya; Niteesha Sharma; T Asha Latha; Midivelli Bipin Kumar; Kathroji Sai Yashwanth; Gattu Praneeth
Integrated RAG-VGGNet and GRNN for Colon Cancer Detection From Images and Metadata	2025 6th International Conference on Data Intelligence and Cognitive Informatics (ICDICI)	Sudheer Reddy K

Natural Agents Modulating Ferroptosis in Cancer: Molecular Pathways and Therapeutic Perspectives	Journal of Cellular and Molecular Medicine	Dr.Rajeshwar. V
Addressing economic and emission dispatch challenges in combined heat and power systems with a multi-objective liver cancer algorithm for large-scale virtual power plants	2025 7th International Conference on Energy, Power and Environment (ICEPE)	Swathi Polasa; Harish Pulluri
A dual-head CNN-LSTM framework for simulating and analyzing plant disease progression using synthetic temporal sequences	Journal of Theoretical and Applied Information Technology	Raghu Nallamothu; Pardeep Kumar
Phytochemical-Based Drug Discovery for Breast Cancer: Combining Virtual Screening and Molecular Dynamics to Identify Novel Therapeutics	Chemistry and Biodiversity	V Rajashakar
A Hybrid Vision Transformer with Intra-Attention Architecture for Enhanced Medical Image Retrieval	2025 IEEE International Conference on Advanced Visual and Signal-Based Systems (AVSS)	G Sucharitha
Assessment of Bone Mineral Density Decline in Prostate Cancer Patients Undergoing Hormonal Therapy	Health Leadership and Quality of Life	Kothakonda Sairam
Biosynthesis of Carbon Nanoparticles and Their Potential Usefulness in Cancer Research and Biotechnology	Health Leadership and Quality of Life	Madireddy Sirisha
Impact of Emotional and Psychological Issues on Hematologic Cancer Patients Undergoing Stem-Cell Transplants	Health Leadership and Quality of Life	Dheeravath Raju
Epidemiological Insights into Invasive Fungal Rhinosinusitis among COVID-19 Inpatients: Unveiling Diverse Pathogens with implications on cancer patients	Health Leadership and Quality of Life	Vundela Swathi
Understanding the Relationship between Metabolome and Gut Microbiome inAcute Obstructive	Health Leadership and Quality of Life	Puli Lavanya

Pulmonary Disease and development of lung cancer risks		
Exploring Glycogen Processing Enzymes in Trichomonas vaginalis: Cloning,Characterization and Implications for Carbohydrate Metabolism and CervicalCancer Risk	Health Leadership and Quality of Life	Dheeravath Raju
Endoscopic detection of syndesmosis damages in patients with ankle fractures including external rotation	Health Leadership and Quality of Life	Mittapalli Premchandh
Assessing Antimicrobial Resistance in Microbial Species from Infected Wounds: A Retrospective perspective View on cancer patients	Health Leadership and Quality of Life	Kollathur Sudheer
Network pharmacology and docking of polyherbal formulation for cancer chemoprevention	Journal of Carcinogenesis	Naveen Pathakala
DEEP-MISS: Deep Learning-based Fractional Brownian Motion Integrated GAN for Medical Image Segmentation with clinical Sensors	IEEE Sensors Journal	Kamalakar Ramineni
Stilbenes in cancer therapy: insights into molecular targets, and advances towards clinical application	Medical Oncology	Dr.Rajeshwar. V
Impact Analysis of Phytometabolites on Oncogene Regulation and Tumor Suppression in Cancer Prevention	Salud, Ciencia y Tecnología	Kasturi Pohini
TriHAtt-BERT-DBiLSTM: Deep learning model for medical emergency prediction from the unstructured data	Expert Systems with Applications	Amita Mishra
Synthesis, Anticancer and EGFR Inhibitory Activity of Novel Benzo[b][1,4]oxazine-1,3,4-oxadiazolo-1,2,3-triazoles	Russian Journal of Bioorganic Chemistry	Vishweshwar Punna; Jeshma Kovvuri
Therapeutic Targets and Treatment Improvement Through Key Oncogenic Pathways in Cancer	Salud, Ciencia y Tecnología	Kamineni Sairam
Balancing Tumor Control and Protecting Healthy Tissue in Radiotherapy Dosage Optimization	Health Leadership and Quality of Life	Syed Farhan

Exploring the Potential of Nanoparticles for Targeted Drug Delivery in Cancer Treatment	Health Leadership and Quality of Life	Mekala Ishwarya
Comparative Analysis of Chemotherapy and Immunotherapy in Treating Advanced Cancer	Health Leadership and Quality of Life	Pramod Reddy
Combining Conventional and Complementary Therapies in Integrative Oncology for Cancer Treatment	Health Leadership and Quality of Life	Mittapalli Premchandh
Magnetic Nanoparticle for Cancer: The Best Approach from Raw	Magnetic Triggered Drug Release: A Newer Paradigm of Drug Delivery in Cancer	M Akiful Haque; Dr. Azmath Farhana
Cancer: Concepts and Newer Therapies	Magnetic Triggered Drug Release: A Newer Paradigm of Drug Delivery in Cancer	Dr. Swapna Sirikonda
Current Challenges in Translating Magnetic Nanoparticles in Cancer Therapy Pros and Cons	Magnetic Triggered Drug Release: A Newer Paradigm of Drug Delivery in Cancer	M Akiful Haque; Dr. Swapna Sirikonda
Deliver, Induce and Trigger Apoptosis: Three-Arm Approach to Battle Against Cancer	Magnetic Triggered Drug Release: A Newer Paradigm of Drug Delivery in Cancer	Dr. Azmath Farhana
ERROA: Enhanced Remora Rider Optimization Algorithm-based AlexNet for Rice Leaf Disease Classification	Journal of Plant Protection Research	V Vinay Kumar; Dr. Poli Lokeshwara Reddy
Improved Attention-based Rcnn Segmentation And Ensemble Classifier For Lung Cancer Classification And Severity Level Assessment Using Ct Image	Journal of Theoretical and Applied Information Technology	Naga Kalyani A; V Vijaya Kumar

ANURAG UNIVERSITY

In silico studies and anticancer evaluation of thiazole–pyrazine–thiadiazole amide derivatives: Synthesis, cytotoxic screening, and molecular insights	Results in Chemistry	Swapna Maarepalli; Savita Belwal; Suman
Exploring Deep Learning Techniques for Data Augmentation in Medical Image Datasets: A Survey	2025 5th International Conference on Intelligent Technologies (CONIT)	Vangapally Raju; Udaya Kumar Addanki; Medikonda Asha Kiran
Cotton Plant Disease Detection: A Deep Learning Approach	2025 5th International Conference on Intelligent Technologies (CONIT)	Sambaram Poojitha; Saggam Ganesh; Rudra Abhishek; Medikonda Asha Kiran; Ramesh Babu Pittala; Lakshmi Prasanna Byrapuneni
Bell Pepper Plant Disease Detection using Deep Learning Models	2025 5th International Conference on Intelligent Technologies (CONIT)	Thota Akshaya; Ganji Shruthi; Pavan Sai Mohan Arige; Medikonda Asha Kiran; T Manyam; Pravin Ramesh Gundalwar
Real Time Health Monitoring System using IoT	2025 5th International Conference on Intelligent Technologies (CONIT)	Tegote Roshan; Vaddarapu Tarun Sai; Medikonda Asha Kiran; Y Sowjanya; Lakshmi Prasanna Byrapuneni; A B Pavani
Predictive Health Monitoring System for Patient Risk Assessment using Machine Learning	2025 5th International Conference on Intelligent Technologies (CONIT)	Adurupalli Sony; T Manyam; Medikonda Asha Kiran; Ramesh Babu Pittala; Busa Nithin Kumar; Gandham Sai Chandu
Bacterial Culture Media in Clinical Microbiology: Advancing Beyond	Health Leadership and Quality of Life	Lokesh Ravilla

ANURAG UNIVERSITY

Selective Boundaries with Potential Implications for Cancer Prevention		
Peripheral Intravenous Catheter Failure in Hospitalized Patients: Bridging the Gap between Microbiological Data and Clinical Indicators and possible relevance to therapeutic targets	Health Leadership and Quality of Life	Bodireddy Vamalatha
Correlations Between Gut Microbiome Changes, Gut Barrier Function, and Immune Homeostasis in COVID-19 Patients: The Role of Gut Microbiota in Immunity and Cancer Prevention	Health Leadership and Quality of Life	Kasturi Rohini
Gut Microbiome and Adult Obesity: Exploring the Weight Loss Potential of Probiotics, Prebiotics, and Synbiotics as Strategies with Potential Implications for Cancer Prevention	Health Leadership and Quality of Life	Kukatla Tejesh
A review of pathogenetic hypotheses, therapeutic role of phytoconstituents and plant extracts in alzheimer's disease	Pharmacological Research - Natural Products	Dr P Naveen; D Ramya Sree
Technological trends in social enterprises for community health: regional planning and development perspectives	Journal of Applied Bioanalysis	Syed Mansoor Pasha
A Text Book of Pharmaceutical Jurisprudence	A Text Book of Pharmaceutical Jurisprudence	Vemuluri Padmabhushana Chary; Dodda Sireesha
Solid Lipid Nanoparticles in Metabolic Disorders: A Novel Strategy for Targeted Delivery in Diabetes and Obesity	Journal of Bio-X Research	Vasudha Bakshi; Bushra Fathima
Hyacinth Bean (Lablab purpureus) Flour as a Functional Ingredient: Techno-Functional Traits and Bioactive Potential for Health Applications	International Journal of Food Science and Technology	Godumala Mallesham
AI-Enabled Early Detection of Pancreatic Cancer: Integrating Technology and Medicine	2025 5th International Conference on Intelligent	Raviraju Bandlamudi; G Sekhar Reddy; Ramesh Babu

ANURAG UNIVERSITY

	Technologies (CONIT)	Pittala; Bhandari Sairaj Manohar; Pame Gauri Prakash Rao; Ramini Sai Sowmya
Heart Disease Prediction System Using Machine Learning	2025 3rd World Conference on Communication & Computing (WCONF)	Veeramaneni Srija; S U Ravi Kumar Chavali; Samba Kiranmai; Pottaala Shiva Kumar; G Sekhar Reddy; Vakiti Bhanu
Optimization and Performance Analysis of the SIREN Algorithm for Lossless Image Compression Across Various Medical Imaging Modalities	2025 5th International Conference on Intelligent Technologies (CONIT)	K Praveen Kumar; Dhonga Pokesh Praveen; Odhuri Shiva Kumar; Pidugu Sankeerthana; Bollipelly Pruthviraj Goud; G Sekhar Reddy
Android-Based Plant Leaf Disease Prediction Using CNN MobileNet Model	2025 3rd World Conference on Communication & Computing (WCONF)	Thanda Supriya; A Anitha; S Sai Chand Goud; Ilavani Sheshank Mudhiraj; Motriga Pavan; K Shruthi Reddy
Paddy Leaf Disease Detection Using Fine-tuned ConvNext-Tiny Model	2025 5th International Conference on Intelligent Technologies (CONIT)	Pasuputhota Yashaswini; Bhavani Srirangam; Nallbodulu Yamuna; Pothula Arun Kumar; Medikonda Asha Kiran
Smart Detection of Rice Leaf Disease using Deep Learning Models	2025 5th International Conference on Intelligent Technologies (CONIT)	B Ravi Raju; B Pruthviraj Goud; C Nanditha; V Shruthi; T Vandana; N Naga Lakshmi
A Hybrid Approach To Accurate Breast Cancer Prediction Integrating: Explainable AI and Machine Learning	2025 5th International Conference on Intelligent	K Praveen Kumar; Ganga Rachuri; Davula Saleem; Parepalli Chandana;

	Technologies (CONIT)	B Pruthviraj Goud; Suroju Vijay Kumar
A Hybrid Feature Selection and Logistic Regression Approach for High-Accuracy Early Diabetes Detection	2025 5th International Conference on Soft Computing for Security Applications (ICSCSA)	Mal Hari Prasad
To study the efficacy of oral vitamin d supplementation and topical vitamin d application in the management of localised chronic plaque psoriasis at the tertiary hospital	International journal of scientific research	Raisa Faheem; Sandhiya Rani
Effect of Proprotein Convertase Subtilisin/Kexin Type 9 (PCSK9) Inhibitors on Lipid Profile and Cardiovascular Events in High-Risk Diabetic Patients	Cureus	Vasavi Patra; Venkata Ramana Yella; Venu Gopal Rao Konda
Structural and functional kidney abnormalities in patients with Human immunodeficiency virus infection: A cross-sectional perspective	World Journal of Nephrology	Kotha Sugunakar Reddy
Classification of Tomato Leaf Diseases using Deep Learning	Utilitas Mathematica	Panjala Chandana; Dr. B Ujwala; G Vishnu Murthy
RAG-Enhanced Smart Farming: A Methodology for Multimodal Fusion and AI-driven Crop Health Diagnosis	International Journal of Intelligent Engineering and Systems	Dr M Trupthi
Automating mental health assessments: a machine learning approch to anxiety stress depression prediction	Utilitas Mathematica	S Akshitha Bhavani; Dr M Sandhya Rani; G Vishnu Murthy
Heart Disease Predication Extreme Gradient Boosting with Hyperparameter Tuning (XGBoost + Optuna/Hyperopt)	Utilitas Mathematica	Chunchu Nandhini; Rama Mrudula; G Vishnu Murthy
A Comparative Study to Evaluate the Efficacy and Safety of Topical Luliconazole Vs Topical Clotrimazole in Patients with Localised	Journal of Pharmaceutical Sciences	Swati Negi Fulmali; Vasavi Patra; Mali Kalpana Ramanna; Venkata Ramana

ANURAG UNIVERSITY

Dermatophytosis at A Tertiary Care Center, Hyderabad		Yella; Venugopal Rao Konda
Impacts of pharmaceutical and personal care products contamination as emerging contaminants in urban ecosystem: emerging risks and future challenges	Environmental Sciences Europe	Dr.Rajeshwar. V
Development of abemaciclib-encapsulated nanosponges for breast cancer: optimization, drug release kinetics, and in vitro efficacy	Journal of applied pharmaceutical research	B Nirosha; Vasudha Bakshi
Optimized Machine Learning Models for Enhanced Diabetes Prediction through Hyperparameter Tuning Approach	Asian Journal of Statistical Sciences	Vijayakumar Yelsani
An efficient medical emergency prediction model from unstructured medical transcript using dual attentional Bi-LSTM model	International Journal of Bioinformatics Research and Applications	Amita Mishra
Synthesis and Biological Evaluation of aryl incorporated (pyridin-4-yl)-1,3,4-oxadiazol-2-yl)oxazolo[5,4-b]pyridine Derivatives as Anticancer Agents	Chemical Data Collections	Dr. Saikrishna Balabadra
A Comparison of the Diagnosis Performance of Machine Learning Algorithms on the Breast Cancer Wisconsin Dataset	Engineering, Technology and Applied Science Research	Dr C Dastagiraiah
Exploring Glycogen Processing Enzymes in Trichomonas vaginalis: Cloning, Characterization and Implications for Carbohydrate Metabolism and Cervical Cancer Risk	Health Leadership and Quality of Life	Dheeravath Raju
Pharmacological Chemistry of Essential Oils from Spices	Exploration of the Medicinal Potential of Kitchen Ingredients	Dr. MANI SHARMA
An enhanced lung and colon cancer detection framework using adaptive multi-dilated efficientnet with self-	Biomedical Engineering: Applications,	Md Azam Pasha; M Narayana

attention network from histopathological images	Basis and Communications	
Understanding the Relationship between Metabolome and Gut Microbiome in Acute Obstructive Pulmonary Disease and development of lung cancer risks	Health Leadership and Quality of Life	Puli Lavanya
Adaptive Intrusion Detection System Towards Secure Internet of Things Enabled Intelligent Healthcare Industry	Lecture notes in networks and systems	G Sucharitha
Custom CNN Model for Healthcare Industry IoT Attack Detection and Classification	Smart Electronics Devices and Models for Healthcare Systems	G Suneetha; D Hari Priya
Exploring the Relationship between Olive Cake Meal, Bacillus licheniformis, and Broiler Chicken Growth, Muscle Fatty Acid Composition, and Health Parameters	Salud, Ciencia y Tecnología	Vundela Swathi
A Study on Chemotherapy Induced Toxicities among Hospitalized Patients in Oncology Ward	Journal of Young Pharmacists	Divya Amaravadi
The scalable cloud-based reinforcement learning for multimedia data in cognitive Neuroscience for secure healthcare analysis	Journal of information and optimization sciences	G Sucharitha
A Novel Explainable Hybrid Framework for Temporal Risk Prediction and Anomaly Detection in Diabetic Disease Using Multimodal Health Data	Lecture notes in networks and systems	K Shailaja
A Comprehensive Review on Cardiovascular Disease Risk Assessment for PCOS Women Using Machine Learning Techniques	Lecture notes in networks and systems	G Swapna; Rakesh Roshan
Microsponges-Mediated RNAi Silencing: A Novel Paradigm for Cancer Therapy	Journal of Bio-X Research	Dr.Dibyalochan Mohanty
A Cross Sectional Study To Assess The Risk Factors Of Selected Non	Universe International	Dr Yogalakshmi S

Communicable Diseases Among Adults Attending Master Health Checkup Services At Selected Hospital, Chennai	Journal of Interdisciplinary Research	
Vitamin D-induced mechanisms in cancer prevention and therapy: Recent advances and future opportunities	Animal Models and Experimental Medicine	Dr. Azmath Farhana; Mohammed Sayeed
A Comparative Study of Topical Mupirocin Vs Nasal Saline Irrigation among Patients of Post-Operative Fungal Sinusitis at Tertiary Care Centre, Telangana	International Journal of Current Pharmaceutical Review and Research	Swati Negi Fulmali; Vasavi Patra; Mali Kalpana Ramanna
Green Synthesis of Fragaria Vesca Loaded Zinc Oxide Nanoparticles and Their Biomedical Applications: An In-Vitro and In-Silico Study	Pravara Medical Review	Venkata Ramana Yella; Mali Kalpana; Vasavi Patra; Dr P Naveen
Early Prediction of Chronic Kidney Disease	REST Journal on Data Analytics and Artificial Intelligence	Kalluru Venkata Sravya; Gunnala Abhinav Reddy; Bobbili Rajashekar; Neetha Reddy T
Maize Leaf Disease Prediction Using Deep Learning	REST Journal on Data Analytics and Artificial Intelligence	Vunnam Revanth; Nalla Praveen Reddy; Polaki Mohan Prasad; Raghu Nallamothu
Smart Farming Crop Recommendations Fertilizer Advice and Diseases Detection	REST Journal on Data Analytics and Artificial Intelligence	Sai Kiran P; Jashwanth B; Shiva Prasad N; Chandhram K; Rajesh Myakala
Prediction for Parkinson's Disease using Machine Learning through Voice	REST Journal on Data Analytics and Artificial Intelligence	Sridhar Reddy Gogu; Sai Madhav G; Deekshitha Rao R; Sathwik Reddy T
Predicting Parkinson’s Disease using Machine Learning	REST Journal on Data Analytics and Artificial Intelligence	Ch Lahari; Leela Manikanta Gopal V; Pavan Kumar N; Boda Kanaka Swamy
Predicting Heart Disease Risk with Machine Learning Integrating Family History and Medical Data	REST Journal on Data Analytics	Naga Mahesh; Likhitha; Shirith Shekar; P Archana

	and Artificial Intelligence	
Medical Diagnosis System Pneumonia detection using convolutional neural networks	REST Journal on Data Analytics and Artificial Intelligence	Rajeshwar Sabavath; Raja sravan kumar A; Manikanta A; Srujana P
Explainable AI For Comprehensive Disease Detection	REST Journal on Data Analytics and Artificial Intelligence	Sai Bhargavi G; Neha Shruthi J; Harshith Ch; Shilpa Shesham
Convergent AI and blockchain for next-generation cybersecurity and data integrity: applications in healthcare, privacy, and digital forensics	International Journal of Engineering Applied Sciences and Technology	Akshara Penubelli; Rajini Meka; Arushi Agarwal; Srujana Gundabhat
Development And Validation Of Spectrophotometric Method For Estimation Of Epalrestat And Pregabalin In Pharmaceutical Dosage Form	International Journal of Biology, Pharmacy and Allied Sciences	Sireesha D; VAISHNAVI P; SAI DEEPYA P; GANESH N; NIKETH N
Heart disease prediction using data mining Techniques	REST Journal on Data Analytics and Artificial Intelligence	Harika M; Venkat Naidu V; Smidhan Rao M; Tejavath Balakrishna
Chronic Kindey Disease Prediction Using Machine Learning	REST Journal on Data Analytics and Artificial Intelligence	Harshitha K; Sai Surya M; Shashidar; T Neetha
Proficient Breast Cancer Prediction using an Optimized CNN-LSTM Model: A Hybrid Approach for Improved Diagnostic Accuracy	2025 Innovations in Power and Advanced Computing Technologies (i-PACT)	R Jothikumar
IoMT Patient Monitoring with Blockchain and Fog Computing: A Secure and Efficient Architecture	2025 IEEE International Conference on Smart Internet of Things (SmartIoT)	Sudheer Kumar Battula
An Efficient MedicalEmergency Prediction ModelFrom Unstructured Medical Transcript Using Dual Attentional Bilstm Model	International Journal of Bioinformatics Research and Applications	Amita Mishra

Analysis of the consequences of adolescents health in a variety of household structures	Multidisciplinary Reviews	Aitha Srividya
Different generations of immigrant parenting techniques impact on youth well-being	Multidisciplinary Reviews	Syed Farhan
The association between nature deprivation and a person's mental health across different levels of urbanization under COVID-19	Multidisciplinary Reviews	Mekala Ishwarya
Impacts of exercise on university students' psychological well-being during the COVID-19 pandemics	Multidisciplinary Reviews	Pramod Reddy
Advances in novel drug delivery systems for neuropsychiatric disorders: a comprehensive review	Indian Drugs	Shiva Kailash Madduluri; Venkata Sai Sreeja Chigurupati; Sri Akash Dronavalli; Laxmi Saahithi Godavarthi; Dr. J. Rajendra Kumar; K Mounika
Optimization Techniques Through Goal Programming On Diagnostic Equipment Supplies By Medical Vendors Using Matlab	International Journal of Applied Mathematics	Narige Kiran; T Yugandhar
Q-BodyFogNets: A Novel Energy-Aware Deep Learning Framework for Predicting Heart Diseases in Fog-BAN Environments	International Journal of Computational and Experimental Science and Engineering	Gona Jagadesh
Fog-Based Secure Chaotic Wireless Sensor Network for ECG Data Transmission in Healthcare Systems	International Journal of Computational and Experimental Science and Engineering	Gona Jagadesh
Comprehensive Insights into High-Performance Liquid Chromatography for Pharmaceutical Analysis: Focus on Genotoxic Impurities	International Journal of Pharmaceutical Sciences	Manivardhan Reddy M; Dr K Rama Devi

Bridging Health Literacy Gaps in Indian Languages: Multilingual LLMs for Clinical Text Simplification	Proceedings of The First Workshop on Human–LLM Collaboration for Ethical and Responsible Science Production (SciProdLLM)	R S Pavithra
Concepts of Physical Pharmaceutics: Physicochemical Fundamentals of Drug Formulation	Concepts of Physical Pharmaceutics: Physicochemical Fundamentals of Drug Formulation	Dr. MANI SHARMA
Pharmacological and Toxicological Screening Methods - I	Pharmacological and Toxicological Screening Methods - I	Dr P Naveen; A Divya
Principles of Industrial Pharmacy-I	Principles of Industrial Pharmacy-I	K Mounika; Dr. J. Rajendra Kumar
Clinico-Epidemiological Profile of Respiratory Allergy Patients Attending an Allergy Centre at a Tertiary Care Hospital in Bengaluru	RGUHS National Journal of Public Health	Sowmyashree U
Electrochemical Biosensors in Hepatocellular Carcinoma: Diagnostic Advances and Pharmacological Perspectives	Biomedical and Pharmacology Journal	Dr.Rajeshwar. V
Blockchain-Based Traceability Systems for Enhancing Transparency in Pharmaceutical Supply Chains	International Academic Journal of Science and Engineering	B Vijay

ANURAG UNIVERSITY